

## Grand Finale: Three teams, One trophy, Who'll win it?

It's judgment day as Gor, AFC and Tusker compete for football bragging rights **P. 41-43**



# SATURDAY NATION

★★

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No. 17395

**ELECTIONS 2013** | Mutula hosts Orengo, Kajwang' and Oburu in Mbooni two weeks after PM attended party in Kangundo

# Is Kalonzo joining Raila?

## ON OTHER PAGES

### MIXED FORTUNES KIBAKI OPENS THIKA SUPERHIGHWAY

Motorists say it's best stretch to drive on in Kenya but don't tell this to hawkers and grocers **PAGE 10-11**

## Anglican Church gets new leader

BY VINCENT AGOYA  
AND AGENCIES  
[vagoya@ke.nationmedia.com](mailto:vagoya@ke.nationmedia.com)

Anglicans yesterday welcomed the appointment of a new spiritual leader of the Church.

Bishop Justin Welby of Durham Diocese, UK, will become the 105th Archbishop of Canterbury and leader of the over 80 million Anglicans worldwide next year in March.

Kenya's retired Archbishop Benjamin Nzimbi said: "It would have been great to see someone else from

CONTINUED ON PAGE 3

>> Vice-President quits G7 after Thursday snub

>> Musila says Wiper party looking for new partners

>> ODM ministers prepare for talks with former ally **P. 4**

### VP'S FORMER ALLIES



#### Uhuru Kenyatta

Deputy Prime Minister, TNA leader and proposed presidential candidate for the G7 alliance. He quit PNU and founded the new party that enjoys huge support in the Mt Kenya region.



#### William Ruto

Eldoret North MP and URP leader dropped his presidential bid to be Uhuru's running-mate in the G7 alliance. He met ODM's Raila Odinga last month but has since ruled out a deal with him.



#### Eugene Wamalwa

Justice minister and New Ford Kenya leader is a first-term MP who is said to be giving up his bid for the top seat to become Leader of the Majority in Parliament if the G7 alliance wins the elections.



Vice President Kalonzo Musyoka

### NEW PARTNERS?

#### Raila Odinga

Prime Minister and ODM leader is seeking partners ahead of the March 4 polls. He started associating with Mr Musyoka after Mr Ruto declined to be his running mate. Their allies are exploring a working partnership.



#### Musalia Mudavadi

Deputy Prime Minister and UDF presidential aspirant was never an active member of the G7 alliance, but his allies are meeting with Mr Musyoka's team to plan a joint ticket. He may also work with Mr Odinga, his former boss in ODM.



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THIS WEEK

Good week for ...



**BARACK OBAMA:** The US President experienced a momentous week after he was re-elected with a landslide electoral college vote for another four years at the helm of the world's most powerful nation.



**MOHAMMED WARSAME:** The High Court judge was one of those who were elevated to become Court of Appeal judges in a rigorous recruitment by the Judicial Service Commission.



**VICTOR WANYAMA:** The Kenyan soccer star with Celtic Club in Scotland scored a key goal to see his club beat giants Barcelona in a tough match of the European Champions League.

11

**THE PERCENTAGE** of the new Central Bank of Kenya lending rate, a drop by 2 per cent, announced by the Monetary Policy Committee.

8.5

**THE PERCENTAGE** increase in salary for Kenya Police announced by Internal Security minister Katoo ole Metito, and which they have rejected leading to a go-slow this week.

7.8

**THE BILLIONS** of shillings sent to the country by Kenyans living in the diaspora in September, a slight drop from what was sent in August, according to the Central Bank of Kenya

3,100

**THE NEW** employees the Kenya Ports Authority will employ on permanent and pensionable terms after a deal signed between the management and the Dock Workers Union.

Bad week for ...



**TITUS NAIKUNI:** Kenya Airways, which he heads, recorded a Sh4.7 billion loss, the largest ever by a listed company in Kenya, at a time it is facing serious competition and increased fuel costs.



**KALONZO MUSYOKA:** The Vice-President rejected an offer of a position in the yet-to-be formed coalition in the G7 alliance, terming it unacceptable, as the race for coalition building gained momentum.



**SAM NYAMWEYA:** As the Football Kenya Federation struggles to revive the Kenyan football standards, the national team dropped two places in the Fifa rankings released this week.

“

The Chief Justice's old official car, a Mercedes Benz S320, was replaced after twelve years because it was becoming too expensive to maintain”

Justice Isaac Lenaola and Lawyer Ahmednasir Abdullahi of the JSC, defending a plan by the Judiciary to buy 40 luxurious cars for judges



Milestones

New Coptic head

It was a new era for Egypt's Coptic Church after Bishop Tawadros was picked as the new head to replace Pope Shenouda 111 who died in March. He was picked by a blindfolded alter boy at St Mark's Cathedral in Cairo. His new title is the head of Alexandria & Patriarch of All Africa in the Holy See of St Mark the Apostle.

Caught in the Web

**Makadara MP Gidion Mbuvi survived an angry Mombasa Republican Council crowd which is opposing his bail-out of their leaders.**

**Nyambuta Kora:** This man believes in himself too much. He needs a lesson.

**Omar H:** His hunger for cheap publicity will just kill this man. He can do anything.

**Iregi Mwangi:** Birds of a feather fly together. No surprise. He feels the pain of the 'hapless later day freedom fighters'.

Biya's new club

Cameroonian President Paul Biya has joined a select club of presidents in the world who have ruled for more than three decades. He joins Equatorial Guinea's Teodoro Obiang, Angola's Jose Eduardo Dos Santos and Robert Mugabe of Zimbabwe. He was voted in by 80 per cent of the voters. Call it Africa Democracy.

Fastjet comes knocking

European budget carrier, FastJet, has flown into the East African skies after setting camp in Tanzania. It will charge as little as £20 (Sh 1,700) for some destinations in Tanzania but passengers will have to pay for food, snacks and luggage. FastJet Plc through its parent company Rubicon recently bought 49 per cent of Fly 540.

HELPING HAND | Staff visit home



DENNIS OKEYO | NATION  
Nation Media Group employees Sekou Owino (left) and Marsha Muchiri hold a two month-old child during a visit to the Nairobi Children's Home in Kabete as part of the firm's Community Service Week . The company staff also donated food.

WEATHER FORECAST



30°

0600

Mombasa will have showers and thunderstorms in the morning



31°

1200

Temperature stays steady with more showers and thunderstorms



27°

1800

The early evening will have showers as the sun sets at 6.14pm



25°

2300

Expect more rains at night as temperature drops to 25 degrees

In your SUNDAY NATION Tomorrow

Obama's long road to re-election

Bruising re-election fight with many twists and turns, we bring you the inside story of the Obama-Romney epic battle for White House. Read all about the behind-the-scenes manoeuvres, the intrigues and the goofs that nearly cost Obama a second term. And how the Republican candidate nearly spoiled the party by refusing to accept the election results.



The politics of displacement

Enter Charity Ngilu, exit Kalonzo Musyoka; welcome Eugene Wamalwa, bye bye Musalia Mudavadi... Some of Kenya's top politicians can simply not stay in the same tent. Catch up on the latest in the unfolding politics of alliance building and why some aspirants may soon find themselves without political homes.

The Uhuru and Ruto case

It's easily the court case of the year. In the coming weeks judges of the High Court are scheduled to decide whether ICC suspects Uhuru Kenyatta and William Ruto can run for the presidency. We examine the key legal issues that will determine the outcome of Kenya's most eagerly awaited case.



**CHANGE OF GUARD** | Ex-ACK head Nzimbi regrets chance to appoint someone from outside England

# Divided Anglican Church names new Archbishop

CONTINUED FROM PAGE 1

outside England take the mantle.” He added in a telephone interview with the *Saturday Nation*: “We wish the new Archbishop well, we wish him a strong leadership, especially at this time when there are emergent diverse opinions, especially on gay and lesbian factors. I believe he will give the church strong leadership built on the word of God and I am sure we have no reason to doubt that the Anglican Church will continue standing in the gap as it has done in the past.”

And in London, the new leader of the world's Anglicans yesterday said he backed women bishops and would examine his thinking on gay marriage, tackling issues that had divided followers across the world.

The appointment of Bishop Welby, a former oil executive, caps a remarkable rise for the 56-year-old clergyman

who has only been a bishop for a year. In March, he will replace Rowan Williams, who will retire as archbishop in January after a decade spent battling divisions in the worldwide Anglican communion of 80 million people.

Welby, currently the bishop of Durham in northern England, said the announcement of his appointment by British Prime Minister David Cameron's Downing Street office was “astonishing and exciting”.

Welby admitted the church faced “deep differences” over the issues of sexuality and the ordination of female bishops, which have threatened to cause a permanent rift with conservative Anglican bishops in Africa in particular.

## Women bishops

“The Church of England is part of the worldwide church and has responsibility in terms of those links,” he told a press conference at Lambeth Palace, the Archbishop of Canterbury's office in London.

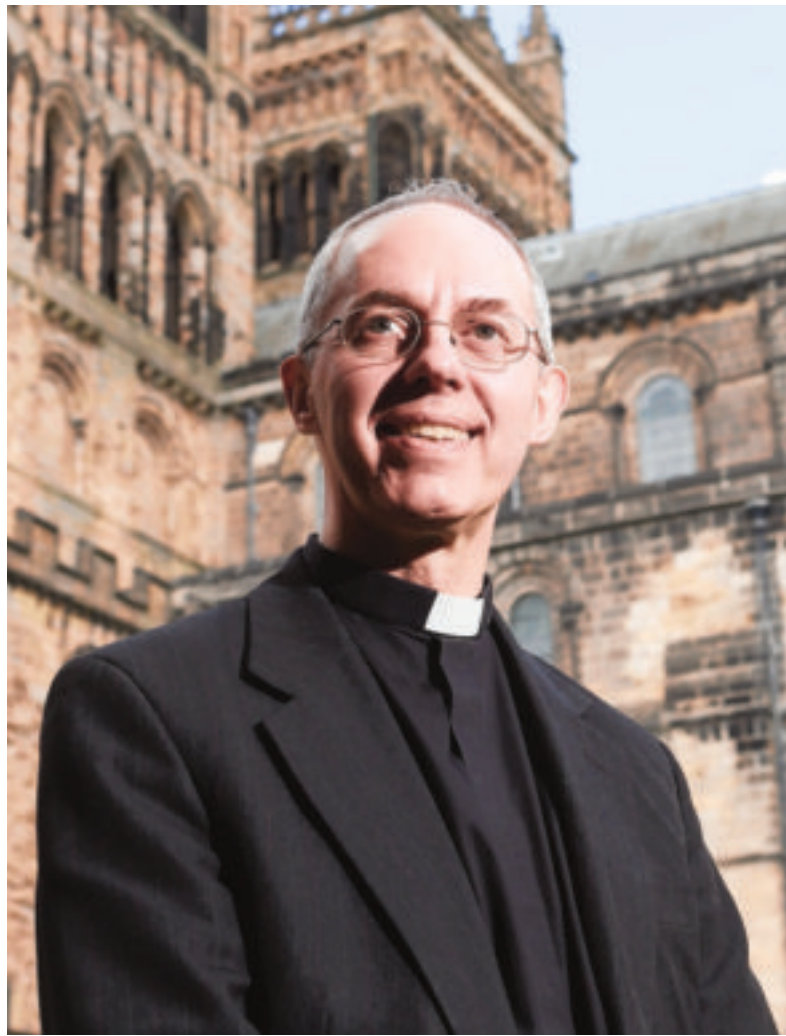
Welby said he would vote in favour of women bishops when the General Synod, the governing body of the worldwide Anglican Communion's mother church, decides on the issue later in November.

“I will be voting in favour and join my voice to many others in urging the synod to go forward with this change,” he said.

The bishop said he supported the Church of England's official opposition earlier this year in response to a British government consultation on upgrading same sex “civil partnerships” to gay marriage.

But he said he would “examine my own thinking carefully and prayerfully” on the issue.

His naming as the 105th Archbishop of Canterbury had been officially approved by Queen Elizabeth II, who is the Supreme Governor of the Church of England as well as the British head



AFP | NATION

The Bishop of Durham in the UK, Justin Welby, outside the Durham cathedral on June 2, 2011. He has been named Archbishop of Canterbury, spiritual leader of the world's Anglicans. Right: The outgoing Archbishop of Canterbury, Rowan Williams (right), with Pope Benedict XVI at the Vatican on May 5, 2008.

56

The age of the new head of the Church of England, Bishop Justin Welby

## MORE INFORMATION

### Bishop's biodata

Welby worked in the oil industry for 11 years before leaving to train for the Anglican priesthood and was first ordained as a deacon in 1992. He worked for Elf Aquitaine in Paris and then for Enterprise Oil, which was later bought out by Royal Dutch Shell.

He went on to become Dean of Liverpool in 2007 before being named Bishop of Durham in 2011.

Other contenders for the post included veteran churchmen such as Bishop of London Richard Chartres, 65, and Bishop of Nor-



AFP | NATION

The Archbishop of Canterbury designate Justin Welby with his wife, Caroline.

of state, Downing Street said.

Welby will be enthroned in Canterbury Cathedral, in southeastern England, on March 21, 2013.

Cameron said he looked forward to working with Welby “and I wish him success in his new role.”

The new archbishop was educated at the exclusive Eton College — where premier Cameron, London mayor Boris Johnson and second-in-line to the throne Prince William also studied — and Cambridge University. A father of five, his sixth child, daughter Johanna, died in a car crash in 1983.

The balding, bespectacled cleric's management skills and financial back-

ground were seen as advantages by the committee, according to British newspaper reports.

He worked in the oil industry for 11 years before leaving to train for the Anglican priesthood and was first ordained as a deacon in 1992. “I was unable to get away from a sense of God calling,” he said in an interview.

His appointment followed months of torturous negotiations by a selection commission of 16 voting members including both senior clerics and lay members, chaired by former British arts minister Richard Luce.

Welby was widely viewed as less

conservative than his main rival for the post, Archbishop of York John Sentamu, 63.

Outgoing Archbishop Williams, now 61, was appointed the 104th Archbishop of Canterbury in 2002, replacing George Carey.

He announced in March that he would take up a position as master of Magdalene College at Britain's prestigious Cambridge University in January 2013. (AFP)



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POLITICS | Musila dismisses G7 as an informal group whose leaders are not known

# Wiper's Mutula to host ODM amid alliance talk

Mbooni MP describes Odinga in glowing terms and endorses PM's possible coalition with Kalonzo

BY JULIUS SIGEI  
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AND BOB ODALO  
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Prime Minister Raila Odinga's campaign strategists were yesterday increasingly confident that they could strike a pre-election coalition deal with Vice-President Kalonzo Musyoka.

This followed a decision by Mr Musyoka's Wiper Democratic Party to pull out of the G7 Alliance.

"Kenya knows that we are no longer part of the G7 Alliance. In any case, G7 Alliance was not a formal group. I don't know who the seven leaders are. We were not formal members of the G7 Alliance," said Mr David Musila, the party's chairman.

Although Mr Musyoka's allies maintained that he would pursue a path to the presidency independent of ODM and G7, Youth and Sports minister Ababu Namwamba said ODM was ready to work with him.

"There is nothing like Third Force. This thing will be like the American election and you are either here or there," said Mr Namwamba.

Mr Namwamba said during the recent Kang'undo meeting, where Mr Odinga was hosted by area MP Johnstone Muthama, the local people tasked Mr Muthama to pursue engagement with the PM.

Today, Wiper's secretary-general Mutula Kilonzo will host ODM ministers James Orenge and Otieno Kajwang' as well as Bondo MP Oburu Oginga at the launch of his (Mr Kilonzo's) bid for the Makeni senatorial seat.

On Thursday, the G7 group held a meeting at Mr Uhuru Kenyatta's residence on State House Road, where they reportedly shared out key posts and left out the VP in the pre-election pact.

The VP, who had earlier in the day attended a Cabinet meeting, skipped the G7 meeting, choosing instead to attend to other engagements at the Laico Regency Hotel in Nairobi.

Mr Musyoka's close allies perceive the discussions at the meeting as amounting to efforts to sideline him in the alliance.

"It is obvious that there has been a con-

spiracy to isolate us and the Vice-President in favour of (Charity) Ngilu and Kiama Kilonzo. What Uhuru and (William) Ruto do not understand is that these two have no political clout in Ukambani and will be shortly wiped out by the people," said Machakos MP Victor Munyaka.

Yesterday, Mr Kilonzo, also the Mbooni MP, dismissed the G7 as "headed nowhere as it had no wiper to drive in the rains that are the coming elections."

He talked about Mr Odinga in glowing terms, describing him as the longest-serving political detainee.

"He (Mr Odinga) endured longer time than founding President Jomo Kenyatta. What is wrong in the VP and the PM working together? If the two find a point of convergence to form a stable government, why not?" he asked. But Mr Kilonzo could not disclose or deny talk of a possible coalition involving the two parties.

“

I don't know who the seven leaders are. We were not formal members of the G7 Alliance"

David Musila, Wiper chairman

Public Service minister Dalmas Otieno said ODM would continue seeking alliances with other parties, including Mr Musyoka's Wiper, but said the party would no longer release information to the media until clear deals are cut.

## Presidential bid

"We talking to everybody including Wiper but we are shocked at the manner the media is embarrassing us by leaking information regarding these negotiations," said Mr Otieno.

The G7 meeting reportedly endorsed Mr Kenyatta's presidential bid with Mr Ruto of URP as his running mate.

Mr Eugene Wamalwa of New Ford Kenya is to be the Majority Leader in Parliament while Mrs Charity Ngilu (Narc) and Mr Chirau Ali Makwere have been promised other key posts.



FILE | NATION

Wiper Democratic Party chairman David Musila

Mr Kilonzo, the Wiper secretary general, said the party's national executive council meeting held this week was told that the G7 alliance had offered the VP the slot of Majority Leader in Parliament.

It is this offer, which was seen as belittling the VP, that ignited his anger, according to insiders.

Wiper MPs have also been rattled by the G7's decision to work with Mr Musyoka's critics in the region.

Reacting to the post offered to Mr Musyoka, Mr Musila said: "It cannot work and it is not acceptable. They can donate it to other leaders and go ahead with their coalition."

Wiper MPs have in recent weeks complained in public that Mr Musyoka was shortchanged by President Kibaki despite the pivotal role he played in shoring up the President's unstable government after the disputed presidential election in 2007.

At the same time, the minister for

Environment, Chirau Ali Makwere, and assistant minister Kazungu Kambi yesterday threatened to quit the G7 Alliance after Mvita MP Najib Balala was given a key role in the group.

Mr Makwere and Mr Kambi, both allied to the URP, said in Nairobi and Mombasa that there was no room for the MP in the party.

"We as Mijikenda leaders cannot and will not accept Mr Balala to be the Coast leader in G7. It cannot happen. We will not play second fiddle, not anymore," Mr Kambi told the Press in Mombasa.

Mr Makwere said Kaya elders had warned him against working with Mr Balala in any coalition.

"I totally agree with Mr Kambi. We were ordered by Kaya elders and Coastals that we must not accept Balala in G7 or any political alliance," he said.

Additional reporting by Francis Mureithi



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## Shun leaders who do not meet integrity rule, urge Catholic prelates

BY NATION CORRESPONDENT

The Catholic church has urged Kenyans to shun leaders who do not meet integrity and leadership requirements set out in Chapter Six of the Constitution.

A statement by the Kenya Episcopal Conference, chaired by Cardinal John Njue, said none of those who had compromised their integrity should be allowed to vie for political office in the coming elections.

Speaking to the press at Kabula Pastoral Centre in Bungoma County, the top clergy urged Kenyans to examine and assess the integrity of all candidates seeking elective positions.

"We should not expect good leadership from those who have compromised their integrity.

The stern statement was read by Cardinal Njue and 27 Catholic bishops.

The struggle for the second libera-

tion, which the church fought bravely for, risks being defeated unless the constitutional chapter on integrity is fully enforced," said Cardinal Njue.

The statement seemed targeted at politicians who have declared interest in the presidency.

Deputy Prime Minister Uhuru Kenyatta and Eldoret North MP William Ruto who are accused of crimes against humanity at the ICC are among presidential aspirants in next year's General Election.

## Respect rule of law

The leadership of the church said people who do not respect the rule of law or publicly urge other citizens to dismiss the rule of law should not be elected into public office.

The bishops further said those who had used people or paid others to commit crimes needed not to be elected.

They added that persons convicted

of corruption and related offences and those who preach or incite others to violence and hatred by word or action should be shunned.

The bishops also noted that those involved in drug trafficking and peddling should also not be elected.

The clergy took issue with leaders who keep changing positions on important national issues and urged Kenyans to reject them.

The leaders also took issue with political alliances and coalition build-

ing efforts by politicians ahead of the next elections.

"We are concerned that most of the alliances are being built on tribal arithmetic.

While bringing people together is always good, if the intention is other than improving Kenyans quality of life, then we express our reservations. We urge our leaders to stop forming groups which will isolate particular communities from the rest of the country," the clergy said in a state-

ment. The bishops demanded that a clear date for the start of voter registration be set in order to give Kenyans ample time to register.

"Kenyans need to be assured that the elections will take place on March 4, 2013 as planned and that they will not be postponed under any pretext," they said.

The church leaders raised alarm over the rising insecurity and terrorist attacks targeted at innocent Christians in their places of worship.

The bishops called on the government to reassure Kenyans of their security and investigate and bring to book all those behind recent terrorist attacks.

They further raised concern over the influx of guns and other dangerous weapons into the country.

The clergy further appealed to the courts to be independent of political manipulation as they urged the State to act and end the police go-slow.

“

We should not expect good leadership from those who have compromised their integrity"

Cardinal John Njue





## Bid to have ICC trials in Kenya denied

BY NATION CORRESPONDENT

International Criminal Court judges have rejected a request by two of the Kenyan accused to have their trials conducted either in Kenya or Arusha.

The judges ruled that the request could only be made to the court's presidency and asked Deputy Prime Minister Uhuru Kenyatta and former Head of Civil Service Francis Muthaura to apply again if they want to continue pursuing the matter.

The judges also rejected a request by Mr Muthaura to have the court invite submissions from the authorities in Kenya and or Tanzania as to the prospect of holding the trial in either country.

The Trial Chamber said that though Article 3(3) of the Rome Statute indicates that the Court may sit elsewhere, whenever it considers it desirable, such a decision can only be made by the court's president, according to Rule 100 of the court's regulations.

The trial against the two will kick off on April 11 next year at The Hague while that against Eldoret North MP William Ruto and radio presenter Joshua Sang will start on April 10.

In May, the DPM requested that the trial be held in Kenya for reasons of judicial economy and for the process to take place in the territory affected.

## Mudavadi warns on alliances

BY NATION CORRESPONDENT

Deputy Prime Minister Mudavadi has cautioned Kenyans against emerging political alliances as he sought the support of the vote-rich Rift Valley in his State House bid.

At the same time, the UDF leader opposed the scrapping of the provincial administration under the new system of devolved government which comes into place after the next elections.

Speaking yesterday at various market centres in Baringo County, Mr Mudavadi said that alliances should not be formed on the basis of suspicion and fear. Leaders who are products of such coalitions, he warned, will not accept criticism from ordinary Kenyans.

"Let's have a president who will accept to be corrected. If all goes well you are looking at that president," he said. He urged voters to vet leaders and shun those that give them empty promises.

If elected president, Mr Mudavadi pledged that his government would fund education up to Form Four and set up technical institutions in all counties.

**POLITICS** | Legal experts are divided whether the dispute needs legal or political solution to avert a crisis

# Ruto-Uhuru bid test spirit of new law

The elections diary would be scuttled if judges decide too late in the day that pair cannot run

BY BERNARD NAMUNANE  
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AND OLIVER MATHENGE  
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The country faces a political and legal dilemma as indications show that presidential aspirants Uhuru Kenyatta and William Ruto, who are facing integrity questions, will run for State House on a joint ticket.

Mr Kenyatta of The National Alliance (TNA) and Mr Ruto of United Republican Party have launched fierce campaigns and rallied their home regions behind their bids, raising questions as to what might happen if they are locked out of the race on legal grounds.

The two aspirants have built significant political support by reaching out to other regions and are set to announce a coalition with Cabinet ministers Eugene Wamalwa (New Ford Kenya) and Charity Ngilu (Narc) as they gun for State House.

### Trial to begin

However, Mr Kenyatta and Mr Ruto are facing charges of crimes against humanity at The Hague stemming from the 2007/2008 post-election violence with the trial proceedings set to begin in April next year.

They are also the subject of an integrity case at the High Court in which eight activists want them barred from the presidential race.

Attorney-General Githu Muigai has also sought the legal opinion of the Supreme Court on whether their political rights to run for elective positions can be taken away by integrity threshold set in the Constitution.

Yesterday, MPs, lawyers and political analysts gave differing views on the dilemma posed by the presidential bids of Mr Kenyatta and Mr Ruto, barely three months to the next elections.

Imenti Central MP Gitobu Imanyara blamed President

“

If Uhuru and Ruto are nationalists, let them spare the country this dilemma by dropping out of the races”

**Former NGO Council Chairman Ken Wafula**



### THE HURDLES

## Cases facing the aspirants

■ **ICC cases:** Mr Kenyatta and Mr Ruto are facing charges of crimes against humanity at the International Criminal Court in The Hague. The cases stemming from the 2007/08 post-election violence are set to begin in April 2013.

■ **Integrity case:** Activists want the two barred by the courts from contesting the presidency on integrity grounds.

■ **Legal opinion:** The AG has also sought a legal opinion over their bids.

Kibaki for allowing the country to reach the current state.

"This is due to the lack of leadership on the side of the President. He ought to have said that we passed a Constitution which sets integrity standards which cannot allow people facing cases at The Hague to contest the presidency," he said by phone.

Mr Imanyara said President Kibaki would leave a negative legacy if he allowed the forces against the integrity standards in the Constitution to reverse the gains registered by the new Law.

"I don't know if that is the legacy the President wants to leave," he said.

However, lawyer Kibe Mungai argued that Prof Muigai had not raised any integrity issues with the Supreme Court in his application.

He stated that the only case facing Mr Kenyatta and Mr Ruto was at the High Court.

While describing the case at the High Court as "a waste of time," he submitted that any questions touching on presidential elections were the preserve of the Supreme Court and not the High Court.

"Those who filed the case don't know the law. Matters

FILE | NATION  
United Republican Party leader William Ruto (left) and his TNA counterpart Uhuru Kenyatta.

to do with presidential elections can only be dealt with the Supreme Court," he said on phone.

Mr Mungai argued that the case was premature because neither Mr Kenyatta nor Mr Ruto had been declared a presidential candidate by the Independent Electoral and Boundaries Commission.

He said the case, which will come up in the next two months when nominations

have been carried out, may not even be heard before the next elections.

"This case has no chance of being heard before the elections."

Political analyst Egara Kabaji warned that Kenya risked becoming a pariah state if Mr Kenyatta and Mr Ruto were elected as President and Vice President next year.

The two, he said, would not be able to travel to some of the

Western capitals which would make it impossible for them to operate their government.

International Commission of Jurists director George Kegoro said that even though the two politicians have boldly maintained that they were in the presidential race, there were doubts as to the political and legal legitimacy of their candidature.

He said the matter would be complicated further if they run on a joint ticket and win the election.

"Without considering the legal issues involved, there would be significant practical problems for Kenya as the president, expected to run the country, will firstly be physically absent on trial, and, secondly, sharing his time between somehow leading the country from abroad and mounting a defence in his trial," he said.

Mr Ken Wafula, the former chairman of the National NGO Council, warned that the integrity questions facing Mr Kenyatta and Mr Ruto should be handled carefully to avoid a possible backlash from their supporters.

"If this matter is not handled carefully it might lead to unforeseen consequences."

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# PM pledges to address land issue

BY NATION CORRESPONDENT

Prime Minister Raila Odinga yesterday visited Rift Valley for the fourth time in 10 days and assured residents that he would address the land issue if elected president.

Mr Odinga said some of his opponents could not be trusted in tackling the issue since they were land grabbers.

"You cannot expect land grabbers to provide the solution because they are the source of all these problems.

"We have a solution and we will do it next year," the PM told a political rally at Mauche in Njoro District, Nakuru County.

The land issue has been blamed for perennial ethnic clashes, which usually erupt during election campaigns.

## Coalition politics

"I know that land is a major issue but we are going to give it the seriousness it deserves. We have great plans that will expand the economy of this country," said Mr Odinga.

The PM said he was not able to implement some of the pledges he made during the 2007 campaigns, saying that coalition politics stood in his way. He said that he had shelved most of the ideas in the ODM manifesto.

The ODM presidential contender said that he would prioritise issues touching on youth and women once he gets into office.

"We will give the youth grants to start business ... This money is not repayable. We will also train them on how to start and run business," he added.

# MPs hit out at Raila and elders meet

BY NATION REPORTER

Meetings between Prime Minister Raila Odinga and elders from the Kalenjin community are a threat to peace in Rift Valley, two MPs allied to G7 Alliance have said.

Mr Joshua Kuttuny (Cherangany) and Mr John Mututho (Naivasha) yesterday said some of the remarks made at the meetings in Eldoret and Nakuru in October would amount to hate speech and incitement against one community.

"The statements made in those meetings are likely to bring about hate in the Rift Valley. The impression being made is that one community has been oppressing the other," said Mr Kuttuny said at Parliament Buildings in Nairobi.

At a meeting with elders from the South Rift on October 30, Mr Odinga beseeched the Kalenjin community to forgive him for any wrongdoing.

Mr Kuttuny claimed that the meetings were likely to undermine efforts by the region's leaders to promote reconciliation.

## POOR ROADS | Residents' agony



JARED NYATAYA | NATION

A boda boda operator carries a man taking a sick relative to Endebess District Hospital in Kwanza, Trans Nzoia County, yesterday at Koibei area on the Suam-Endebess-Kitale Road. Residents held a demonstration protesting the pathetic state of the road that serves Suam on the Kenya-Uganda border. Eight lorries ferrying maize seeds from contracted farmers at Chapata area to Elgon Downs Seed Drier have been stuck on the road for the last two days. The sick man was later driven to hospital by a good Samaritan.

## OPINION POLL | Youths more optimistic than other groups

# Graft and jobs top list of most Kenyans' problems

Poll shows Raila is still the leading candidate but has dropped by 2 per cent as Uhuru rises

BY JULIUS SIGEI

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Most Kenyans believe the country is not moving in the right direction, a new survey shows.

Fourty nine per cent or nearly five out of every 10 respondents were not happy with the high cost of living, corruption and unemployment prevalent among the youth.

Also cited in the Infotrak Research and Consulting poll released yesterday were the slow pace of the implementation of the Constitution, tribalism, nepotism, political wrangles and insecurity.

The poll was conducted between October 19 and November 1 with a sample of 1,500 drawn from 24 counties.

However, 45 per cent, the majority in the youth bracket, think the country was doing just fine.

"It is mainly the youth (18-35 years) who feel that the country is moving in the right direction," said Infotrak executive director Angela

Ambitho. Those who felt the country was headed in the right direction cited new policies and implementation of the Constitution (37 per cent), the vetting of judges (26 per cent), peace and reconciliation efforts (24 per cent).

On the popularity of the presidential aspirants, the poll indicates that 35 per cent of Kenyans would vote for Prime Minister Raila Odinga while 24 per cent would vote for Deputy Prime Minister Uhuru Kenyatta.

## THE ISSUES

### 1,500 people took part in the poll

1 High cost of living among the issues that worry most of the youth in the country.

2 Most are however happy about the judges vetting process and implementation of the Judiciary

3 Youth those between the ages of 18-35 are more optimistic about the future and direction of country than any other generation.

Eldoret North MP William Ruto, who is forging a political union with Mr Kenyatta, emerged third with 10.3 per cent, while Deputy Prime Minister Musalia Mudavadi came a close fourth with 10 per cent.

Others were Vice-President Kalonzo Musyoka (8.8 per cent), Ms Martha Karua (4.3 per cent) and Mr Peter Kenneth (two per cent).

"This means that Musalia Mudavadi and Uhuru Kenyatta were the biggest beneficiaries since February, gaining with seven and six per cent respectively," said Ms Ambitho.

## Candidates popularity

Mr Odinga's popularity rating declined by 2.6 per cent.

At 39 per cent, ODM is still the most popular political party albeit it has dropped by 10 per cent since February, while TNA was the biggest gainer at 25 per cent.

It was followed by URP (11 per cent), UDF (10 per cent), WDM (seven per cent) and Narc Kenya (three per cent).

Mr Mudavadi emerged as the most likeable candidate followed by Mr Ruto, while Mr Odinga and Mr Kenyatta tied in the third position.

"Likeability should not however be equated with popularity because other factors like ethnicity come into play," Ms Ambitho said.

# Case against senior State officials referred to CJ

BY NATION CORRESPONDENT

A case seeking to have three senior government officials, among them Central Bank of Kenya governor, declared unfit to hold office has been referred to the Chief Justice for direction.

Lady Justice Roselyn Wendoh said the matter challenging the integrity of CBK governor, Prof Njuguna Ndung'u, Transport Minister Amos Kimunya and Finance permanent secretary Joseph Kinyua should be referred to the CJ because it touched on senior government officials.

Reading the judgment on behalf of Lady Justice Hellen Omondi, the judge said the case involved key State offices which dealt with policy issues touching on public funds and monetary policies and should therefore be referred to the CJ to constitute a bench of more than one judge to hear and determine the case.

“

After considering the submission of both parties, I am satisfied that the matter should be referred to the CJ to constitute a bench”

Judge Roselyn Wendoh

Trusted Society for Human Rights and Awake Kenya moved to the High Court in Nakuru early this month seeking a declaration that the three were unfit to hold office over their involvement in a questionable money-printing deal with De LaRue in which more than Sh1.8 billion was lost.

The Office of the President, Office of the Prime Minister and the Attorney-General are listed as respondents in the case and are accused of dishonesty in handling public funds.

Prof Ndungu's lawyer, Mr Chacha Odera, had asked the court to certify that the matter required constitutional interpretation and should be referred to the CJ to constitute a three-judge bench to hear it.

In a petition filed through lawyer Gordon Ogola, the two lobbies said a detailed report by the PAC on the matter was not adopted.

# Omtatah loses teeth in city attack

BY NATION CORRESPONDENT

Activist Okoiti Omtatah lost four teeth after he was attacked in Nairobi by unidentified people.

"He arrived in hospital at 9.40pm (Thursday) bleeding profusely and semi-conscious. We stitched his head and carried out fluid resuscitation because he had lost a lot of blood," said a doctor at the hospital who requested not to be named.

Mr Omtatah said the men who attacked him called out his name and then asked him if he intended to drop a case that touched on the procurement of voter registration kits he filed in court.

## Nothing stolen

"When I told them that I will not stop the case they immediately attacked me," he said.

Nothing was stolen from him. He

had two mobile phones and Sh10,000 in his pockets.

The activist was attacked near I&M Building on Kenyatta Avenue shortly after alighting from a bus in the city centre from his office in the Community area.

He said that he had stayed late in the office to finalise on a case he intended to file in court next Monday against "illegal payment of MPs for 14 days as from January 1, 2008, to January 14, 2008."



BILLY MUTAI | NATION

Mr Okoiti Omtatah.





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CRISIS LOOMS | CJ may be forced to transfer some judges to handle pending cases, says LSK

# Fears of cases stalling as promotions leave High Court benches deserted

Commercial, Judicial Review, Land and Family divisions among those affected by elevation of eight judges to Court of Appeal by the JSC

BY PAUL JUMA  
pjuma@ke.nationmedia.com

Hearing of commercial disputes in the High Court could come to a halt following the promotion of several judges to the Court of Appeal.

Eight High Court judges, including Mr Justice Daniel Musinga, were on Wednesday recommended for appointment to the appeal court.

Judge Musinga is one of the judges in the busy Commercial and Admiralty Division, which was initially affected after four of its judges were appointed to the bench hearing the cases arising from vetting of judges.

Judge Musinga's promotion is likely to further slow the commercial court, which handles disputes involving billions of shillings.

The winding up petition involving the Sh240-billion Tatu City project, cases relating to CMC Motors boardroom wrangles, company ownership battles involving the Galot family, and Kenya Planters Cooperative Union receivership case are among the numerous matters pending in the commercial court.

Judge Musinga was scheduled to begin hearing the Tatu City petition, while many cases relating to the CMC Motors wrangles are also pending before him. These matters will have to be put off to await a replacement.

Chief Justice Willy Mutunga may have to transfer a judge from another

## EXODUS

### Judges bound for the appeals court



**Judge Daniel Musinga:** He was the presiding judge of the Commercial Division



**Judge Mohammed Warsame:** He was the presiding judge of Judicial Review Division



**Judge Philomena Mwilu:** She was the presiding judge of Land and Environmental Division



**Judge GBM Kariuki:** He was the presiding judge of the Family Division



**Judge John Mwera:** He was the resident judge in Mombasa

division to the Commercial Division as a short-term measure, according to the Law Society of Kenya (LSK).

"The long-term solution would be to undertake recruitment of additional judges," said LSK chairman Eric Mutua.

The JSC is said to have held a meeting yesterday to find a temporary solution to the huge gap left in the High Court.

However, a statement promised by the Judiciary on the matter had not reached us by the time we went to press.

In the past weeks, commercial courts' judges Alfred Mabeya, Jonathan Havelock, Joseph Mutava and Erick Ogolla have had to balance their normal duties with hearing of the cases challenging the vetting. They are part of the five-judge bench handling the cases.

Some commercial matters have had to be removed from the hearing list as a result, according to Mr Mutua.

The commercial division handles

cases whose speedy resolution is important in boosting investor confidence.

The other divisions also suffered, and many important cases handled by some of the promoted judges may also be delayed.

**Handling petition**

Judges Mohammed Warsame and Philomena Mwilu, who were also recommended for appointment to the appeal court, are part of the three-judge bench handling the petition that seeks to bar Mr Uhuru Kenyatta and Mr William Ruto from running for the presidency next year.

If Dr Mutunga does not reconstitute the bench immediately, the matter may delay further as Kenya approaches the elections.

A replacement will also have to be found to take over matters that have been before Mr Justice GBM Kariuki of the Family Division, where some complex succession cases have been pending for almost three decades.

The judge is also headed to the Court of Appeal.

Succession disputes among the families of former prominent politicians Wilfred Koinange and J.M. Kariuki are among matters that have been pending in the division for close to decades.

The JSC also recommended the appointment of judges John Mwera (Mombasa), Milton Makhandia, William Ouko and Festus Anzangalala to the Court of Appeal.

From outside the Judiciary, special public prosecutor Patrick Kiage and former anti-corruption commission deputy director were also recommended.

Others are law professor James Otieno-Odek, lawyers Agnes Murgor, Steven Kairu, Sankale ole Kantai, Jamila Mohamed and Kathurima M'Inoti.

President Kibaki is likely to gazette the appointments any time, after which they will officially take up their new assignment.

## Contempt petition against lawyers case postponed

BY NATION REPORTER

An application by a judge seeking to stop the Law Society of Kenya from commenting on petitions challenging the vetting process has been adjourned to next week.

Lawyer Fred Ojiambo asked a five-judge bench hearing petitions challenging the vetting of judges and magistrates to adjourn the application by Mr Justice Joseph Nyamu to allow negotiations between the parties.

Judge Nyamu filed the application claiming the LSK was interfering with the court process by publicly commenting on issues which were already before the court.

He argued that the society's action amounted to abuse of court process and a plot to intimidate the judges who stopped their sacking until cases they had filed challenging the vetting were heard and determined.

Judge Nyamu was among four Court of Appeal judges found to be unfit to continue serving in the Judiciary but the court blocked

their de-gazetting. His application was supported by Mr Richard Etyan'ga Omanyala, who is among the petitioners challenging the vetting process.

Mr Omanyala argued that LSK's conduct in the matter had gone beyond acceptable limits of decency and the *sub judice* rule.

"The LSK is a bitter loser which has wasted no time in appearing on media whenever it has lost any argument in court. It must not be allowed to bring the court into disrepute," swore Mr Omanyala.

He alleged that some LSK officials had been benefiting from the vetting board and its chairman had actually defended the board in other law suits in which he was paid legal fees.

The matter was adjourned to November 15.

15

Date in November when the petition against LSK will be heard

## Lobby in push for adopted children to get birth papers

BY NATION REPORTER

A human rights lobby yesterday urged the High Court to declare a law that denies adopted children birth certificates unconstitutional.

The Organisation for National Empowerment, which has filed a case in court to compel the government to issue birth certificates to all adopted children, told Mr Justice Isaac Lenaola that the children were being discriminated against because of their social status.

The group, in its final arguments, told Judge Lenaola that the practice of issuing the children with an adoption certificate from the court was contrary to provisions of the Constitution, which outlawed discrimination.

The lobby further said that giving out adoption certificates exposed the children to stigma.

The organisation argued that the law also prevented adopted children from enjoying their rights on the basis of social origin and ascribed status.

The provisions, the court was

told, were discriminatory as they undermined the letter and spirit of the Constitution.

Judge Lenaola was asked to bring equality to all children regardless of their social origin and ascribed status.

The Registrar of Births and Deaths, however, opposed the application and urged the court to dismiss the petition.

**Discrimination**

The judge heard that the children were given adoption certificates because adoption was not birth but a legal process conducted by the court.

The registrar said the lobby had failed to demonstrate a single case or incident in which bias had been committed against children going through the adoption.

The decision to issue an adoption certificate did not amount to discrimination but differentiation, said the official.

The judgment will be delivered on December 13.

## BRIEFLY

### NAIROBI

#### Lobbies to launch voter listing campaign

A campaign which aims at mobilising 18 million people to register as voters ahead of the polls will be launched at KICC on Monday. The initiative dubbed Kuvuka, is a partnership of the electoral team, Uraia, Trueblaq and the Open Society Initiative for East Africa. Speaking at Hekima Gardens in Adams Arcade on Thursday night, Trueblaq CEO Kevin Ombajo said 17 million voters are between 18 to 35 years.

### NAIROBI

#### Include parents' views on education: Kiyiapi

Restore and Build Kenya presidential aspirant has called on the minister for Education to include all stakeholders in making education policies. Prof James ole Kiyiapi, yesterday at St Michaels' Primary School in Makadara Constituency said including their views would ensure acceptable laws to govern the education sector are developed. He told parents to allow children an opportunity to exploit their potential.

### KIRINYAGA

#### Six students seized over school blaze

Six students were yesterday arrested in connection with a fire at a secondary school in Kirinyaga County. The students were seized when they arrived at St John's Thaita, whose store and staff-room were set ablaze on Monday.

Property worth millions of shillings including food, books and furniture was destroyed. The students will be arraigned in court next week to face a arson charges.

### NYERI

#### Magistrate's transfer hurts corruption cases

The fate of corruption cases at the Nyeri courts has once again been thrown into disarray following the transfer of the only magistrate gazetted to hear them. Senior principal magistrate Evans Makori was transferred to Nairobi with effect from November 1. This is the third time since September 2011 that the court has been paralysed after a gazetted anti-corruption magistrate was moved from the station.

### NAIROBI

#### Kenya, Belgium team up on fisheries research

The government has teamed up with marine institutes in Belgium to improve fisheries research in the country. The Belgium Government, through its ambassador to Kenya Bart Ouvry, has offered Kenya a research vessel named *RV Zeeleew*. Fisheries minister Amason Kingi said that the initiative will help to establish a marine transport department in the ministry to manage fisheries research.



**HIRING** | Applicants appear before commission led by educationist Kavuludi

# Three battle it out for top police job

Candidates questioned on ability to tackle graft and how to retain staff as interviews for key position begin

BY ZADOCK ANGIRA  
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Questions on the ability of the next police boss to deal with road carnage, corruption, social crimes and retention of officers dominated interviews for the job. The interviews for the Inspector-General of Police started yesterday, with Kenya Airports Police boss Grace Syombua Kaindi, Kenya Airways head of security Swaleh Slim and former Rift Valley PC Hassan Noor appearing before the National Police Service Commission. The interviews were held at Kenyatta International Conference Centre. Ms Kaindi was the first to face the interviewing panel chaired by educationist Johnson Kavuludi. She said if appointed police boss she would engage officers who retired honourably.

**Welfare of officers**

“Retired officers have interacted with the public and may be an asset to the service, especially now that we have an inadequate number of officers,” she said.

Ms Kaindi promised to ensure that the welfare of the officers is looked into. She, however, said that it was wrong for the staff to strike.

An individual who wrote to the commission said Ms Kaindi was not suitable for the post since she had failed to quell riots when she was the Nyanza provincial police boss during



Head of security Kenya Airways, Swaleh Slim before the National Police Service Commission during the interview for the police inspector general's position at the Kenyatta International Conference Centre in Nairobi yesterday.

JENNIFER MUIRURI | NATION

“

Retired officers have interacted with the public and may be an asset to the service, especially now that we have an inadequate number of officers”

Kenya Airports Police boss Grace Syombua Kaindi

the 2007/2008 poll chaos. She, however, dismissed the claims, saying that she did her best. Mr Slim told the panel that to improve efficiency, he would ensure that deployment of officers was strictly based on their training and experience.

He said that he would initiate relevant training for officers to enable them to perform their duties better. Those in the Airports Police Unit, for example, would be trained in aviation security. Mr Slim joined the police service in 1975 and has served in several areas within the Criminal Investigation Department and the defunct Anti-Corruption Police Unit. He has also served as a senior deputy secretary in the ministries of Foreign Affairs, Health and Environment.

**Train security guards**

Mr Slim told the commission that he would use the first 100 days to learn by engaging stakeholders. “My key result area will be the March 2013 elections,” he told the panel. He said that there was a need to train private security guards together with the police. Adequately trained guards can complement the work of

the police, he added. Mr Noor said his main objective would be to professionalise the service and ensure that the retention rate was high. “I will ensure that order and discipline are instilled in the service,” he said. He said there was a low morale in the force, with most graduates leaving the force. Mr Noor said at Egerton University where he is teaching peace studies, almost 90 per cent of the officers had told him that they would leave the service as soon as they graduated. He told the commission that the most challenging assignments he ever had was being the PC for Rift Valley, and that this had equipped him well for the job. The former PC said he would ensure that the officers did not use excessive force. He said there was a need for strict adherence to traffic rules, even by senior government officials. “I will start enforcing traffic laws from the top,” he said.

## BRIEFLY

### NAIROBI

#### Five deny trafficking in Sh1.9m heroin

Five people were yesterday charged with trafficking in heroin worth Sh1.9 million. They were arrested while travelling on a Uganda-bound bus. Mr Stanley Wanyonyi Mswahili, Mr Crispinus Ouma Origi, Mr Mubarak Abdul Mohammed, Mr Jacob Sila Kiminzi and Ms Scola Imbiti Namunyu, however, denied the charge. They were remanded in police custody for four days to help Anti-Narcotic Unit officers identify suspected drug barons holed up in the neighbouring country. The prosecutor, chief inspector Nzau Musangi, told a Nairobi court that “detectives are also closing in on other suspects within Nairobi”.

### EMBU

#### Mbarire rival ditches APK to join Uhuru



Deputy Prime Minister Uhuru Kenyatta last evening received Runyenjes MP Cecily Mbarire's bitter rival to The National Alliance. Mr Nyaga Wambora, the outgoing chairman of the Kenya Airports Authority, ditched the Alliance Party of Kenya (APK) for TNA in what was seen as an Embu County political deal between the two foes. Ms Mbarire brokered the defection of Mr Wambora together with 300 APK delegates in a deal that will see him seek the governorship and not the Runyenjes seat.

# CHANGE NI NANI?



MIXED FORTUNES | Kibaki launches one of Vision 2030 flagship project that heralds Kenya's economic take-off



EMMA NZIOKA | NATION

A trader sits close to his cabbages at Githurai open air market situated along the newly constructed Thika Superhighway last Wednesday. The traders said they are worried of being kicked out of the land, which has been a trading zone for many years, due to corruption and land grabbing.

# It's not business as usual on new road

Most motorists say it's the best stretch to drive on in the country. For property owners, it's the canal that brought home the monies, but don't tell this to hawkers and grocers

BY JOHN NGIRACHU  
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With an umbrella shielding him from the sun, Morrison Ndung'u looks satisfied as he sits in the middle of a mountain of cabbages at the Githurai Market.

He likes that he is self-employed and makes enough to keep his family going.

The fresh produce business is quite tricky, he said at the market last Wednesday, because the cabbages start rotting quite fast and a day lost can translate into huge losses.

A rotting pile a few metres away is testimony to the fragile nature of the business; it was abandoned by a trader who found the market flooded with the vegetable, suffered a loss and left it to rot.

Mr Ndung'u said the cabbage at his feet comes from Naro Moru and Nanyuki via the newly expanded Thika Road to the thriving market at the northeastern edge of Nairobi and across the invisible border into Kiambu county.

The trader is among those who were forced to move away from the edge of the thoroughfare, Kenya's first superhighway, when its expansion started three years ago.

While they are happy that the road has made it easier for them to do business, they are unhappy that the local council has not been speedy in making it easy for them to do organised business.

As President Mwai Kibaki opened the highway yesterday, traders such as Mr Ndung'u wish there was a concrete plan for the market, which is— along with Wakulima (Marikiti) and Kangemi— one of the largest sources of fresh produce in the capital.

The potatoes sold there are transported from as far as Molo, Nakuru, Kinangop and Ol Kalou. Water melons and mangoes come from Ukambani, Marigat, Embu and Garsen. Onions could be from as far as Namanga and Tanzania.

Thika Road's expansion has been a bonus for the thousands who live in estates along it, whose travel times into Nairobi's CBD have been reduced



from two hours to 30 minutes, even during rush hour.

Land prices have increased with demand.

While the Nakumatt Supermarket chain was among the biggest losers at the start of the upgrade with the demolition of its Thika Road branch to make way for the project, it will be establishing another branch at a large shopping mall under construction at Roysambu opposite Kasarani.

Tuskys supermarkets are also putting up a mall at the Roasters bus stop opposite East African Breweries.

The destructive side of the scrap metal business has, however, presented a threat to the superhighway as some parts of the accident barriers have been sawn off to be sold by the kilogramme.

Long before the construction, before it was fenced off and beautified, the roundabout at Githurai attracted hawkers in droves.

Mr Samuel Kimani, who sells oranges in a hand cart, was among those who were initially asked to move away when the workers from Sino-hydro Corporation, the Chinese firm

TOP: A section of the new Thika Superhighway. The road was officially opened by President Kibaki yesterday.

BOTTOM: A section of the 63.5-meter foot bridge near Kenyatta University. The bridges were put up to save pedestrians from being knocked down by speeding vehicles on the highway.

SEE ALSO STORY  
ON PAGE 33



EMMA NZIOKA | NATION

Ruiru Municipal Council workers clean up a section Githurai open air market last Wednesday. The cleaners cannot clean inner sections of the market due to narrow paths and congestion.





#### THE NUMBER TRAIL

**42**

Months it has taken to complete the upgrade, January 2009 to the commissioning, yesterday

**Sh31bn**

The cost of the project

working on the second lot of the road from Muthaiga Roundabout to KU, arrived to survey and mark the land on which the expansion would go.

Word spread through grapevine that they would be accommodated at a plot opposite Clayworks, the brick makers— about a kilometre away.

But they found that the plots were private property and they would not trade in much peace over

there. They moved back to their present location and have got used to the largely disorganised way of going about their jobs.

Mr Ndung'u, for example, is on the parcel across from the railway. It is named Misingo for its small size and the traders understand they are on private land on a temporary arrangement.

Across the railway and closer to the traffic-prone roundabout, Mary Wambui said the traders there simply make space for new entrants if there is any left.

Each trader pays Sh20 to the Ruiru Municipal Council every day. But there is little in the form of services.

Although there was a truck and excavator collecting rubbish when *Saturday Nation* visited the market, it is rather obvious that it can only be done to a certain extent. The paths between the stalls were muddy, wet and would be hard to reach the inner sections.

Rotting mangoes have been dumped under the newly constructed bridge over the railway.

A few metres from the rail tracks, water draining from the highway has been directed into a free-flowing open ditch above which small wooden bridges have been built.

Having a busy market so close to such a busy road comes with risks.

"We know the accidents happen and we have seen them happen here often," said Ms Wambui.

For urban planners, the market's shifty existence and the traders' worries are symptomatic of the effects of a lack of proper planning. Construction of the road should have been accompanied by a plan for the development it would spark.

#### Given priority

Peter Ngau, a professor at the Department of Urban and Regional Planning at the University of Nairobi, said the market should have been given priority in the road plan.

The university has been working with the Ruiru Municipal Council to come up with ways to develop proper plans. His research on the subject has yielded some interesting facts.

Historically, Githurai and Ruiru were natural meeting points for the farming communities from Aberdare and Mount Kenya slopes and the pastoral ones from the lower plains.

When co-operatives acquired and divided land on the Guthurai 45 side, Kiambu County Council, which was then in charge of the area, asked them to provide space for the construction of a chief's office, a market and a school.

But this land was grabbed and parcelled out by politically connected people in the 1990s. Although the council owns some other land at Mwihoko/Z corner in an inner part of Githurai, it is way off the road.

The market is located just outside the boundaries of Nairobi, meaning the City Council wouldn't be involved in its organisation.

With local authorities dying after March 4, 2013, it would be under the Kiambu county government.

"This market is a missed opportunity. This is a very vibrant market and when counties are talking about revenue, this is one rich source," said Prof Ngau.

"It is in the interests of the Kiambu and Nairobi county governments to consider setting up a proper market," Prof Ngau added.

ROW | Mututho however backs ministers saying crops are unregulated

# Scientists oppose Cabinet decision on genetic foods

Group says move to ban GMOs is politically motivated and usurps powers of agency

BY EDITH FORTUNATE

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Scientists yesterday faulted the Cabinet's decision to ban Genetically Modified food imports, saying the move was politically motivated.

The scientists said the decision was uninformed because the law is clear on how GM foods in the country should be handled and the safety surrounding the products.

The scientists reckon that the National Biosafety Authority, which was created in 2010, is mandated to handle matters of bio-technology and not the Cabinet.

The scientists thus want the government to respect the law that established the agency. African Agricultural Technology Foundation (AATF) Head of Biosafety and Regulatory affairs Francis Nang'ayo said the Cabinet's move was illegal.

"If the Cabinet was to contemplate any ban, the best thing to do is to amend the law. You cannot come up with a policy that is against the law," Dr Nang'ayo said. The Cabinet on

Thursday issued a ban on GMOs. In a PPS dispatch, it said: "Given the lack of sufficient information on the public health impact of such foods, the Cabinet directed the minister for Public Health to ban the importation of GMO foods."

The ban, according to the PPS dispatch will remain in effect until there is sufficient information, data and knowledge demonstrating that GMO foods are not a danger to public

health.

And Naivasha MP and the chairman of the Parliamentary Committee on Agriculture John Mututho welcomed the move, saying the Cabinet has "woken up."

"It has helped Kenyans put an end to the merchants of death who import GM foods that have health risks," he said in an interview with *Saturday Nation*.

"GM foods are not from God. They are from scientists who are mixing two species that are not related to one another at all," he added.

Mr Mututho noted that despite the passing of the Biosafety Act of 2009, those who import GMO foods do not adhere to the law, putting the lives of Kenyans and consumers at risk. The MP also claimed that they do not follow the procedures required and fail to label the foods.

#### Consultations required

But Dr Nang'ayo said the Cabinet should have first consulted with the authority before issuing the ban.

"Why then did government create the institutional framework for making such decisions by creating the biosafety authority then go ahead and make uninformed decisions?" posed Dr Nang'ayo.

The law creating the authority, he said, had provided a mechanisms to minimize any risks associated with GM foods.

**2009**

The year when the law on GMOs was passed

“

GM foods are not from God. They are from scientists who are mixing two species that are not related to one another,”

Naivasha MP John Mututho

## Ex-parastatal boss fights to win back his job

BY NATION CORRESPONDENT

The former chief executive of a parastatal has sued the President and the Industrialisation minister over premature termination of his contract.

Mr George Sammy Onyango is also seeking compensation for the loss he has suffered due to the "interference with his job contract at the Numerical Machining Complex".

He is seeking the High Court's intervention on grounds that the President and the minister went against Numerical Machining's articles and memorandum of association by sanctioning a parallel board that terminated his employment.

The former boss argues that unlike other parastatal heads, his performance was not appraised before he was shown the door, neither was he given a hearing before the termination.

#### Implement demands

Mr Onyango, who recently testified before the commission investigating the Saitoti helicopter crash, has been a key figure in putting together a strategy for the Numerical Machining.

"The illegal board conspired to remove the petitioner and replace him with a friendly managing director who could implement all their demands in spite of the fact that his contract had not yet expired and also in spite of the fact that he had not done anything wrong that could be used as an excuse to terminate his contract," reads an affidavit tendered by Mr Onyango to the court.

He said he has been victimised for carrying out his mandate effectively and for his refusal to play ball with corrupt members of the board.

## BRIEFLY

#### NAIROBI

Nurses vow to strike if union is not listed

Nurses yesterday warned they would go on strike unless the Government registered their union by next week. Speaking after a meeting convened by the nurses' top organ—the National Executive Committee, the National Nurses Association of Kenya chairman, Mr Jeremiah Maina, said they had given the Government until November 19 to fulfil the demand. They also demanded that some 8,400 nurses hired under the Economic Stimulus Programme be employed permanently.

#### NAIROBI

300 missing court files finally found

More than 300 files that had gone missing at the Milimani courts in Nairobi have been found, said a Judiciary official. Chief registrar of the Judiciary Gladys Shollei said they were determined to root out the culture of hiding files by staff. "Through judicial transformation, we plan to train our staff so that they change their attitude and culture by serving Kenyans better," said Ms Shollei. She said there were plans to link up courts to ease communication.

#### NYANDARUA

PS helps accused get medical attention

Home Affairs PS Ludeki Chweya has heeded a court order requiring him to escort a suspect who is mentally challenged to Mathari Mental Hospital for treatment. Nyahururu main prisons officer in charge Khamasi Bakari said the PS took instant action after reading an article on the *Nation* that he would be summoned for contempt of court. The case against Mr Elijah Mburu will be mentioned next week. He had pleaded guilty of theft but the court felt he was unfit mentally.

#### NAIROBI

Gangsters shot dead after theft at hotel

Three suspected gangsters were shot dead by police officers after a theft at a hotel in Nairobi. Three others escaped with gun wounds. Police seized a Browning pistol loaded with five rounds of ammunition, clothes and several mobile phones from the gangsters. The theft was at Eka Hotel on Mombasa Road on Thursday night. Makadara police boss Thomas Atuti Moturi said the six arrived, headed to the hotel's gym and stole from patrons.



## SATURDAY NATION

Good law, but don't  
let MPs tear it apart

**M**oney, whose symbolism bestrides bountiful good and boundless evil, is a factor so significant in politics that it cannot be wished away. That political parties and their candidates need to raise and spend funds is a reality of democratic systems, more so during election campaigns.

But the sources and sums of such funds have always been an area of controversy as there exists the danger of turning democracies into plutocracies — the rule of the wealthy — and encouraging corruption. It gets even worse in political environments such as Kenya's, where opacity in the funding of parties and reliance on ethnic kingpins and their cohorts combine with dirty tricks like voter bribery to win support.

Since the 2007 General Election debacle, there have been attempts at reforming the electoral system, primed by the establishment of new institutions and laws. The latest is this week's Cabinet approval of the Election Campaign Financing Bill 2012. With regulation and accountability of funds raised and spent for campaigns forming its basis, the proposed law has the noble intention of diminishing the advantage money gives to some political parties and their candidates over less financially endowed competitors.

Since campaigns for the next elections, the first after the new Constitution took effect in 2010, have been projected to be the most expensive and competitive in Kenya's history, the Bill could not have come at a better time.

But as Parliament has proved by defiling the Election Act and the Political Parties Act, which have been manipulated to help rather than hinder political shenanigans, the mere proposal of good laws is not enough. Passage through the Legislature without being watered down by selfish MPs and enforcement devoid of political expediency are even more important. Thus far, Parliament, the Independent Electoral and Boundaries Commission and the Registrar of Political Parties have been a letdown. The Election Campaign Financing Bill, therefore, provides them with the opportunity to rise to the occasion.

## Great year for football

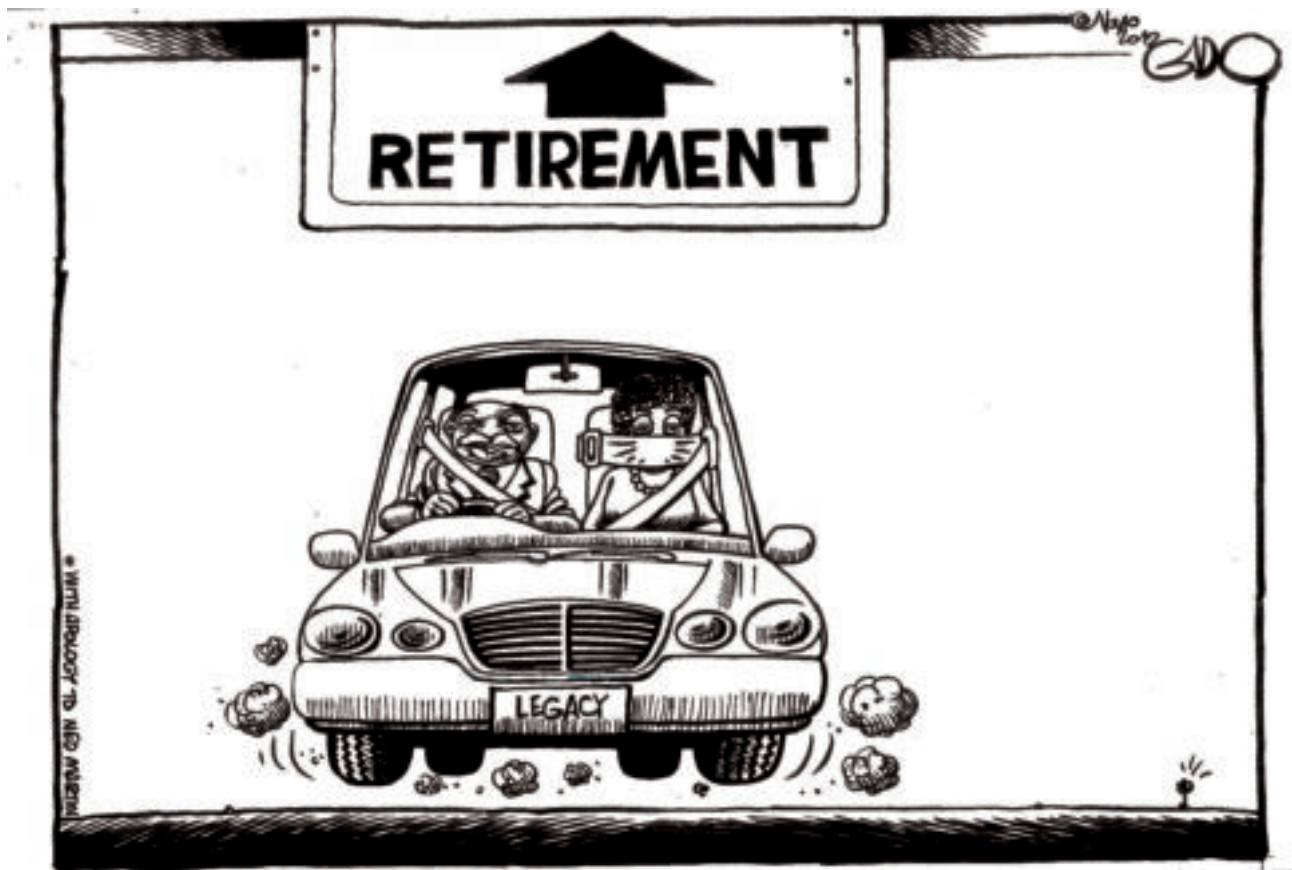
**T**he Tusker Premier League season ends today with this year's champions set to be known by 5pm. Gor Mahia, Tusker FC and AFC Leopards are challenging for the coveted title whose winner will represent the country in the Africa Champions League next year.

It has been a year-long exciting competition. Kudos to the clubs that participated and showed true sportsmanship.

Corporate institutions have come aboard and fans have returned to the terraces in large numbers. At this point, the league can only grow bigger.

Congratulations are in order to the Kenyan Premier League Limited, who have professionalised the league and marketed it well. Though there remains room for improvement, the strides it has covered are huge.

As the league comes to a photo finish, we implore fans to maintain peace and celebrate with decorum. Football, just like any other sport, is about winning and losing.



ASSERTIVE JUDGMENTS | Linda Musumba

# Let judges be creative and interpret the law beyond the limits of statutes

**I**n recent times there has been a hue and cry from several quarters that some of the decisions emanating from the Judiciary reveal judicial activism at play. In particular, decisions that have led to such conclusions are those that appear to have clipped and even neutered the free hand of the Executive and Legislature in the exercise of some of their powers.

Such decisions, with often revolutionary consequences, have been branded dangerous by some Kenyans in their public conversations and writings.

In fact, judicial activism is a legal principle with much theory and research behind it and can clearly be discerned in decisions by courts in India and South Africa.

Judicial activism describes a situation where judges make decisions that advance the cause of the poor and disadvantaged in society whenever there is such scope; indeed in developing countries, the poor, disadvantaged and oppressed are usually the majority.

It certainly does not refer to judges making decisions that are clearly illegal and legally indefensible. This therefore means that where judicial activism is at play, judges choose to interpret issues or text in favour of the oppressed to remedy a situation which, if not attended to, would result in untold suffering for such persons.

The reverse of judicial activism is a situation we are

all too familiar with because it constitutes a significant part of the history of our courts before the promulgation of the Constitution 2010.

No one needs to remind Kenyans of the then Judiciary's corrupt, immoral, and tyrannical nature that served to ensure the proliferation and perpetuation of the ruling political class at the expense of the poor and oppressed masses. In fact, the decisions and manner of doing business then by many judges is what constitutes the subject matter of inquiry at the proceedings of the Vetting of Judges and Magistrates Board. In other words, where it was perfectly possible to make decisions that could have expanded the rights and freedoms of Kenyans as accorded by the previous constitution, many judges chose to interpret cases before them in ways that in fact restricted the rights and freedoms of Kenyans. Examples of such cases abound. Can the argument that judges who

are accused of having made these bogus decisions at the time were prevented from exercising free thought due to the circumstances prevailing at the time suffice?

I would argue that we are yet to see judicial activism properly so called in Kenya. So far, what we have had is the Judiciary making judgments that simply restate the correct legal position which the parties ought to have been cognisant of in the first place and made the necessary steps to implement.

For instance, the decision declaring the President's appointment of the attorney-general, director of public prosecutions and chief justice unilaterally without consulting his partner in the coalition, or the recent decision to declare the manner of appointment of county commissioners illegal among other such decisions is nothing short of the Judiciary reading the existing law as it is and making pronouncements on the same.

However, this is admittedly very strange for many Kenyans who have been used to the Executive having its way and the President's decisions being beyond reproach. In other words, we have a Judiciary that appears to have picked up its mantle as expected by the Constitution and there is need for Kenyans and the other arms of government to catch up with the profoundly changed political and governance landscape.

One of the areas that

Kenyans should expect to benefit from judicial activism is decision made with regard to such crucial issues as the attainment of economic and social rights outlined in Article 43 of the Bill of Rights. This is because these are the rights that concern the quality of our daily lives and strike at the core of our very existence. In fact, Kenyans ought to be proceeding to the courts to require performance by the Executive on account of the various rights detailed in Article 43 including health, adequate housing, freedom from hunger, safe water, social security and education.

While Article 21(2) indicates that the realisation of these rights is progressive, it places a duty on the State to make laws, policy and roll out programmes that will ensure their gradual achievement.

This is where judges can be creative in exercising judicial activism by making decisions that protect the fundamental rights of Kenyans faced with failing and falling healthcare and education systems, forced evictions, homelessness, etc and put the Executive to task about the reasonable measures that it ought to have taken to ensure that Kenyans attain these rights. Therefore, judicial activism can only be a good thing.

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Where judicial activism is at play, judges choose to interpret issues or text in favour of the oppressed in order to remedy a situation”

Linda Musumba



THINK AGAIN | Maina Kiai

## The next election, like in the US, should be about the soul and future of Kenya

The re-election of Barack Obama is probably more important than his first election in 2008. The obvious excitement from his first bid was not as evident this time, but the issues were crisper, more ideological and more crucial to the soul and future of the US.

In 2008, it was about history-making: Would the US — with its calamitous history of race relations from slavery to segregation — elect its first black president? This time it was different, and race was not as important as before. This time the election was about the soul and future of America, expressed in two very different visions.

On the one hand, Obama epitomised inclusion, tolerance and concern for the poor and middle-class, focusing on the marginalised — such as gays and Latino immigrants — at the expense of the rich and privileged. Mitt Romney epitomised continuity for the privileged, focusing on ways to entrench their wealth and status, at the expense of the middle class, the poor and the marginalised in society.

In the end, Obama's vision resonated more — even if just — and he was elected for a second term. Of course there are no guarantees he will deliver, but the fact that this was his last campaign ever may augur well for his vision than before when he had to contemplate what his decisions and actions meant for his re-election campaign. We wish him luck, for clearly most of the world wants to see a more tolerant, responsive and pro-people America.

For Kenya, I believe next year's election presents a similar struggle for the heart and soul of the nation. It is not just about reformers and non-reformers as Raila Odinga posits from time to time, when he is not trying to woo "non-reformers" to his side. In fact, if truth be told, there are no reformers in the current crop of presidential aspirants, as each of them, by history



US President Barack Obama after his victory speech this week. This time, the election was about the soul and future of the US.

and practice, has dined with the devil of status quo, corruption, abuse of office and self aggrandisement.

The larger struggle for Kenya's soul is about the implementation of the Constitution, serious and effective devolution, a pro-people policy, and about justice, accountability and respect for Kenyans, over and above individual and ethnic interests.

What we need are leaders who can inspire us to move from the past and into the future that we chose so overwhelmingly in August 2010. Leaders who will assure us that zero-tolerance to corruption means just that, and who will — by their actions — propel us into the mood of 2003 when we were ready to end corruption and the shame that it brings. Leaders who will seek to unite us by showing that public positions are not just about "home boys" and whose development initiatives

will start with the neediest first. And leaders who will understand that devolution necessarily means a weakening of the centralised system of power and finance and will put emphasis on the poor and marginalised in society.

The contestation is shaping up before our eyes. The "alliances" being dallied about are not about Kenyans, but about carving up Kenya for individual and selfish purposes. And the efforts speak loudly.

For instance, the budding alliance between Uhuru Kenyatta and William Ruto (and why has Ruto seemingly accepted to be the junior partner in this alliance?) speaks volumes about what this will mean for the ICC trials. For whichever way we cut it, there is no conceivable way that the President and Deputy President can both be at The Hague defending themselves at the same time as running the country. I may be wrong, but this alliance looks like the start of non-cooperation with the ICC and the beginning of Kenya as a pariah state.

Similarly, the attempt by Odinga to have Ruto on his ticket says he is willing to elevate impunity to win power at any cost, which is not the new Kenya we want.

We still don't have a candidate who addresses the issues ahead of us, which are either maintaining the status quo with all its attendant problems of corruption, uneven and unequal development, tribalism, conflicts and marginalisation of the poor and women, on the one hand, or getting us to the Kenya we want as captured in the Constitution. But there is still some time and maybe, just maybe, one of the candidates will awaken to this reality and proceed to lead us out of certain debacle, conflicts and tensions.

Can the real pro-people candidate please stand up?

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POLITICALLY CORRECT |

Kwamchetsi Makokha's sideways look at the row over ICC trials

## Bring back The Hague cases for justice to be done Kenya style

Almost all the declared candidates for President of Kenya want the same thing: the cases pending trial at the International Criminal Court (ICC) should be brought back home.

Excepting one or two mad-hat candidates, the presidential contenders have calculated the cost of trying the post-election violence cases at The Hague and come up with an off-centre scorecard. Tourist numbers are down, with visitors freaked out by a country that cultivates clients for the ICC. Agricultural production is falling because the ancestors are withholding rain in anger at the sacrifice of just four individuals for the crimes of millions. Manufacturing and services are flagging because despondent workers are downing tools to protest at being disempowered by the West. Voters are suspicious of registration for fear that their fingerprints might end up at the ICC.

With the benefit of hindsight, setting up a Special Tribunal for Kenya as recommended by the Commission of Inquiry into the Post-Election Violence four years ago would have punished the real perpetrators, cleared the innocent, reduced tension and completed national healing in time for the elections.

The investigators would have been as thorough with all the cases as they have been with the 5,000 files they have handled from the post-election crisis period. They would have investigated the invented murders, rapes, arsons and what-not to exhaustion until the complainants confessed their true intentions. In terms of the fairness of the process, the ICC could not have held a candle to an original Kenyan invention.

Witnesses would have nothing to fear. No one would be interested in discrediting them, threatening them or even making it so safe for them to live in foreign capitals. No witnesses would die mysteriously in their houses or in plane crashes. In fact, witnesses would not have needed to be sneaked out of the country into exile. They would never have been discredited, intimidated or otherwise harassed for their intended false testimony. No one would need to waste money trying to buy them for the defence or the prosecution.

In the unlikely event that Mr Uhuru Kenyatta, Mr Francis Muthaura, Mr Joshua Sang and Mr William Ruto — whose trial begins in April at The Hague — were still to be accused persons before a local tribunal, they would by now be quietly attending court like the law-abiding citizens they are. They would be unaccompanied by community warriors to cheer on the prosecutor, the victims' lawyers and the judges in a sporting fashion.

Ensnared in the warmth of 5,000 other suspects taking pleas for various crimes, Mr Kenyatta and Mr Ruto would not see the need to hold prayer rallies every weekend to sue for peace as they have done since December 2010. The suffering of this multitude of suspects alone would have forced those who make false accusations about violence in 2008 to recant and declare that they have never known greater peace in their personal lives than they experienced under the wise leadership of President Mwai Kibaki.

The next election would not be about the ICC at all. Kenyans would be discussing important development issues such as the rate of inflation, reducing population growth and the design of the Lamu Port and how to elect a carbon copy of Barack Obama for the State House.

With the country in the grip of election fever and political morality at its highest, the Special Tribunal for Kenya would be delivering its first scalps in time for Christmas. Since this tribunal would have been secured in statute and entrenched in the Constitution, members of Parliament would never imagine changing its status or even disbanding it. That is why the four cases at the ICC should be brought back, so that justice — Kenya-style — can be done.

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DIFFERENT STROKES | Gabriel Dolan

## Shall we know them by their deeds or cars?

Just the other day I was hurriedly shoved to the roadside by four outriders of the Presidential Escort. I just regained my composure in time to count nine Mercedes Benz and just as many 4WDs escorting the Head of State home from Sunday Mass.

It got me thinking whether things would be any different in a few months were either Uhuru Kenyatta or Raila Odinga to succeed Mr Kibaki. Would Uhuru reassemble the enormous cavalcade that gained notoriety during his late father's tenure or would Raila — who did purchase the first Hummer in Kenya — have a motorcade so large that it would cause traffic jams even on the newly created Thika Superhighway? Jesus said by their deeds shall you know them but in Kenya we would probably say that by their motorcade and size of engine shall you recognise them.

Interestingly, many still talk admiringly and enviously of

“

Most would look in disdain on the leader travelling in a simple saloon car”

the size of the Presidential Escort and with our distinct flavour for style, most would look in disdain on the leader travelling around in a simple saloon car and a few bodyguards. Even bishops have Mercedes Benzes these days.

This reminds me of the character in one of Chinua Achebe's novels who went from rags to enormous riches but returned to the village in a small vehicle that he drove himself. He expected that his humility would endear him to his old friends but on the contrary they strongly disapproved, considering him so mean that he would not even employ a driver and a horde of

servants although he had the means.

Of course that character was a self-made man, not a public servant, and in Kenya there is growing discontent among taxpayers about the perceived extravagance and ostentatious display of luxury by all arms of government. There is a huge hullabaloo about new Mercedes for judges although judges have been driven around in these German-made vehicles for over 25 years.

The Merc has become both a symbol and an entitlement for every judge and if Chief Justice Willy Mutunga were to remove or replace them, it would be like taking candy from a child.

It shows you how difficult reform is whether that is of systems, lifestyles, behaviour or attitudes.

Thomas Carlyle wrote centuries ago that reform is not pleasant, but grievous; no person can reform themselves without suffering and hard work, no much less a nation.

I am far more upset then by the ridiculous and punitive cash bail that coastal courts have meted out on MRC leaders as well as the retrogressive ruling regarding the vetting board for magistrates and judges, than by the purchase of new Mercedes. I am more concerned that judicial officers give justice to poor squatters and slum dwellers than inspecting the car in which the judge arrived to give that ruling.

Yet, comprehensive reform is multi-dimensional and sooner or later it must address justice issues on public spending if the Judiciary, Legislature and Executive are to retain credibility and respect. In a country with 45 per cent of the population living in endemic poverty, public officers can never justify extravagance and wasteful spending, but must be seen to operate and live within the nation's means.

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FAIR PLAY | Peter Mwaura

# Arson is a serious crime, but the law treats student firebugs with kid gloves

The only news story this week that everybody was talking about was the dramatic re-election of US President Barack Obama. But there was one other story, less talked about, but which stirred the feelings of quite a number of Kenyans.

The story was reported by the *Daily Nation*. Seven Mugoiri Girls High School students, six of them in Form One and one in Form Three, were arraigned in a Murang'a court for attempting to burn down their school and being in possession of inflammable substances — matchboxes and a jerrican containing diesel.

Many who read the story were upset because the newspaper used a picture of the young girls, exposing them “to our harsh judgmental society”. One reader said this was “irresponsible journalism at its core”.

Another reader was more explicit: “Shame on *Daily Nation*. It seems you have joined the impunity bandwagon. These are very young girls and by publishing their pictures, you have lost our respect, their alleged crime notwithstanding. Your reporters and editors especially need to use more of their common sense.”

Nation Online quickly pulled down the picture following the protests and many readers never got to see the offending picture. But *The Standard* carried the picture (with faces blurred) in its Tuesday edition, and its sister broadcasting out-



FILE | NATION  
The aftermath of a dormitory fire at Maranda High School. The law looks upon children arsonists kindly.

let, KTN, posted a video of the girls online.

The law, which defines a child as any person under the age of 18 years, is clear that in any proceedings concerning a child, “a child’s name, identity, home or last place of residence, school, shall not, nor shall the particulars of the child’s parents or relatives, any photograph or any depiction or caricature of the child, be published or revealed, whether in any publication or report (including any law report) or otherwise.”

Any person who contravenes this provision commits an offence punishable by a fine not exceeding Sh100,000 or to imprisonment for a term not exceeding three months, or to both. But here is a case where a court facilitated the commission of a crime by allowing the photographs to be taken. Who

will punish the offenders?

Readers were also concerned by the arson attacks. Many drew tears. “Something is very wrong in our country,” lamented one reader. “These are kids! This is what our parenting and the education system is bringing up for the future of this country.”

Another retorted: “Nothing is wrong with our country. Kids learn from parents and other adults around them. Were you not there when their teachers (who are also their parents) went on strike a few weeks ago and started pelting police officers with stones and burning tyres on the roads? We have taught our children that the only way they can be heard is through destroying properties and that’s what they are doing. Simple.”

Yet another reader: “Time we do some research and find

out why they want to burn down the school.”

Seventy four readers, touched by the story, recorded their views and emotions. And rightly so. In the last four years, no less than 300 schools have experienced arson or attempted arson, and scores of students have perished in incendiaryism.

At the same time, the law looks upon children arsonists kindly. Ordinarily, the law imposes a sentence of lifetime imprisonment (though courts can sentence offenders to a lesser term). If arson leads to death, you can also be charged for murder. But the law, courtesy of The Children Act, treats children who commit crime with kid gloves. For example, they cannot be tried for murder, or imprisoned (though they can be sent to a borstal institution).

But arson remains a serious crime. In terms of punishment, it is equal to manslaughter, misprision of treason, sedition, trafficking in narcotics, and so forth. And arson is committed for reasons varying from sheer stupidity to criminality, and it always destroys.

As Bob Khan, one of America’s best known firefighting chief, once said arson attacks can be strategic, as in hate crimes or crimes to cover up other crimes, or they can be mere delinquency. But, he said, there is no such thing as a friendly arson fire.

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MARK MYWORD |

Philip Ochieng

## The Caucasus Mountains are not Russian at all



A *Sunday Nation* columnist wrote as follows last week: “I am writing this piece from the capital of Kyrgyzstan in the Russian *Caucuses*...” Never heard of such “*Caucuses*”. Not even if you cap the initial “C”. Even if “*caucus*” be the same thing as a *soviet*, the question would remain: How many *Caucuses* did Russia have?

*Soviet* was the term by which

the Bolsheviks knew each of the workers’ socialist councils which mushroomed spontaneously all over the Romanov Empire in the run-up to Lenin’s victory over the tsar in 1917. Such *soviets* were what the Communist Party later gathered into a Union of *Soviet Socialist Republics* (USSR) – “*Soviet Union*” for short.

What became the USSR, then, had hundreds of *soviets*. But please note that, though, in most ways, the Russians were the most important ethnic component of the world ruled by the Romanov house, the Soviet Union included a great many other nationalities over whom Romanov imperialism had already had sway.

Yet the Western media insisted on referring to the “USSR” as “*Russia*” — in exactly the same confusing way in which we tend to use the term “*Holland*” interchangeably with the term “*The Netherlands*” (even though we ought to know that Holland is only a province — by far the largest one, to be sure — of the Netherlands).

Thus the question of how many *caucuses* Russia had does not arise. And this for two reasons. First, a *caucus* is not the same thing as a *soviet*. To be sure, like a *soviet*, a *caucus* is any one of a national political party’s local committees. Thus, like the Supreme *soviet* — what became the USSR’s national parliament — a *caucus* is any general party policy-making meeting.

In New Zealand, the word *caucus* also refers to a meeting of all of a party’s MPs — the equivalent of any of our “parliamentary group meetings”. The word and probably even the practice originated in North America. Long lost to etymologists, the prototype probably belonged to the language of one tribe of the so-called Red Indians.

But what our columnist fails to notice is the letter “u” in the second syllable of the word “*caucus*”, whose plural form is “*caucuses*”. That is why he makes the mistake of referring to “Russian *caucuses*”, thus confusing the plural word “*caucuses*” with the singular geographical term *Caucasus*, whose second syllable has an “a”, not a “u” and third syllable has a “u”, not an “e”.

The *Caucasus Mountains* extend in the corridor between the Euxine (better known as the Black Sea) and Caspian. They are thus not Russian at all — except in the usual mistake of using the word “Russian” synonymously with the term “Soviet Union”. Rather, the Caucasus Mountains are Georgian or Armenian — two of the many nations that composed the erstwhile USSR.

The human race living north of the Mediterranean between Turkey and Ireland and now dominates Australasia and the Americas is thought to have originated in the *Caucasus*. Whence its name *Caucasian* or *Caucasoid*.

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## QUOTED

“The VP told us he rejected what he was offered and we are agreement that it is rejectable with no redeeming consequences.”

**Education minister Mutula Kilonzo on the position offered to Vice-President Kalonzo Musyoka by the G7 alliance.**

POLARISED NATION | KATWIWA MULE

## Lessons for Kenyans from Romney supporters

The re-election of US President Barack Obama was not altogether unexpected. At the time this article was written, President Obama had been projected the winner by all major news networks and his Republican challenger Mitt Romney, though initially hesitant, had just conceded the election.

Romney’s initial reluctance was based on the calculation that electoral vote-rich Virginia, Colorado and Florida were yet to be called and that he still had a shot at the presidency. His camp was also hoping, perhaps against hope, that although the networks had already called Ohio for Obama, the close margin of “victory” and votes yet to be tabulated might still place the state in play.

The predominantly working class state of Ohio, with its historically significant 18 electoral college votes, has always been a reliable predictor of how US presidential elections will fall; As the mantra goes, “where Ohio goes, so goes the nation”.

Yet, it is not so much that Obama was re-elected to a second term but the response to his victory by Romney’s supporters where Kenyans should draw critical lessons as we approach the March 4, 2013 General Election. An important

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The US is today an extremely polarised nation. Although the ideological war will continue, there is no chance of political violence”

lesson from the US process is the grace with which both candidates accepted the verdict, regardless of deeply entrenched ideological and partisan divides.

The US is today an extremely polarised nation. Although the ideological war will continue — with a divided government at the state and national levels — there is no chance of political violence, however aggrieved the losing side feels.

One political commentator, John King of CNN, captured the mood very well when he observed that America might be in a state of ideological civil war in the next four years with the Republicans retaining control of the House of Representatives on the one hand, and the Democrats controlling the Senate and

White House on the other. This ideological polarisation echoes the ethnic divide Kenya is experiencing during this important transitional moment. The critical question is how we can create a culture of tolerance and civility when it comes to difficult national issues.

The second lesson is that regardless of who controls the various arms of government, elections can be civil and fair.

Third, the US election was on issues of national importance, foremost of which was economic recovery and job creation.

But as we follow the campaigns by most of Kenya’s presidential candidates, it is not only unclear what visions guide most of them, it is also unclear what the real choices are in addressing the most pressing issues facing Kenyans today. Indeed, the issue that should be our source of national shame — the ICC trials — seems to have taken centre stage as the single most important determinant of the coalitions that might as well determine the outcome of the elections.

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HEALTH | Cancer guidebooks launched

# State accused of laxity in war on cancer

Disease has been linked to pollutants but government has been blamed for not controlling pollution

BY AGGREY MUTAMBO  
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The government yesterday came under fire for its laxity in controlling pollution, one of the factors thought to contribute to the increasing cases of cancer in the country.

Participants at a Safaricom Foundation cancer awareness event in Nairobi accused State departments of sitting on laws that would have reduced industrial, vehicular and other emissions to the atmosphere.

The Safaricom Foundation was launching four guidebooks on radiotherapy, chemotherapy, how to live when diagnosed with cancer and what to eat once tested positive of cancer. The books were published by the African Cancer Foundation.

The two organisations are also planning to build a cancer care centre later next year. But it was the pollution factor that caused a debate moments before the books were unveiled.

"It is really serious. You would be shocked at the air quality just outside here. I am not a scientist but if you look at the prevalence of certain cancers in Kenya today, there must be a connection," said former Safaricom CEO Michael Joseph - a survivor of colon cancer diagnosed in 2003.

Rally driver Ben Muchemi who is also on treatment for colon cancer concurred with him, saying the government

3

Position of cancer as a killer disease in Kenya

## PARLIAMENT'S STUDY

### Research findings

**Sudden rise of cancer has been blamed on pollutants, carcinogens, consumption of roast meat and tobacco products and lack of information.**

Pollution to be controlled to fight against cancers of the colon, lungs, skin etc.

**Nema and Parliament to put stringent measures on firms that emit pollutants.**

ought to get serious with regulating industrial emissions, but added that there far too many cases of people being misdiagnosed when they go for cancer screening.

Other survivor's told of the high cost of treatment and maintained that the State had done little to reduce factors contributing to cancer.

Medical Services minister Anyang' Nyong'o admitted that there had been little effort to control pollution, but the government had already began programmes for that.

Dr Esther Munyoro, the Head of the Palliative Care Unit at the Kenyatta National Hospital blamed the public for letting the government walk away with laxity. The public, she said needs to push the government to change and provide cancer specialists.

## Stench of death as staff in mortuary go on strike

BY NATION CORRESPONDENT

City mortuary attendants yesterday downed their tools to protest against poor working conditions, leaving hundreds of people who had come to collect bodies stranded.

The workers said the coolers at the facility have been out of order making their work more "traumatising."

"Nothing has been going on here since Thursday. The coolers have become ineffective and we cannot even carry out post-mortem because these machines are not working," said one of the mortuary attendants who cannot be named for fear

of reprisals.

Several families that planned to transport bodies of their loved ones home were forced to cancel the plans at the eleventh hour.

Rotting bodies lay on the concrete slabs and in the chambers of the coolers in what the attendants described as "pathetic conditions."

The Nairobi City Council, which runs the City Mortuary, remained mum on the strike. This is not the first time workers at the mortuary have gone on strike.

In February 2010, they went on strike to demand their arrears which had been delayed for two months.

## Woman accuses teacher of killing her son

BY NATION CORRESPONDENT

A 17-year-old student of Kathuniri Mixed Secondary School in Embu died on Thursday after he was allegedly assaulted by a teacher.

Martin Njeru died at Kyeni Mission Hospital, where he had been admitted after he allegedly collapsed following a bout of punishment for skipping school.

His mother, Ms Consolata Njoki, yesterday said that she was called and

informed that her son had fallen ill while at school. She said she advised the school management to take her son to nearby Karau Dispensary from where he was referred to Kyeni Mission Hospital.

Ms Njeru alleged that some students had informed her that Martin fell on a stump while dodging a blow from a teacher.

"I was told by his colleagues that my son was hit. He was not unwell when he left home in the morning... We want action

taken against the teacher," she said.

Embu county director of Education Beatrice Makau said investigations into the matter had started.

She said the school administration had given conflicting information, with some alleging that the student had malaria while others holding that he fainted after kneeling for long.

Police removed the body to Embu Provincial General Hospital awaiting postmortem on Monday.

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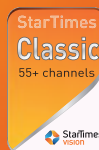
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# To the editor

The editor welcomes brief letters on topical issues. Write on e-mail to: [mailbox@nation.co.ke](mailto:mailbox@nation.co.ke) You can also mail to: The Editor, Daily Nation, POB 49010, Nairobi 00100.

## Part-time lecturers get raw deal from varsities

With the expansion of university education, universities have been forced to use part-time lecturers. Some of these lecturers have full-time jobs elsewhere, but most of them are hustlers. However, universities have been humiliating, mistreating and subjecting these part-timers to untold suffering in terms of payment. Some payments take up to three semesters to process. This greatly affects the morale of these lecturers, and students end up being subjected to very poor quality of learning. Universities should be sensitive to the plight of part-time lecturers. They have obligations to their families, too. If students have paid fees, why shouldn't lecturers be paid on time?

Joel Nyatamari, Nakuru

## Leaders favour politics instead of development

It is unfortunate that our leaders are failing to guide Kenyans. Their early campaigns have no development agenda that will move the country forward. They are totally unable to address the deplorable state of roads across the country, the rampant insecurity, the poor remuneration of the police, the high inflation and chronic joblessness among the youth. Kenyans are tired of leaders who only thrive on attacking each other in the media and public rallies every other day. Leaders should be talking about their party manifestos. By now they should have released their detailed five-year plans on how they will deal with poverty, unite Kenyans and crush tribalism, improve health care and develop marginalised areas if they become president.

Bishop Wandera Johnstone, Kakamega

## Councils to blame for land rate default mess

The Local Government ministry should restrain civic authorities from taking over buildings whose owners have defaulted in paying land rates. The blame lies squarely on the councils themselves due to their ineptitude in land rates collection for decades. It is about 30 years since the councils last posted yearly land rates statements and reminders to property owners. The importance of mailing statements and reminders to customers on time is that it makes them plan on how, and when to settle their land rate bills.

Aggrey Kulali, Emuhaya

## TALKING POINT

# Bull-fighting should be used to promote tourism in country

I write in reaction to articles by Joseph Ogutu and Malik Sumba in which they called for the banning of bull-fighting in the country.

The duo argued that the practice was archaic and an affront to the rights of the animals. The two were unfair in their criticism of this age-old vital component of our nation's diverse cultures.

First of all, not all bulls are fed on bhang or alcohol as indicated in a documentary on a local television station. Just like any other sport ranging from soccer to athletics to cycling, there are isolated cases of doping.

However, overall, bull-fighting is a very important activity whose benefits are immense but have not been fully exploited for the benefit of the people of western Kenya.

This is a cultural activity that has the potential to become a major tourist attraction, just like the donkey-racing in Lamu or the camel derbies in Maralal, where jockeys thrash the animals to make them run fast. That is what the likes of Ogutu and Malik should be concerned about.

These bulls are well taken care of. They are well-fed and live in very good con-



FILE | NATION

A past bull-fighting contest at Malinya market in Kakamega. Bull-fighting is yet to be fully-exploited, but it is already helping many families meet their daily needs.

ditions. They are never flogged, whether they win or lose a contest.

They are feted like kings by *isukuti* troupes. They are well protected from illnesses and quick action taken whenever they have been hurt in a fight or fallen sick.

The bulls have a group of people who protect them day, night and during contests. They are viewed as a property of the community, and not an individual's.

The caretakers know that they are being reared to fight and if some are not taken out for a contest every week, they cause trou-

ble and can even harm their owners and handlers.

The bulls are good sources of income for their owners, and some are worth over Sh100,000. The champion bull can fetch even more. They are like the owners' banks.

Bull-fighting is yet to be fully-exploited, but it is already helping many families meet their daily needs. What needs to be done is to support the activity by aggressively marketing it as a tourist attraction so that the owners, communities and the country can reap maximum benefits.

Denis Lumiti Biko, Kakamega

## Police too have every right to boycott work in protest

The government should listen to the cry of the police. The government acted positively when teachers and doctors went on strike. The police have been very patient, never once going on strike despite their pathetic living and working conditions and extremely poor pay. Police bosses should not victimise their juniors who opt to join the strike as every Kenyan has freedom of expression. Policemen live in slum-like houses, sharing rooms with strangers' families, yet they are expected to serve the public diligently. We should consider their plight.

Nicholas Kinyua, via e-mail

## Ministries should inspect sanitary condition in schools

It is heartbreaking to see our children being exposed to poor hygienic conditions at school. Some school toilets are so poorly maintained that pupils use fences as urinals. This poses health risks to the pupils and leaves me wondering whether the school administration ever sees such poor sanitation. The Ministry of Public Health and Sanitation and that of Education should send its officers to inspect the sanitary conditions of public and private schools. We could be looking at a potential epidemic unless there is intervention.

Victor R. Aswani, Mumias

## THE CUTTING EDGE

BY THE WATCHMAN

**VOTE PEACEFULLY.** The American people have spoken loud and clear once again, says Eldoret resident Peter Wandabwa, on President Barack Obama's re-election and final four-year term. Peter hopes that on March 4, 2013, when we vote for our own president, we will borrow a leaf from the Americans' book and vote peacefully, and that the losers will also gracefully accept defeat. "Congratulations, Mr Obama," he concludes.

**POLICE ETIQUETTE.** Having encountered some rude and abrasive traffic policemen on the highways many times, Kiplimo Kosgey wonders whether etiquette is on the curriculum at the Kiganjo Police College in Nyeri County. If they stop a motorist and notice that his vehicle has even a minor defect, they quickly change their tone into what borders on harassment. "Why can't they politely explain your offence, respecting your rights as a citizen?" asks Kiplimo, whose contact is [kkosgey@fmdea.com](mailto:kkosgey@fmdea.com).

**POOR CONSTRUCTION.** Has the City Council of Nairobi given up on monitoring the quality of the public works it commissions, especially roads? Caroline Kariuki says the recent repairs on the dilapidated Rhapsa Road at Westlands have been a waste of time and money, as potholes have developed pretty fast. Caroline is demanding that the City Council gets the contractor to immediately return to the site and repeat the job. Reached through [wanjikuck@gmail.com](mailto:wanjikuck@gmail.com), she will only be too glad to point out the affected sections.

**CITY COUNCIL MESS.** A new construction is wreaking havoc at Jonathan Ngeno estate in Lang'ata, Nairobi, say angry residents. The building that is coming up, they add, has interfered with the normal flow of storm water, with waste water, including sewage, being liberally diverted into the open drains. Their complaints to Nema and the City Council, they claim, have fallen on deaf ears, leaving them to have to contend with the foul smell and deadly mosquitoes.

**TEXT MESSAGES.** Who will stop the robbery without violence by radio stations and other firms behind the numerous SMS short code services that just end up eating into the airtime credit of mobile phone subscribers? asks George Mwangi. The phone users are being cheated through subscriptions for love and jobs messages. George has had to dump his line because every credit top-up he makes is immediately swallowed and his attempts to unsubscribe have failed. His contact is [georgemwangi06@gmail.com](mailto:georgemwangi06@gmail.com).

Have an honest day, won't you!

## ON THIS DATE IN 1968

COMPILED BY AUGUSTINE NYAGAH



**PRISON TOUR.** Assistant Home Affairs minister Robert Matano, accompanied by the acting under-secretary A.K. Kandie, at the Lang'ata Women's Prison and Nairobi Detention Camp where he opened a £150 self-help office. He was presented with a painting of President Kenyatta made by prisoners.

## YESTERDAY'S QUESTION

### Is KRA justified to ask tenants for data about landlords?

**PAUL NG'ANG'A:** No. This clearly shows that the taxman has run out of ideas. Kenyans have no time for this kind of 'job' unless they'll be paid for it.

**ELIUD MUMU:** No. Most

landlords are not even known to tenants. How, then, can the taxman rely on these people for information?

**DAVID MUTHOKA:** No. Tenants are not state agencies. Let KRA turn to the Min-

istry of Lands, Kenya Bureau of Statistics or the City Council for such data.

**PETER WAWERU:** No. There is no reason to do so. The authority should get the information themselves.

## DEBATE QUESTION

### What is your opinion on the sharing of key posts by the G7?

Send your comments to [mailbox@ke.nationmedia.com](mailto:mailbox@ke.nationmedia.com)



SATURDAY NATION

# Weekend



**INSURANCE FIRM  
FETES TOP AGENTS**  
Kenya Orient hosts party  
for its best salesmen.  
**PAGE 23**

**PROFILE** | Imbuga has been a lecturer for more than 30 years during which he has written numerous literary works

“

There is some truth  
in the statement that  
writers are born, but  
the recognition that  
you have the talent  
is the easier part. It  
is sheer hard work”

Prof Francis Imbuga

1964

The year Prof Imbuga  
was admitted to Alliance  
Boys High School after  
braving years of poverty in  
Kakamega.



Prof Francis Imbuga at his Nairobi home during the interview on November 5, 2012. His play, *Betrayal in the City*, has been selected as a set book for the KCSE English paper.

ANTHONY OMUYA |  
NATION

## ‘I wanted my new play picked for schools, not *Betrayal in the City*’

His most popular work has just been selected as a literature setbook for a record third time, but prolific playwright Francis Imbuga is not amused some parts will be left out due to political correctness

BY JULIUS SIGEI  
jsigei@ke.nationmedia.com

In the sweltering heat of the Nairobi afternoon, a green Kaunda suit-clad man mingles freely with fellow thespians at the Kenya National Theatre’s parking lot.

His unassuming, self-effacing mien belies Prof Francis Davis Imbuga’s towering figure as one of Africa’s greatest literary giants. As he rises to receive us, we note that the vagaries of age have done nothing to dull the 65-year-old’s trademark jovial simplicity and exuberance. He ushers us into

his Toyota Prado and heads to his Kahawa Sukari home, next to Kenyatta University, where he has taught for more than three decades, albeit with a break between 1999 and 2005.

We ask him how it felt to be thrice, no four times, lucky.

The Kenya Institute of Education had just announced the selection of his play, *Betrayal in the City*, as a compulsory set text in the Kenya Certificate of Secondary Education English paper.

### Nature plus nurture

It is the third time the play is being hoisted to the pre-eminence of academic citadel. His feminist play, *Aminata*, was also studied in Kenyan schools in early 2000s.

A publisher can sell as many as 300,000 copies of a set book a year if it is in the compulsory section, making the author an instant multi-millionaire. Working from the price of Sh300 a copy and a conservative royalty share of 10 per cent, an author can earn upwards of Sh9 million,

and if this runs for three years, this is a tidy sum.

“There is some truth in the statement that writers are born, but the recognition that you have the talent is the easier part. It is sheer hard work,” he said of the selection of his book alongside *The River and the Source* by the late Margaret Ogola and *The Caucasian Chalk Circle* authored by the German playwright Bertolt Brecht.

He praised the KIE for choosing “books which people can debate about”, but said he had expected his 2011 play, *The Return of Mgoju* to be selected.

“In retrospect, I think it was bypassed because of its currency... the subject of the post-election violence which is too recent.”

Published by Longhorn Publishers, *The Return of Mgoju* is a compelling play that brings to the fore the recurrent ethnic animosity and intolerance which continues to ravage many African countries.

Painting an image that could as well have come out of the post-election violence, it is the story

of Thori and his wife Thoriwa who return from the other world to deliver a succinct message that neighbours must stamp out resentment, kill the blame-game and seek reconciliation.

As we leave the KNT, where he was a regular figure in the 1970s, 1980s and 1990s, the former director of quality assurance at Kenyatta University laments that the place is no longer vibrant.

“I grew up in this forest,” he says, pointing at Karura, as we begin the rise up the Thika Road. His father had been a City Council askari in the 1960s and the young Imbuga would visit the city during the holidays from Alliance High School.

He had come to the crème de la crème of Kenyan schooling in 1964 at 14 after braving his early years of poverty in Kakamega.

His mother died when he was six years old, and he was left in the care of his grandparents.

As we sample an array of his books in the sitting room of his five-bedroom house, we ask him whether now that his books have

perennially become set books, he writes with examiners in mind.

“Yes, there are times when I write for an audience. I mind about the appropriateness of language and yes, sometimes I ask myself: what question can be asked here?” he says, looking at the small adjunct room to the main house which he calls *thingira*. This is where he does most of his writing as “there is more inspiration here than in the main house.”

“Today (Monday), KIE requested we remove a line which says: ‘women will never think beyond the bed upon which they hide for the night,’ and I said what the heck, let them go and recommend the Bible if they want something clean.”

He later acquiesced, but not before insisting that the revised book is clearly marked “school edition”. His forthcoming play — *The Green Cross of Kafira* — to be published by Longman, will complete the Kafira trilogy, which

CONTINUED ON PAGE 18



**PROFILE** | Rwandese not only appreciate writers, but they also reward talent and work hard, says Imbuga

# Telling the truth with dose of laughter

Writer decries the difficulty of getting published in the country and blames it on lack of support from established publishing houses

CONTINUED FROM PAGE 17

also comprises *Man of Kafira* and *Betrayal in the City*.

It examines the relationship between the Church and the State and it criticises politicians who ask pastors to leave politics to politicians. Dedicated to Wangari Maathai, the book talks of a coup in which ordinary church-going people overthrow the government in a green revolution.

On the question of writing in the vernacular languages, as propounded by Ngũgĩ wa Thiong'o, Prof Imbuga says he, too, once thought it was a brilliant idea.

"I did *Kagari and her Brother* in Maragoli, but it was not until I translated it that it sold. As a scholar, you can utter something but it is pragmatic that at some point you evaluate it and own up," says the author who published three award-winning plays as an undergraduate.

"In a globalising world, you want to compete for the Nobel Prize." Commenting on the lot of the academia, Prof Imbuga says many lecturers have bought parcels of land and constructed houses.

"When they go on strike and you threaten to evict them, it does not work," says the author, who is also a real estate developer.

"It is true that creative writers don't earn big money, unless your book becomes a set book, but still this is not an excuse for writers to walk around in sandals."

Prof Imbuga remembers Rwanda fondly. He sojourned there between 1999 and 2005 after he resigned from Kenyatta University in a huff following a disagreement with Prof George Eshiwani, the Vice-Chancellor of the time.

"Those were very productive years, the turning point of my life. It was during my days in Rwanda that I wrote *The Miracle of Remera* and began working on *The Return of Mgofu*."

He says the Rwandese are very enthusiastic people who are much more likely to meet deadlines than Kenyans. "It is easy in Kenya to finish school and walk through the school gates pocketing (without a book). I have tried to make it compulsory for students to read in my classes, but some of my colleagues think it is a human rights issue."

"In Rwanda, writers are appreciated. We would occasionally collect books and donate to President Kagame. Those people reward talent," says the founding dean of arts and social sciences at the Kigali Institute of Education.

Saying artistes in Kenya are not regarded highly, he remembers when retired President Moi honoured him with Order of the Grant Warrior (OGW) in 1996.

"I raced to State House thinking I would be given money. After I got the certificate I stood awkwardly for some moments before it dawned on me that nothing was forthcoming."

"Now my wife has

hidden the award. I don't know where it is because everyone here thinks I can tear it to pieces."

You would think that such a towering literary figure easily gets published, but alas, he, too, takes years before he is published.

"While it takes around two weeks to write the plays, it can take years to be published. For instance, one publisher has my four plays pending publication."

"Then after you are published, the long wait for royalties begins," says the playwright who has spread his works in five publishing companies.

Perhaps, this could change as his son and daughters last month founded a new publishing house, Adrian Publishers, which Prof Imbuga said would henceforth publish his works.

Prof Egara Kabaji of Masinde Muliro University of Science and Technology says a distinguishing feature of Imbuga's writing career is his love for experimentation, which has seen him dabble in realism, magical realism, absurdism, Marxism and feminism.

While he is clearly an admirer of Shakespeare and has employed the use of clowns to tell home truths, his style of using bloodless coups to propagate change is a world of a difference from the gory scenes of *Othello* or *Hamlet*.

"I am fascinated more by his application of magical realism in *The Return of Mgofu* and earlier in *Miracle of Remera*, which echo Latin American fiction like *One Hundred Years of Solitude*," says Prof Kabaji, who credits Imbuga with teaching him how to write.

"He told me never to go to a bar without a notebook," says the don, who worked and lived with the playwright in Rwanda.

Prof Imbuga says publishers should take writers across the country in speaking and marketing tours to promote reading.

"Once in a while publishers bring people like Cyprian Ekwensi and Chinua Achebe, but not we indigenous writers."

"During the launch of Elijah Sumbeiywo's book, they did not invite me, but I went anyway. When they

## FUTURE PLANS

### Writer not not planning retirement

"I have always wanted to write an autobiography of Mulili, the farcical character in *Betrayal in the City*. It will be in the mould of Amos Tutuola's *The Palmwine Drinkard* and I will trace the life of this popular character who was a key plank of the fictional oppressive regime."

## Other works

*The Married Bachelor*, which he wrote in the second year; *Kisses of Fate* and the *Fourth Trial* which he published in one volume as an undergraduate; *Game of Silence*; *The Successor*, *Farewell to Orgres* and *The Burning of Rags*.



65

Age of Prof Francis Imbuga, author of *Betrayal in the City*

“

Our youngest daughter, Louisa, who is now a pilot, used to write on walls. The result of that is *A Birthday to Remember*, a children's book”

Prof Francis Imbuga

saw me, they asked me to give the vote of thanks. I refused, and only accepted grudgingly after causing anxiety as the audience included retired President Moi."

His plan to stage *Betrayal in the City* at the Kenya National Theatre in February.

He believes young Kenyan writers are producing masterpieces, and singles out Kinyanjui Kombani and his *Villains of Molo* for praise.

"I think the young man has a great future. I also teach creative writing and

sometimes I get very good works that I forward to publishers," says the professor, who plans to dedicate a section of his estate to art lovers.

Despite having published extensively, which in some countries could have earned him a PhD, he was required to study for it.

"A physician should not do everything, including driving an ambulance. Since (the Ugandan author John) Ruganda and I were creative writers, we thought we should not be critics. However, after agonising, we decided to base our theses on each other's works." They went ahead and were awarded doctorates. Ruganda (deceased) would later publish his thesis as a book: *Telling the Truth Laughingly: the Politics of*

*Imbuga's Plays*.

Former literature lecturer Ngari Gituku says Prof Imbuga is an accomplished teacher, a thespian, a theatre director, a playwright and an educationist.

"A gifted humourist and keen student of human nature, Imbuga is, perhaps, East Africa's finest satirist and a compelling mentor," says the Staff Fellow in charge of the biography programme at the Kenya Leadership Institute.

He says Imbuga stands at par with Ruganda, Joe de Graft, Prof Taban lo Liyong, Ola Rotimi and Prof Chris Wanjala.

A play he wrote and acted in while at Alliance saw him win the national best actor's award and from here there was no stopping the young Imbuga.

Reminiscent of Ayi Kwei Armah in both *Fragments* and *Why Are We So Blest?* Prof Imbuga pulls no punches in *Shrine of Tears* in his criticism of the gullibility of a people willing to be hoodwinked by cunning agents of foreign interests.

He indicts the political establishment as the prime betrayers of the people whose interests it is supposed to safeguard. This kind of censure runs through almost all his books, and teachers in literature during the dictatorial Kanu era were known to panic at the prospect of teaching Imbuga's plays.

So how did he get away with such outright censure of those in power during the Kanu rule?

The don says he has avoided problems because he draws a picture and invites people to look at their situations without pointing any finger. "Satire has a way of allowing you to attack somebody while he thinks you are flattering him."

But one should never forget that those in power are often insecure people whose lack of confidence can be dangerous," he told *Saturday Nation* in an earlier interview.

Mr Kiarie Kamau, the head of regional business at EAEP, says the selection of *Betrayal in the City* could not have come at a better time. "The current political dispensation calls for the reading of such works in schools so that our young adults can interact with pertinent socio-political issues at an early age, and get to see through the deceit of most of the leaders."

EAEP has published four other Imbuga books other than *Betrayal in the City*. They are *Aminata* (which has been a set book in Kenya and is approved for schools in Rwanda), *Game of Silence*, *Man of Kafira* and *The Burning of Rags*.

So has any of his son and daughters taken after him?

"Their mother, who is a scientist, appears to have pulled them from me," he says referring to his wife, the Vice-Chancellor of Jomo Kenyatta University of Science and Technology, Prof Mabel Imbuga.

"Well, yes our youngest daughter, Louisa, who is now a pilot, used to write on walls. "The result of that is *A Birthday to Remember*, a book published by Africawide Network."

Prof Francis Imbuga's daughter, Louisa Indesia Imbuga, who has also written a book titled *A Birthday to Remember* during the interview at their family home in Nairobi.

ANTHONY OMUYA | NATION





**PEACE EDUCATION** | Tribalism is our apartheid and there's no better way of fostering unity than through literature

# From Coetzee to Farah, the missed chances to heal a bleeding nation

'Betrayal in the City' is a masterpiece, but the Kenya Institute of Education should have introduced new experimental writers to the syllabus than recycle the old usual suspects, argues EVAN MWANGI

Until we mess up in 2013 more than we did the last time we tried to hold a General Election, the violence we witnessed in 2007/2008 will, for the time being, remain what 9/11 is to the Americans.

It is what World War II is to European literature, although our skirmishes were carried out not with atomic bombs but with crude weapons fuelled by simmering ethnic hate that was sowed and watered by the local political elite.

But unlike the 9/11 terrorist attacks on America, which were carried out by outsiders, we had only ourselves to blame for the post-election violence. We chose to butcher one another over the comforts of the selfish jokers we call our national leaders. Nothing has changed. All indications are that we still worship these tin gods.

So central is the post-election violence to our national psyche today that the first question to come to mind when the government announces, as it did last week, the new set-books to be studied in secondary schools is: How well do the chosen works respond to the cataclysmic event in which hundreds of Kenyans were raped, 1,133 others killed, millions in property destroyed or looted, and thousands of people displaced?

It would have been better for the Kenya Institute of Education to introduce new experimental writers to the syllabus than recycle the old usual suspects. Why not try, for example, the South African J.M. Coetzee's *Waiting for the Barbarians* (1980), a novel that borrows its title from the Greek poet Constantine P. Cavafy (1863-1933), to highlight our irrational fear of outsiders? Tribalism is our apartheid.

## Other good books

Works based on the Rwandan genocide, such as Tierno Monenembo's *The Oldest Orphan* and Véronique Tadjo's *The Shadow of Imana*, would be ideal. Also good would be a novel by Nuruddin Farah about conflicts in Somalia.

Nevertheless, I still welcome the reintroduction of Francis Imbuga's classic play *Betrayal in the City* (1976), the German Bertolt Brecht's 1944 masterpiece, *The Caucasian Chalk Circle*, and Margaret Ogola's debut novel, *The River and the Source* (1994).

Imbuga is a writer of exceptional skill and poise. Showcasing this premier playwright at his vintage best, *Betrayal in the City* dramatises the disillusionment with the bourgeois nationalist leadership in Africa. Through satire, the writer effectively captures the debilitating sense of disappointment in the face of a failed state that is characterised by murders, injustice, rape, and human rights abuse.

In many ways, Imbuga echoes his fellow African virtuoso and winner of the Nobel Prize for literature in 1986, Wole Soyinka. In a 1967 lecture titled *The Writer in a Modern African State*, presented at the African-Scandinavian Writers' Conference in

Stockholm, Soyinka explained that writers from the already independent parts of Africa could indeed envy South African counterparts because the latter, despite the bleak conditions in which they operated under apartheid, had "still the right to hope."

To Soyinka, African governments had already dashed their people's hopes with bad policies and inept leadership. In a poignant part of Imbuga's drama, an intellectually perceptive character and a prisoner of conscience, Mosese, cries out: "It was better while we waited. Now we have nothing to look forward to. We have killed our past and are busy killing the future."

Kenya under Jomo Kenyatta (1963-1978) had witnessed assassinations, wanton land-grabbing, and nepotism by the time Imbuga composed his masterpiece. But the writer seems to have been inspired by the developments in Uganda under Idi Amin and the several "Amin" plays that were airing on the Voice of Kenya TV, such as John Ruganda's 1973 screen play, *The Floods*.

In Imbuga's work, there are also echoes of the South African dramatist Athol Fugard, who uses similar techniques to criticise apartheid. However, Imbuga retains in his dramas a degree of optimism.

## Crude megalomania

Although Imbuga's play is aligned to the Ugandan theatre of the 1970s, Kenya was to witness megalomania in its crudest form in the 1980s, developments that made Imbuga's play appear prophetic.

It is good to remember that, unlike in Kenya's Nyayo era (1978-2002) or Uganda's Amin dictatorship (1971-1979), Mulili's equivalents in the real world today are not semi-literate buffoons.

Rather, our Mulilis are sophisticated lawyers, MBA-holding company executives, journalists, cultural analysts, and professors. Brilliant but lacking in ubuntu (African life-affirming humaneness), these groups of opportunists are a million times more dangerous than Mulili.

Censorship can be a literary blessing in disguise. The sense of freedom we enjoy today might be behind the shoddy work artists are producing. Although I would wish that 21st-century Kenyan writers should be included in the syllabus, it is hard to think of any that we would want our children to emulate.

Their works are opportunistically written for the high school syllabus by pretending to tackle "burning issues of the day", such as drug abuse. This tactic works better in ephemeral short skits for inter-dormitory competition than in an ambitious work of art that seeks to stand the test of time.

Censorship of yesteryears seems to have required writers to be a bit more experimental than our current generation of artists is. Despite its ruthless critique of an African regime, Imbuga's play survived the censor by presenting itself as not a piece of political writing but as a jocular drama about another play that never sees the light of day.

In its playfulness and self-mockery, the

# 1976

The year author Francis Imbuga penned his classic play, *Betrayal in the City*, a set book for next year's KCSE.



FILE | NATION

Youths brandish weapons in Naivasha at the height of the post-election violence in 2008. The post-election violence is very central to Kenyans' psyche today.

highly accomplished drama remained in the school syllabus well into height of Nyayo era in the 1980s. It influenced younger writers of the late 1990s, who used the novel-within-a-novel technique to handle political themes.

Imbuga's and Brecht's plays will hopefully liberate Kenyan writing from its conservative realist mold. In *The Caucasian White Circle*, Brecht uses his typical anti-realist style, interweaving music and dance and the device of a "play within a play" to present the consequences of the Second World War.

Young artists should be encouraged to create transnational works like Brecht's modernist play, originally written in German as *Der kaukasische Kreidekreis* in America, where it premiered in 1948. It is based on Old Testament's Judgment of Solomon and a Chinese folk story about a poor girl who, with nothing but love, brings up a child better than the child's biological parents, who now want the child back after abandoning him during a time of crisis.

## Tribal superiority

Unfortunately, Kenyan writers seem to be fascinated with myths of their tribes' superiority and its supposedly rich heritage. They rarely explore stories from the rest of Kenya, as the thespian Oby Obyero Odhiambo tried to do in the 1990s. Yet it is because of his transnational sources and ethos that Brecht has been so influential in Kenyan theatre, especially in plays like Ngugi and Micere Mugo's *The Trial of Dedan Kimathi* (1976).

For her part, Margaret Ogola tries to forge trans-ethnic harmony between various communities in Kenya by making progressive characters marry outside their ethnic communities in *The River and the Source*. Despite its celebration of Luo culture, the novel suggests that the trans-

ethnic destination matters more than the tribal ethnic source.

But I disagree with Ogola because national harmony based on inter-ethnic marriage is a big sham. Favoured by racists like Hitler, eugenics (advocacy of improving the genetic composition of a population) should not be our option, desperate as we are. If there is no trace of your tribe in your DNA, I don't see why we should buy into this eugenic view that inter-marriages are in themselves of any value.

## Considered traitors

Though romanticised in several Kenyan novels and plays, inter-marriages won't save us from 2013 pogroms. Studies of genocides in Rwanda and Bosnia are full of stories about inter-ethnic couples who handed over their spouses to killers, so as not to be considered traitors of their people.

Further, if it's hard to get even one person to marry you, it is idealistic to imagine every Kenyan marrying from all the 42 ethnic communities to produce a single nation. Therefore, national harmony won't be achieved through inter-tribal coitus or even collective blind and random mating in Uhuru Park. We should be more creative.

Inter-ethnic harmony should be intellectual, not coital. Writers should celebrate a character like Ngugi's Abdullah in *Petals of Blood* (1977), who brings new ideas to a different ethnic group or a character who adopts progressive technology and cultural practices from different parts of Kenya, creating what Gatuira in Ngugi's *Devil on the Cross* (1982) envisions as a hybrid, inter-ethnic text "that expresses the soul and aspirations and dreams of our nation."

evan.mwangi@facebook.com

“

It was better while we waited. Now we have nothing to look forward to. We have killed our past and are busy killing the future.”

Mosese, a character in Imbuga's *Betrayal in the City*



TREND | Walking pieces of art can be seen on the streets of Nairobi

# Tattoos now all the rage among young Kenyans

Both men and women are fixated with the idea of self-expression through layers of ink

BY SUSAN KAIRU  
suekairu24@gmail.com

They are walking pieces of art. Bodies covered in drawings, young men and women all over the world are today fixated with the idea of self-expression through a form of art known as tattooing.

The art form has caught on in Kenya, with several tattoo parlours springing up in the country. Anthony Jones "Buju" is one such artist. He is based at Buju Sanii Art Studio in Thika town.

"Though tattoos can be drawn on virtually any part of the body, most clients prefer the upper arm," says Buju. Other common areas are the chest, back and neck.

People ask for various types in-

cluding tribal markings, 3D, religious wording, Polynesian/Maori, oriental and fantasy tattoos, he says. Dragons and koi fish are examples of oriental tattoos.

So, why do people choose to be tattooed? "Some people are tattooed to remember events in their lives; others get them to remember loved ones while others do it for fun," says Isaac Yienya, a tattooist at Wayside Body Adornment Tattoos and Piercings at Kenya Cinema in Nairobi.

For many years, tattoos were the preserve of sailors, criminal gangs and bikers, but not any more. Nowadays, any adult can walk into a tattoo parlour and get any drawing he wishes.

Though the process is simple, caution must be taken. If one has a medical condition such as diabetes, heart disease or allergies, a visit to the doctor first is advisable.

Buju's assistant, Ann, explains the procedure: "First, the image is printed or drawn on paper. Later, it is placed above spirit paper and after the client's skin is cleaned with surgical spirit, the paper is placed on the area to be



Tattoo artist Anthony Jones 'Buju' works on a client in his studio in Thika town. More Kenyans are opting to adorn their skins with such permanent decorations.

PHOTO | COURTESY

tattooed. The image appears on the skin in a bluish colour and the artist is then able to make the drawing."

Clients are advised to avoid submerging the tattoo in water for 10 days, though a shower is fine.

The cost of tattoos depends on size and complexity. They can cost anything from Sh2,500 to Sh100,000.

Buju and Isaac are strict on age restrictions and do not tattoo anyone below 18 unless accompanied by a parent or guardian.

Buju says most children he tattooed are from the Asian community and are always accompanied by their parents. His youngest client was 14.

As different as the tattoos are in

design, so are their meaning. The koi fish, for example, symbolises strength, wealth and prosperity. Snakes and skulls are the subject of controversy.

Due to varied perceptions, most Kenyans, particularly older ones, discourage tattooing. Nineteen-year-old Danielson, for instance, successfully hid his tattoo for a long time but his luck ran out when his father spotted it as he emerged from the shower.

"He was mad and wanted to know who had permitted me," he says.

Religious beliefs also come into play. Sheila, a 12-year-old Christian, believes in the Bible verse: "You shall not make any cuttings in your flesh on account of the dead or tattoo any

marks upon you: I am the Lord" (Leviticus 19:28).

Prof Karega Munene, an anthropologist and lecturer at United States International University, sees tattoos as "body art that has the ability to communicate." He says they are just like clothes and can communicate rebellion, power and one's way of life.

Removing a tattoo can be difficult, depending on its age, size as well as the types and colour of ink. Laser removal is the preferred method, but can last months and costs much more than the tattoo.

It is thus advisable that one thinks hard before getting a tattoo on a specific body part.

66

Though tattoos can be drawn on virtually any part of the body, most clients prefer the upper arm"

Anthony Jones  
'Buju'

## Election 2013

**SPECIAL PULL OUT**

Kenya will be conducting its 5th multiparty General Election on **March 4, 2013**. The election will be special because it will be held under a new Constitution that radically changes the country's governance through devolution.

The **Daily Nation** newspaper & Web site will launch special election coverage with a bumper issue on **Thursday, November 15, 2012** focusing on 12 key issues, including the **economy, security, education, health and Kenya's position and role in East Africa and Africa**.

Since your institution continues to play a significant role in Kenya's 2013 election, we invite you to participate in this supplement and inform millions of Kenyans locally, in the diaspora & on social media about your political/constitutional/educational message.

Please contact our project coordinators:  
**Wycliffe 0722 708 969**      **Collins 0728 407 954**  
**Catherine 0751 580 850**      **Ann 0728 856 228**  
**Bakari 0722 704 930**      **Stephen 0721 353 566**



# Energizing Kenya Shoulder to Shoulder! Hongera!

Kenya Pipeline Company  
congratulates the Geothermal  
Development Company on their  
achievement of ISO 9001:2008  
certification.



## BUSINESS SCHOOLS IN KENYA

### Special Feature

Daily Nation issue of 14<sup>th</sup> November 2012 will publish a special feature focusing on reputable business schools in Kenya. The feature will highlight the following among others;

- A general overview of the business schools in Kenya
- Reputable Colleges that offer business courses
- Minimum requirement for business degree courses
- Factors to consider when choosing an institution
- Education Policy formulation
- Public accounting firms and other private institution

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(A Constituent College of Egerton University)  
OFFICE OF THE PRINCIPAL

### A. TENDER NOTICE

Laikipia University College invites sealed Tenders from eligible bidders for the following tenders.

#### i. TENDER NO: LUC/06/2012-2013: PROPOSED IMPROVEMENT OF ACCESS ROADS TO LAIKIPIA UNIVERSITY COLLEGE (TENDER FEE KES. 5,000)

Interested bidders should note that only those meeting the criteria indicated below as a minimum, supported by relevant documents at submission will be considered for evaluation.

- Proof of works of similar magnitude and complexity undertaken in the last five years.
- The bid bond in form of Bank Guarantee from a reputable Bank or approved Insurance Firm of 5% of the Tender sum.
- Adequate equipment and key personnel for the specified types of works.
- Sound financial standing and adequate access to bank credit lines.
- Litigation history of the company (both court and arbitration cases).
- Duly signed confidential business questionnaire.
- Tax Compliance.
- Registration by Ministry of Roads Class G and above.

Further, the following tenders shall be treated as non-responsive and therefore subject to automatic disqualification:

- A tender from the tenderer whose on-going project(s) is/are behind schedule and without an approved extension of time.
- A tender from the tenderer who has been served with a default notice on on-going project (s) or a tenderer who has been terminated in a Government contract in the past and has not been reinstated in the Register of Contracts.
- A Tender that is above or below by 10% of the official estimate.

#### ii. TENDER NO. LUC/07/2012-2014: PREQUALIFICATION FOR PROVISION OF LEGAL SERVICES. (RE-ADVERTISEMENT)-TENDER FEE KES.2,000

Interested and eligible candidates may inspect and obtain Tender Documents from Procurement Department at Laikipia University College Main Campus – located along the Nyahururu – Nakuru road upon payment of a Non-Refundable Fee as indicated.

Sealed Tenders accompanied by duly completed forms and security bond as specified in the Tender Documents, in plain sealed envelopes indicating the Tender Number and the Tender Name, without identifying the bidder should be addressed to:-

The Principal  
Laikipia University College  
P. O. Box 1100 – 20300  
NYAHURURU.

Or placed in the Tender Box at the Procurement Department, Laikipia University College so as to reach the College not later than **Thursday 29<sup>th</sup> November 2012. at 12:00 Noon.**

Bids will be opened immediately thereafter at the College Boardroom in the presence of bidders/their representatives who choose to attend.

### B. PUBLIC AUCTION: SALE OF FARM ANIMALS

Laikipia University College invites interested members of the public for the disposal of farm animals as follows:-

| LOT NO. | ASSET DESCRIPTION     | QUANTITY | CONDITION    |
|---------|-----------------------|----------|--------------|
| LOT 001 | Lactating cows        | 17       | Sold per cow |
| LOT 002 | In-calf Heifers       | 2        | Sold per cow |
| LOT 003 | Bulling Heifers       | 18       | Sold per cow |
| LOT 004 | Yearling Heifers      | 10       | Sold per cow |
| LOT 005 | Weaner heifer calves  | 6        | Sold per cow |
| LOT 006 | Heifer calves in-milk | 7        | Sold per cow |
| LOT 007 | Weaner bull calves    | 9        | Sold per cow |
| LOT 008 | Bull calves in-milk   | 3        | Sold per cow |
| LOT 009 | Dry cows: in-calf     | 5        | Sold per cow |
| -       | Dry cow: not in-calf  | 1        | Sold per cow |

The Auction is scheduled for **Friday 23<sup>rd</sup> November, 2012 at 10.00am.**

Catalogue giving full details of the biological assets to be auctioned may be obtained on viewing days from the Procurement Office, Laikipia University College upon payment of a non-refundable fee of **Kshs. 500.00** payable at the College **Cash Office** or deposit the amount in the **University Account No. KCB-110261683 Nyahururu Branch** and download the catalogue from the University website ([www.laikipia.ac.ke](http://www.laikipia.ac.ke))

- The animals can be viewed from **Monday 12<sup>th</sup> November, 2012** starting from 9.00am to 4.00pm at Laikipia University College.
- All successful bidders must pay 10% deposit of their bid at the fall of the hammer and the remaining balance within 14 days failure to which the award will be cancelled and deposit forfeited.

All the assets will be sold subject to the reserve prices.

### C. JOB VACANCIES

Laikipia University College, a constituent College of Egerton, invites applications from suitably qualified individuals to fill the following positions:-

- Senior Procurement Officer II ( Re-Advertisement ) -GRADE 12 -LUC/AD/7
- Procurement Assistant II -GRADE5 -LUC/AD/8
- Assistant Estates Manager( Re-Advertisement) -GRADE12 -LUC/AD/9

\*Those who had applied earlier need not to apply

More information on the posts and mode of application can be found on the University Website [www.laikipia.ac.ke](http://www.laikipia.ac.ke).

**Deadline for application is 21<sup>st</sup> November, 2012**

Applications should be addressed to:

The Principal  
Laikipia University College  
P. O. Box 1100-20300  
NYAHURURU – Kenya

### D. ACADEMIC AND RESEARCH DIVISION

- All prospective graduands for the 7<sup>th</sup> December 2012 ceremony should clear fee balances and check their names spelling and sequence on the LUC website.
- The December 2012 School-based session commences on 26<sup>th</sup> November 2012 and ends with examinations from 19<sup>th</sup> to 22<sup>nd</sup> December 2012.



# The scene

Entertainment, night life and society

## TABU LEY RETURNS TO KINSHASA

Veteran musician Tabu Ley who has been recuperating in Europe from a stroke he suffered four years ago, is expected back in Kinshasa today for a week-long festival to mark his 72nd birthday.



**THEATRE REVIEW |** ‘Wanawake Heri wa Windsor’ features some of the best local actors

# Shakespeare’s Kiswahili play on tour of India

Kenyan theatre group landed invite after impressive show during the London Olympics

**BY MARGARETTA WA GACHERU**  
margacheru@gmail.com

It is conceivable that Shakespeare had never been quite as accessible to Kenyan theatre-goers as when the Bard’s colourful comedy, *The Merry Wives of Windsor*, was translated into Kiswahili as *Wanawake wa Heri wa Windsor*. It was staged at Kenya Cultural Centre’s Ukumbi Ndogo by The Theatre Company last Sunday. Billed as the “Preview Show” prior to TTC’s departure on its first tour of India, *Wanawake*’s accessibility was partly due to language, as Kiswahili is the mother tongue of many Kenyans, and partly due to the comedic character of the slapstick performance by the nimble-footed Kenyan cast – which included Tanzanian Mrisho Mpoti, who played the lead role of Sir John Falstaff with gusto and gregarious charm. Set in the present day in the small

town of Windsor, in Windsor County, what also contributed to audience appreciation of the play (which is more than 500 years old, having been scripted around 1602) was the sheer physicality of the production. According to the show’s London-based director Daniel Goldman, the focus on physical comedy was intentional and something he and the cast worked long hours to perfect. “We wanted to make sure that audiences who didn’t speak Swahili would understand the play,” said Goldman, who admits his own Swahili vocabulary doesn’t exceed 20 words at most. But being a seasoned director of Shakespeare’s plays and also having studied physical theatre for several years at L’Ecole Jacques Lecaq in Paris, his special affinity for the Bard’s comedies made him a perfect pick for directing a show destined for its premier performance at the Globe Theatre in the UK. *Wanawake wa Heri wa Windsor* went over very well during the “Globe to Globe” Cultural Olympics, which was held in London shortly before the 2012 London Olympics, between April and June. So well, in fact that the



COURTESY | NATION

The Theatre Company cast performing *Wanawake wa Heri wa Windsor*, a translation of Shakespeare’s *The Merry Wives of Windsor*, in London in August 2012. The Theatre Company is currently performing the play on a tour of India.

*Guardian* newspaper’s theatre critic Andrew Gilchrist gave it five stars and pronounced it “visually intoxicating” and “slapstick ... tinged with genius” which was “must-see” theatre! The Theatre Company only gave two performances of the play in UK, but they were so impressive that one Indian theatre company that watched it invited TTC to visit the sub-continent and perform *Wanawake* at

several venues this month. The troupe left Kenya straight after their Sunday KCC show. Showcasing some of Kenya’s finest actors, what was clear during the TTC matinee was that there was genuine chemistry between Goldman and the East African cast, which gave a seamless performance providing hilarity non-stop. Steeped in sarcasm and sexual innuendo, it’s the story of Sir John Falstaff’s failed seduction of two merry wives (Kitt Nyangaya and Veronica Waceke), who discover early on in the comedy that Falstaff is a silly rogue and fortune hunter who would shamelessly seduce married women for the sport and the spoils from it. And, as is typical of Shakespeare’s style, there are several sub-plots interwoven in the play, making it a medley of merriment performed by eight enchanting actors who perform no less than 21 roles in total. TTC will be back in Kenya in two weeks, and will stage *Wanawake* several times around the countryside. May I recommend that everyone who’s up for a good laugh go and see the show.

### UPCOMING EVENTS

## FCA plans to stage new play

The Festival of the Creative Arts will stage Eric Chappell’s *It Can Damage Your Health* next week-end at Alliance Francaise. It is directed by Mbeki Mwalimu and Derrick Amunga and produced by Abuto Eliud. The same week-end, the Lamu Cultural Festival is taking off and promising to be one of best coastal festivals yet.



# School takes award-winning act to the public

**BY ANTHONY NJAGI**  
anjagi@ke.nationmedia.com

Many fantastic plays have been staged at the annual Kenya Schools and Colleges Drama Festivals over the years. Kenyans, however, never get the chance to watch these plays unless they attend the festivals. To ensure their message reaches a wider audience, Karima Girls High School of Nyandarua County

has opted to stage their plays to the public. The school presented a play that was second in the national championships. School principal Catherine Irungu and her two directors, Daniel Wahungu and Russel Gichuru, are on a mission to nurture their girls’ talent. The school recently hosted an open drama day where students presented an array of plays, oral

narratives, dances and poems. All of them were planned, directed and acted by students. Their main play for the day, *The School Toilet*, depicts the shenanigans in some schools. The play is about a school chaplain who impregnates students. Being an influential and monied man, he pays the school nurse to procure abortions. The scandal is revealed despite powerful forces trying to cover it up. In short, evil is

exposed and the perpetrators shown that what is done in the dark will always come to light. *The School Toilet* was written by Sylvia Muthoni, a Form 3 student. Muthoni said she wanted to expose what teenagers like her go through. “These things happen, but no one wants to talk about them,” said Muthoni, who also directed the play. Principal Irungu said drama activity had helped many students to better their grades.

## BRIEFLY

**TODAY**  
**OBAMA-KOGALO NIGHT**  
A special night for Gor Mahia FC fans (K’Ogalo), to double as a Kenyan victory party for US President **Barack Obama**, will be held tonight at the Deep West Resort Club in Nairobi. Ohangla sensation **Osogo Winyo** and rumba band Super Limpopo featuring **Milly Fedha**, will entertain revellers at the spot. The show starts at 6pm. Entry will be Sh300.

**NYS CAMPUS NIGHT**  
A special Campus Night is on today at the National Youth Service, Engineering Institute in Nairobi. The event, dedicated to students at the institute, will feature performances by **Kimdanny** and **Anita**, among others. The show will start from 4pm till late night. Entrance is Sh500. Meanwhile, the Alliance Francaise in Nairobi will today host the “Faceion Show” featuring models from 12pm.

**RUMBA SISTERS IN MOMBASA**  
Rumba fans in Mombasa can team up every Friday for shows at the Palm City Gardens featuring shows by the Keco International Band led by **Evelyn Nambulanda Opiyo**. She teams up with **Leah Mang’are** and **Carolyn Gumo** in the all ladies singing trio. The trio performs cover versions of tracks by Congolese musicians.

**BEST OF EVENING AT TAMASHA**  
Disco fans in Machakos can team up this evening for the best of the weekend evening at the newly-launched Tamasha Chakos along Ngei Road in Machakos town. The event, with the county’s best mix-master DJ Nixon, will feature the best old school, benga and local mixes. Party never stops at Tamasha Chakos is the slogan of the venue.

**MIKE RUA SHOW IN NAIROBI**  
Popular one-man guitarist **Mike Rua** will tonight perform during a Mugithi special show at the Blue Hut Club in Park Road, Nairobi. During the show the best dressed couples will win special gifts. Rua is known for his stage antics as he does both his compositions alongside those of others. Tonight’s show will start at 7pm till dawn.

**KIDUM IN NAKURU**  
Love ballads crooner **Kidum** will be the toast tonight during a music extravaganza at the Twittas Spot in Nakuru. Kidum who is known for some of his songs like *Haturudi Nyuma* (featuring **Juliana Kanyamozzi**) and *Nitafanya* (featuring **Jaydee**) is set for 7pm. Entrance fees is Sh300. Meanwhile, the Club Dimples also in Nakuru, with host the “Dimples Hit Parade” show this evening from 8pm.

**NOVEMBER 17**  
**THE MINGLE FIRST ANNIVERSARY**  
The popular social networking The Mingle event will be celebrating its first anniversary next Saturday at Impala Grounds in Nairobi. The event, to start from 10am to 10pm, is a fun networking event for young professionals and business owners aged 25 and above. It incorporates games and fun activities. The host is **Martin Kariuki** and on the decks from New York VJ One, and from Kenya DJ Stylez, Kriss Darlin, Cheek-O, Purpl.

angaira@ke.nationmedia.com



JAH CURE REGGAE STAR CONCERT

Jamaican reggae star Jah Cure of the *Call On Me* fame will perform at the Kasarani gymnasium in Nairobi on December 1. The show, to also feature Kenyan artistes, is organised by Big Tunes Live.



MBILIA BEL HOSPITALISED

Congolese songbird Mbilia Bel is in hospital in Kinshasa with a stomach and mild back ailment. The singer, to be discharged today, will take a month's break from live performances.



**SOCIETY** | Irish musical group Toccata visit British High Commissioner as Orient Insurance rewards its top salesmen

British band visits envoy as firm fetes its top agents



Members of Irish music band Toccata during the Tumaini 2012 Wings of Hope performance at Visa Oshwal Cultural Centre in Nairobi. The group also visited the British High Commissioner to Kenya, Dr Christian Turner.

Kenya Orient Insurance Company last Saturday feted its top insurance agents at a party in Kitengela. More than 150 agents attended. Also in attendance was the Kenya Orient board chairman Julius Muya and the company managing director Muema Muindi. Meanwhile, members of Irish band Toccata visited the British High Commissioner at his residence in Nairobi last week. The band also performed at the Visa Oshwal Cultural Centre at the Tumaini 2012 Wings of Hope music concert.

PICTURES | EMMA NZIOKA



1. Insurance agents fill up their plates at the Kenya Orient party held for them in Kitengela. 2. Kenya Orient Insurance chairman Julius Muya and customer service manager Mariam Ahmed. 3. The Weavers band perform for guests.





MIGAA

Explore Life!



**Chestnut**

Join us in celebrating the launch of Chestnut on Sunday 11th November. 2012 starting at 10.00 am

The Chestnut is a community within Migaa that consists of 500sqm stands. The stands are a perfect option for young families. As more and new home owners are seeking an entry to home ownership, Chestnut is the ideal address that outclasses many other options.

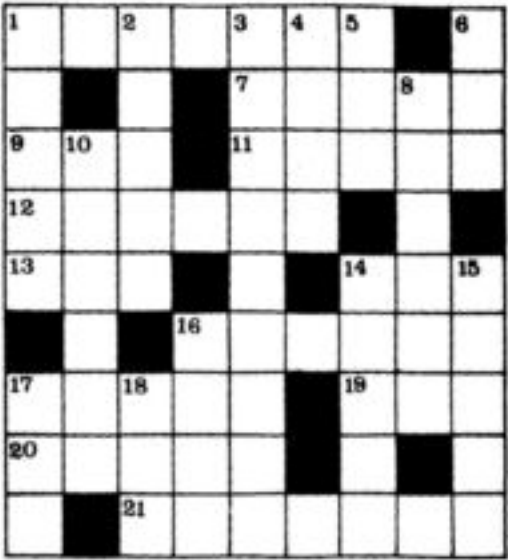
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SIMPLE CROSSWORD

- ACROSS**
- 1. The act of pulling a load by a vehicle or animal
  - 7. To lift
  - 9. To be indebted to someone for something
  - 11. A sharp ridge of a hill or mountain
  - 12. Public procession usually with band music
  - 13. To pose for a picture
  - 14. To droop
  - 16. Of a woman, having a small trim figure
  - 17. To study
  - 19. Escaped
  - 20. Slang or jargon peculiar to a group
  - 21. Immaterial or spiritual entity
- DOWN**
- 1. Small spherical masses of liquid as for applying to the eyes
  - 2. To ward off
  - 3. Road or railway inclines
  - 4. A rodent similar to but smaller than a rabbit
  - 5. A cravat
  - 6. Tiny



- 8. Layers as of rocks or earth
- 10. A person who serves at a table
- 14. A device for producing a loud wailing sound for warning
- 15. Literary sort
- 16. Arguments in favour of
- 17. To beat or thrash
- 18. To grow oldmilk etc.

- ACROSS**
- 2. Dignity
  - 8. Noun
  - 9. Aloe
  - 10. Starlit
  - 11. Upto
  - 13. Lay
  - 14. Gem
  - 17. Lode
  - 18. Malaria
  - 20. Icon
  - 21. Elan
  - 22. Detains
- DOWN**
- 1. Annul
  - 2. Dusty
  - 3. Into
  - 4. Nark
  - 5. Ill
  - 6. Toiled
  - 7. Yet
  - 12. Palace
  - 14. Goals
  - 15. Means
  - 16. Tana
  - 17. Lien
  - 18. Mid
  - 19. Lot

SUDOKU

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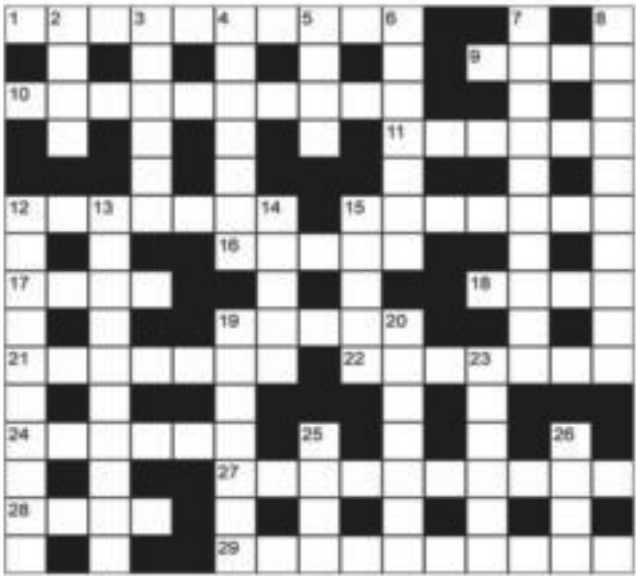


YESTERDAY'S SOLUTION



COMPLEX CROSSWORD

- ACROSS**
- 1 Clean motor off to get set for a rally? (5,5)
  - 9 It produces high sound if turned up (2-2)
  - 10 The greatest amount of pride? (5,5)
  - 11 Office workers go to a Scottish island (6)
  - 12 Methods intended to avoid betting slips? (7)
  - 15 One's young and in form (7)
  - 16 Many wager on the return of this ship (5)
  - 17 A girl is after one, right? (4)
  - 18 African menagerie's toilet, say? (4)
  - 19 Exhaust advice on employment of umbrellas (3,2)
  - 21 Rude and very Scottish sort of hut (7)
  - 22 Tragically be match for a Shakespearean hero (7)
  - 24 Gold glow of chestnut (6)
  - 27 The tears we shed for a loved one (10)
  - 28 Make an impression as an artist (4)
  - 29 I tell tutor about one spreading rubbish (6,4)
- DOWN**
- 2 Party rising in power in old Scandinavia (4)
  - 3 Money box of very poor quality? (3-3)
  - 4 Regular habits and duties (7)
  - 5 Old Spanish coin about a pound (4)
  - 6 The easiest dance to learn? (3-4)



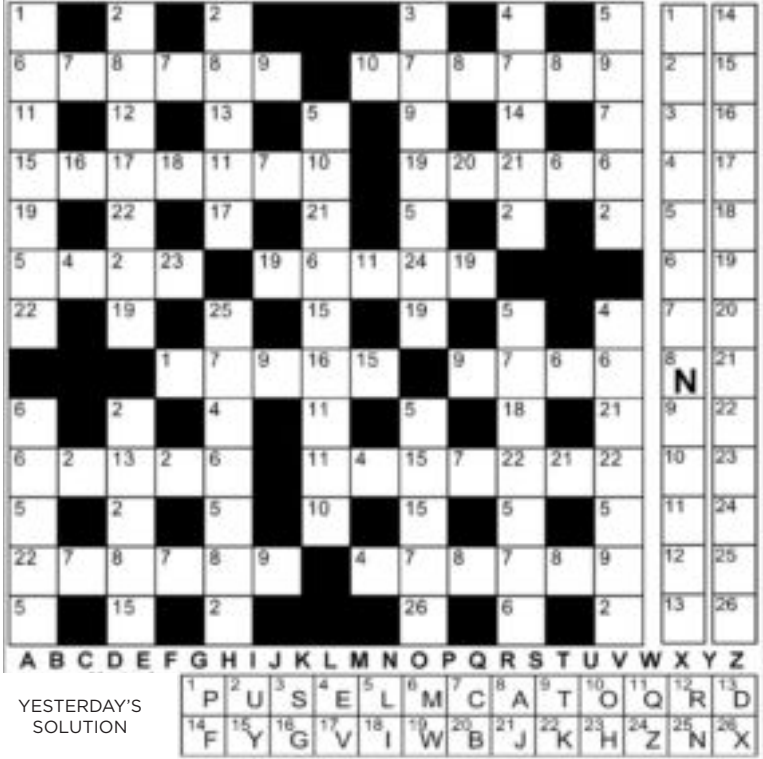
- 7 It's more fun tussling in adversity (10)
- 8 A money-making contact (5,5)
- 12 Let us admit becoming excited (10)
- 13 Return to a fairground attraction? (10)
- 14 Cut Sophia Loren's initials on a tree (5)
- 15 A substitute for healing, perhaps (5)

- 19 Pan, you sound unusually silent (7)
- 20 Handy place for a painter to mix his colours (7)
- 23 Just happened to be wicked (6)
- 25 Note the amphibian is adroit (4)
- 26 Some favour Dutch as a language (4)

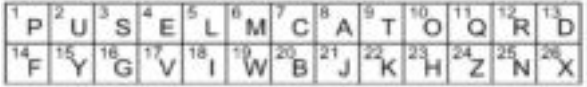
- YESTERDAY'S SOLUTION**
- ACROSS**
- 1 Hacksaw
  - 5 Jackass
  - 9 Ruler
  - 10 Gatecrash
  - 11 Shotputter
  - 12 Weed
  - 14 Run Of The Mill
  - 18 Philandering
  - 21 Lied
  - 22 Investment
  - 25 Abstainer
  - 26 Luigi
  - 27 Eyesore
  - 28 Tasting
- DOWN**
- 1 Heresy
  - 2 Callow
  - 3 Scriptural
  - 4 Wight
  - 5 Jet Setter
  - 6 Coco
  - 7 Academia
  - 8 Schedule
  - 13 Beanstalks
  - 15 Ordinance
  - 16 Spillage
  - 17 Licensee
  - 19 Gemini
  - 20 String
  - 23 Egret
  - 24 Sago

CODEWORD

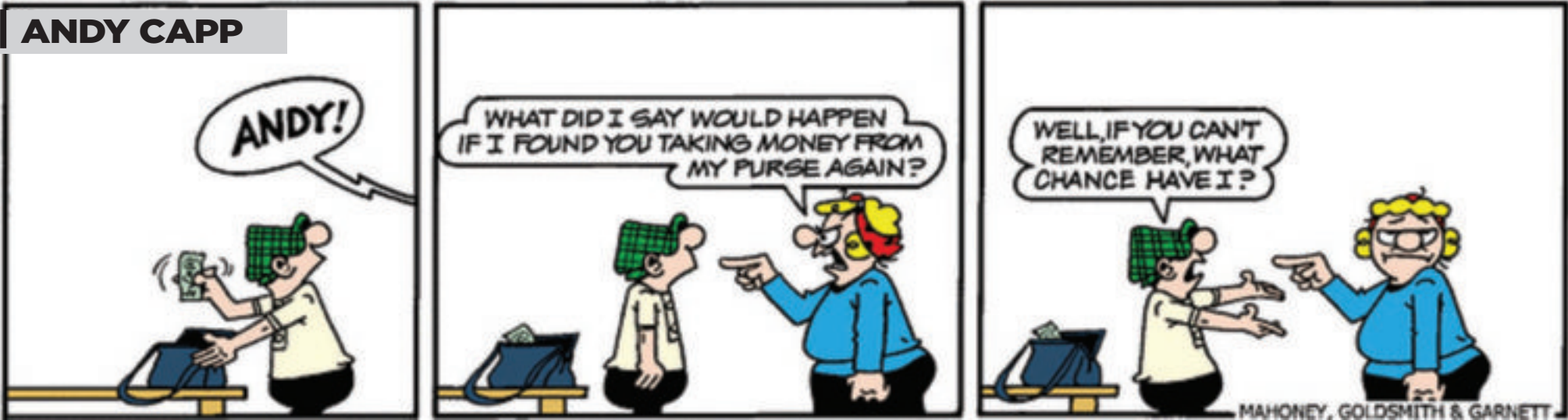
Each number in our Codeword grid represents a different letter of the alphabet. For example, today 8 represents N so fill in N every time the figure 8 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares. As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the list of alphabetical letters as you identify them.



YESTERDAY'S SOLUTION



ANDY CAPP







6:00am  
One Cubed

7:00am  
Cartoon  
Network

8:00am  
Flying  
House

8:30am  
Supa  
Strikas

9:00am  
Generation 3

10:00am  
Super  
Book

11:00am  
Teen Republik

1:00pm  
NTV at 1

1:30pm  
Property  
Show

2:00pm  
Cross Over  
Chart Show

5:00pm  
Samantha  
Bridal Show

6:00pm  
Cohesion  
Quest

7:00pm  
Jarida La  
Jimbo

8:00pm  
Irrational  
Heart

9:00pm  
County  
Edition

10:00pm  
The Hostel

10:30pm  
Movie: Silver  
Wolf

12:30am  
TCM

TREAT OF THE DAY



THE HOSTEL 10:00PM

They say three's a crowd and Bro Matthew, Hope, Bro. John and Crystal are going to realize that it can get pretty awkward having your ex and your present at lunch.Gilo is onto Jessica but what does he know for sure? Makona and Tito have an interesting chat.

TODAY'S HIGHLIGHT

IRRATIONAL HEART 8:00PM

MOVIE : SILVER WOLF 10:30PM



6:00am Sifa

7:00am Siloam

7:30am Sifa

8:00am Neno

8:30am Rudicci Herbal

9:00am Kamusi Ya Changamka

11:00am Mwana Spoti

12:00pm Toleo La Mchana

12:30pm Face to Face

1:00pm Bunge La Wazalendo

1:30pm Pambazo

2:00pm Shaolin Kung Fu Kicks

4:00pm Vipasho

4:05pm Mahewa

5:00pm Vipasho

5:05pm Gospel Medallion

5:15pm The Lord of the Rain

7:30pm Karibu Customer

8:00pm Toleo La Jioni

8:30pm I-seme

9:00pm WWE: Bottomline

10:00pm Final Marriage

11:30pm Gozomo

01:30am Mahewa

02:00am Sakata Rumba

02:30am Storm is Over

04:00am Al-Jazeera

TELEVISION

CITIZEN TV

6:00 Turning Point  
6:30 3 ABN Aerobics  
7:00 Know Zone Omnibus  
8:00 Knowzone 6  
9:00 Wedding Show - Omnibus  
11:00 Great Debate Contest  
11:30 Xtream Request Live  
:00 Live At 1  
1:30 Doc/Fresh Popcorns  
2:30 Trace Music  
4:30 Action Time  
6:30 Kenya Kona  
7:00 Citizen Nipashe  
7:30 Naswa  
8:00 Eva Luna  
9:00 Citizen News  
10:00 Pasion Morena  
11:00 Afrodizzia  
01:00 Al jazeeera TV

KTN TV

6:30 CNN 8:30 Club Kiboko 10:30 Majority Rules 11:00 Off Da Hook 12:30 Africa Journal 1:00 Lunch Time News 1:25 Motorworld 2:00 Sports Final 4:00 Mbiu ya KTN 4:10 Daniela Omnibus . 5:00 Just for laughs 5:05 Survivor 6:00 Survivor 6:55 KTN Leo 8:05 Curse By the Sea 9:00 KTN Weekend Prime 10:05 00 Box Office Movie 11:45 CNN

SUPERSPORT 1

01:00 Golf - 02:00 Golfing World. 05:30 Boxing KOTV. 06:00 Fishing - Saltwater. 07:00 School Sport - Classic Clashes. 08:00 Horseracing . 08:30 Rugby 10:30 Rugby 1

:45 Rugby 8:00 World of Sport. 8:45 Boxing - Bongani . 12:00 Rugby Highlights. 12:30 Sevens Rugby.

ZONE REALITY -DSTV

07:10 Vanity Insanity  
08:00 Animal Miracles  
09:00 Crime And Justice  
10:00 Spy  
11:00 Half Ton Dad  
12:00 Women Docs  
02:00 Accident Investigator  
03:00 Medical Emergency  
05:00 The Force  
07:00 Paramedics  
08:00 Spy  
09:00 Crime And Justice  
10:00 Dallas DNA  
11:00 Body Of Evidence  
12:00 Crime Stories

KBC TV

05.00 BBC World News  
7.00 Fire Ministries  
7.30 Miracle in the Villagei  
8.00 Neno Litakuweka huru  
8.30 Jesus is Comng  
8.45 Nguvu za Miugiza  
9.00 Jesus Winner  
9.30 Sunrise Avenue  
10.30 Flipper 11.00 Angaza Live  
1.00 KBC Lunchtime News  
1.30 Legends 2.00 Gameover  
3.00 TPL -Live 5.00 Art and Culture  
6.00 Expressions  
7.00 Taarifa 7.30 Pasua  
8.00 Vyoco Vyakula Vyetu  
8.30 Hila 9.00 KBC News  
9.45 Lexx  
10.30 Weekend Movie  
11.30 Club 1  
12.30 BBC World News

CINEMA » SMS MOVIES TO 6667 TO RECEIVE MOBILE MOVIE ALERTS AT 10/- PER ALERT

NAIROBI

FOX CINEPLEX-SARIT CENTRE

SCREEN I

"FINDING NEMO" (IN 3D) (G/E)  
11.30AM, 2PM  
"SPARKLE" (P/G)  
4PM  
"HIT & RUN" (TBA)  
6PM  
"STUDENT OF THE YEAR" (G/E)  
9PM  
SCREEN II  
"SKYFALL" (U/16)  
11.25AM, 2.50PM, 6PM, 8.50PM  
FOX CAPITAL  
SCREEN I  
"BOURNE LEGACY" (U/16)  
11.30AM, 6PM  
"SPARKLE" (P/G)  
2PM, 4PM  
"OH MY GOD" (G/E)  
8.40PM  
SCREEN II

"SKYFALL" (U/16)  
11.50AM, 2.50PM, 6PM, 8.50PM  
PLANET MEDIA CINEMAS - WESTGATE  
SCREEN I  
"STUDENT OF THE YEAR" (P/G)  
11.40AM, 2.40PM, 5.40PM, 8.40PM  
SCREEN II  
"CHAKRAVYUH" (TBA)  
11.50AM, 2.50PM, 5.50PM, 8.50PM  
SCREEN III  
"LUV SHUV TEY" (TBA)  
10.10AM, 12.10PM, 3.40PM, 6.30PM, 9.10PM  
SCREEN IV  
"SKYFALL" (16)  
12.30PM, 3.20PM, 6.10PM, 9PM  
SCREEN V  
"TAKEN 2" (16)  
5.40PM, 7.30PM, 9.20PM  
"STEP UP 4" (P/G)  
11.40AM, 1.40PM, 3.40PM  
SCREEN VI  
"NAIROBI HALF LIFE" (16)

3.30PM, 7.20PM  
"RESIDENT EVIL" (16)  
11AM, 1.10PM, 5.10PM, 9.10PM  
STARFLIX CINEMAS-VILLAGE MARKET  
SCREEN I  
"SKYFALL"  
12.30PM, 3.15PM, 6.15PM, 9PM  
SCREEN II  
"BOURNE LEGACY"  
12.45PM, 3.45PM, 6.30PM, 9.15PM  
SCREEN III  
"BRAVE"  
11.30AM, 4PM  
"TOTAL RECALL"  
1.30PM, 6.20PM, 8.45PM  
STARFLIX CINEMAS-PRESTIGE PLAZA, NGONG ROAD  
SCREEN I  
"ICE AGE 4: CONTINENTAL DRIFT"  
11.30AM  
"SKY FALL"  
1PM, 3.45PM, 6.30PM, 9.15PM

SCREEN II  
"ICE AGE 4: CONTINENTAL DRIFT" 1.30PM  
"SAVAGES"  
3.30PM, 6PM, 8.30PM  
STARFLIX CINEMAS-MEGA KISUMU  
SCREEN I  
"SAFE" 12.30PM, 4.45PM, 9.30PM  
"TO ROME WITH LOVE"  
2.30PM, 7PM  
SCREEN II  
"LOL" 12.15PM, 2.15PM, 5.15PM, 8.15PM  
CENTURY CINEMAX JUNCTION, NGONG ROAD  
SCREEN I  
"HIT& RUN" (TBA)  
11AM, 1.25PM, 3.45PM, 6.15PM, 8.45PM  
SCREEN II  
""NAIROBI HALF LIFE" (U/16)  
11.45AM, 2PM, 4.15PM, 6.30PM, 9PM

SCREEN III  
"BRAVE" (G/E)  
10.30AM, 12.40PM  
"TAKEN 2 (U/16)  
3PM, 6PM, 9PM  
SCREEN IV  
"SKYFALL" (U/16)  
12PM, 3PM, 6PM, 9PM  
IMAX XX CENTURY CINEMAS, 20TH CENTURY PLAZA  
"SKYFALL 2D" 9:30 AM, 12:20 PM, 3:10 PM, 6:00 PM, 8:50 PM.  
11:30 PM

MOMBASA

NYALI CINEMAX-MOMBASA  
"NAIROBI HALF LIFE" 2.15PM  
"007 SKYFALL" 2.45PM, 6.30PM, 9.30PM  
"HIT& RUN" 6.45PM, 9PM  
"FINDING NEMO" (IN 3D) 4PM  
"STUDENT OF THE YEAR" 5.45PM  
"HIT& RUN" 9PM

YOUR STARS

**AQUARIUS (JAN 21-FEB 19)**  
It's certainly going to be an active day with your career and your role at work being highlighted. If you are experiencing frustration and obstacles where team work is concerned, you will know the light way to handle them on this particular day- impartial discussions will be particularly useful.

**PISCES (FEB 20-MAR 20)**  
An explosive individual seems to be influencing your thinking. It is a good time though to discuss long-range plans, not overlooking practical needs and limitations. Make sure that you keep to your personal goals and obligations or you will be unpopular at home.

**ARIES (MAR 21-APR 20)**  
You have a touch of magic about you today, which will be felt where work is concerned. Your originality will impress everyone around you and they will be anxious to help you out in any way they can. On a more personal level, you are attracting new friends, contacts and lovers like moths to a flame.

**TAURUS (APR 21- MAY 20)**  
Today you will be making some professional decisions. You will do so with a certain amount of penache, style and common sense. This evening an older person will be handling on some useful advice, whether you choose to listen or not is entirely up to you, but it might be a good idea to do so.

**GEMINI (MAY 21-JAN 21)**  
Your mental energy is certainly increased by the stars today. You may be drawn unexpectedly to witticisms and although you are more impulsive in speech than writing, this will be controllable. You have the ability to study and put long- made idea and plans into action.

**CANCER (JUN 22-JUL 22)**  
The stars today emphasize light-hearted and more enjoyable aspects of living when it comes to romance, you are ridiculously flirty, even if you do have a partner and if this is the case, there is sure to be tears before bedtime. Make sure that you grab the chance to discover a new aspect of your personality.

**LEO (JUL 23- AUG 22)**  
Wherever you go, other people seem to be gentle, creative and receptive to your hopes and wishes, so this is certainly the time for asking for one or two favours; they will be granted without a second thought. And if you are unattached, an invitation to a party should not be ignored.

**VIRGO (AUG 23-SEPT 23)**  
Try as you might, you simply can't pin others down to saying yes or no. Never mind, a pleasant good morning will have to do. The best thing to do is to keep yourself to yourself and wait for this mood to pass. Don't do anything important. Maybe what is commended soon will encourage you to soldier on.

**LIBRA (SEPT 24-OCT 23)**  
The stars are certainly livening up your relationships. The only problem is that certain loved ones will be hypersentive, so you will need to watch what you say and what you do, unless of course, you don't give a jot about cutting them to the quick. What is finally agreed before this day is over, could cost you plenty, but you will get off extremely lightly, as you will secretly know.

**SCORPIO (OCT 24-NOV 22)**  
The stars stir up a certain amount of insecurity and you are beginning to wonder whether somebody you rely on financially is going to be able to keep other end of the expenses. There is no point in worrying yourself into a nervous wreck, contract the person concerned, sit them down and have a good serious conversation.

**SAGITTARIUS (NOV 23- DEC 21)**  
It is quite possible that you may be tempted into eating or drinking more than you should; while some of you may get away with it, others may be causing a tragedy or at the very least finish up out of pocket.This evening a friendship has some wild ideas about cash, but don't be fooled into risking money that you can ill afford.

**CAPRICORN (DEC 22-JAN 20)**  
Possibly somebody will be interesting you in a new spare time activity, and you are wondering whether or not to take it more seriously at some point in the future. Give yourself time before coming to any kind of hasty conclusion; otherwise you may live to regret it. Any opportunity to make a fresh professional start should be grabbed with both hands.  
To receive NATIONmobile horoscopes on your mobile, SMS the Star you want, eg LEO to 6667 at 10/- above normal rates.



BreakTime

Fun and games for the young



SIMPLE SUDOKU

Fill in all the blank squares in the grids below with the correct numbers following the instructions given.

1 Fill in the blank squares in the grid with the numbers 1,2,3,4, so that every number appears only once in every row, every column and in each of the 2x2 squares.

2 Fill in the blank squares in the grid with the numbers 1,2,3,4,5,6 so that every number appears only once in every row, every column and in each of the 2x3 squares.

SOLUTIONS on facing page

|   |   |  |   |
|---|---|--|---|
| 2 | 4 |  | 1 |
| 1 |   |  | 2 |
| 3 |   |  |   |
|   |   |  | 3 |

|   |  |  |   |  |   |
|---|--|--|---|--|---|
| 4 |  |  | 1 |  | 5 |
| 5 |  |  | 6 |  | 2 |
| 2 |  |  | 3 |  | 4 |
| 1 |  |  | 4 |  | 3 |
| 6 |  |  | 5 |  | 1 |
| 3 |  |  | 2 |  | 6 |

JOIN THE DOTS

Join the dots and colour the picture





**Catch SHUJAAZ FM EVERY WEEKDAY @ 3:30 PM**

**NI JONGO LOVE**  
FOLLOW NI JONGOLOVE ON TWITTER & FACEBOOK

DOWNLOAD OR READER NA PHONE YAKO, ALAFU IPUSI NI CODE FICHA NA CAMERA YA PHONE YAKO

**MULIKA CAPTION**  
TUMIA DJ B THE FUNNIEST COMMENT UM-SHOW BOYIE ANASEMA NINI.

YOUR CAPTION HAS TO BE THE FUNNIEST NDISO U-WIN.

WACHA NI TEXT WA KWANZA NDYO NI SHINDA... SME NI S BOB-TU!

**SCRABBLE**  
CREATE A WORD USING THESE LETTERS.

**Z O R I H O N**

**SEND YOUR SCRABBLE ANSWER TO 3008 INCLUDING YOUR NAME, AGE AND LOCATION**

**LAST WEEK'S WINNER**  
ADRIAN KIKITAJI - 12 FEB - KAPSABI  
CAPTION - UMEAMEKEA NG'OMBE DOKUNJA WARD WA NIGHT-BURNING SCRABBLE - UNDEKOCK

**Q's WELL ANSWERED**  
ABIRIA: HIYO NI ACCIDENT?  
CONDA: HAPANA NI PERE AMBAJUA KIIPARK UPSIDE DOWN!

**MCHONGOANO**  
ATI SKIN YAKO NI CHAFU HADI CHAWA ZINASHIKWA NA HOMA!

**MONEY #29 MAKING IDEA**  
Idare ya kutary biwani ndio iki you cut now unatay na 90 then utakinda na 85 unakaa kumbe na 25 hapa nchi  
JORAM MWANGI

**SHENGE DICTIONARY:** CHAPASTUA - SURA BAYA, DANDI - CLOTHES, DANSE - POLICEMAN, DESPA - SPOON, DOBA - REGGAE MUSIC, DOGO - KIJANA, DONGA - RICH PERSON/BOSS, FYATU - CRAZY GIRLFRIEND

**Shujaaaz**

**3008**  
**DJ BOYIE**  
**@SHUJAAZ**  
**SHUJAAZ.TV**

## 2004 WAS A VERY GOOD YEAR



Catherine was a big fan of US televangelist Joyce Meyer. Whenever she had free time, she often listened to Joyce preaching on Family TV. Meyer was a strong and outspoken woman who had strong views

“Amen!” she shouted at her TV screen. She was linking Meyer’s message not just to her religious life but also to her determination to remain at the top of marathon running. The previous year, 2001, she had not only won the Boston Marathon, she had also set a world record during the Chicago Marathon.

**CONTINUES ON MONDAY**

**AFRICAN FABLES**

**The pigeon and a goblet**

by MWORIA MUCHINA

A thirsty pigeon saw a goblet of water painted on a wall..

She thought it was a real goblet..

She whirled towards it

The pigeon crashed against the wall

She broke her wings and fell on the ground

Moral: **Don't be overzealous for things you're not sure of**

The comic strip is presented in a 2x3 grid. The top-left panel shows a pigeon looking at a goblet of water painted on a wall. The top-right panel shows the pigeon thinking, with a thought bubble containing a goblet of water. The middle-left panel shows the pigeon flying towards the wall. The middle-right panel shows the pigeon crashing against the wall with a large 'CRASH!' sound effect. The bottom-left panel shows the pigeon on the ground with broken wings. The bottom-right panel shows the pigeon lying on the ground, with a large 'MORAL' text box at the bottom.

## SPOT THE DIFFERENCE



## QUIZ

1. What is the name of Pope Benedict XVI?
2. What material are nails made of?
3. What kind of mountain is Mt Elgon?
4. What do you call words that have the same meaning?
5. Which is the only mammal that can fly?
6. What do you call a field where rice is grown?
7. What is the currency of Russia?
8. Who is the head of the African Union?
9. Which is the Hindu festival of lights?
10. When do we celebrate Labour Day?

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 9 | 7 | 2 | 1 | 5 | 3 |
| 1 | 2 | 5 | 3 | 7 | 9 |
| 3 | 5 | 7 | 9 | 2 | 1 |
| 7 | 9 | 3 | 5 | 1 | 2 |
| 2 | 1 | 9 | 7 | 3 | 5 |
| 5 | 3 | 1 | 2 | 9 | 7 |

|   |   |   |   |
|---|---|---|---|
| 3 | 1 | 2 | 4 |
| 4 | 2 | 1 | 3 |
| 2 | 4 | 3 | 1 |
| 1 | 3 | 4 | 2 |

1. Joseph Ratzinger  
2. Keratin 3.  
Volcanic 4.  
Synonyms 5. Bat 6.  
Paddy 7. Ruble 8.  
President Yay! Bon!  
9. Diwali! 10. May 1st

**SUBODKU SOLUTIONS**



# Inside Track

A week is a long time in politics



## QUOTE OF THE WEEK

“As it has for more than two centuries, progress will come in fits and starts. It is not a straight line”

US President Barack Obama's acceptance speech

## BEHIND THE SCENES

### Something for MPs

A presidential hopeful is tired of coughing up colossal amounts of money for MPs allied to his party to attend party meetings or rallies. The vote is normally referred to as “fuel” and “security detail”. It ranges from Sh10,000 to Sh20,000 per event. On Tuesday, he was overheard complaining about such bills. A close aide said the politician wants MPs to give him a break as he prepares to finance his presidential campaign. He says he plans to drop the retinue of MPs in his public rallies.

### Tribal balance

The race for Kajiado's county seats is taking shape with tribal arithmetic at play again only a couple of months after the tribalised Kajiado North by-election. There is a deliberate attempt to cobble camps that cater for the interests of both the Kikuyu and Maasai communities. The newest camp has Dr David Nkidiyane as governor and the Kajiado North by-election Wiper Democratic Movement loser Solomon Kinyanjui as senator. “Yes, we are toying with such an arrangement,” confirmed a councillor at Ol Kejuado County Council.

## POLL OF THE WEEK

# 70pc

The percentage of Chinese women in employment, compared to 25 per cent Indian women, according to a Gallup poll.

# 25pc

The percentage of adults in India on full-time employment, a slight improvement from two years ago, according to a Gallup poll.

## Shunning the DPM

Deputy Prime Minister Musalia Mudavadi's campaign is facing a serious shortage of human resource capacity, both at the party secretariat and on the presidential campaign trail. There is concern that very few MPs accompany the DPM, and those who do are mostly from Western. The Mt Kenya MPs fear seeing their popularity dip. “Wale watu wanaenda na yeye hawana motisha kwa yeyote. Ni hafifu. (Those he is campaigning with



don't inspire anyone. They are weak),” said an aide. There is talk the face of his campaign will be forced to change in a few weeks to undo the latest lull.

**POLITICS UNUSUAL** | Waititu leads his formidable team in battle for party tickets in Nairobi

# Eastlands vs Westlands in TNA race



Three distinct camps have emerged in the cut-throat contest to capture The National Alliance tickets for Nairobi county in the 2013 General Election.

The three protagonists, however, all support Deputy Prime Minister Uhuru Kenyatta's bid for the presidency.

Team Eastlands is led by gubernatorial hopeful Embakasi MP Ferdinand Waititu. The team comprises aspirants from the current Embakasi, Kamukunji and Makadara constituencies.

Team Mbaru

has coalesced around stock exchange magnate Jimnah Mbaru. All the aspirants here are newcomers in politics.

The Third Force camp revolves around the chairman of the Nairobi Central Business District Association, Mr Timothy Muriuki.

Team Eastlands has already revealed its line-up. Led by Mr Waititu, it also has Nairobi lawyer Evans Ondiek as running mate. Theatric Makadara MP Gidion Mbuvi alias Mike Sonko is their senatorial candidate while nominated MP Rachel Shebesh is their designated women's representative. Former Kamukunji MP Simon Mbugua is the whip.

Mr Mbugua confirmed but declined to discuss the team's

strategy. “We are the real owners of Nairobi. When people talk of Nairobi problems, they are normally referring to Eastlands,” he said.

Team Mbaru, on the other hand, is toying with the idea of picking former Umoja councillor Mutinda Kavemba as the gubernatorial running mate as well as Embakasi politician Njuiri Kimaru as senator.

To counter Ms Shebesh, they have settled on Kasarani women's leader Wanjiku Mwangi. Former Sports minister Maina Kamanda backs the camp despite earlier acrimony between him and Mr Mbaru.

“He said he would prefer the Mbaru

team to Waititu's,” one of his veteran campaigners said. Kamukunji MP Yusuf Hassan might also join the camp.

Public Health minister Beth Mugo, who declared her interest for the senate last weekend, is yet to be identified with a camp, although Mr Muriuki's team has laid claim to her. She is a close relative of party leader Uhuru Kenyatta.



## Nicknames on ballot

What's in a name? Some TNA party hopefuls have been caught unawares by how far their nicknames have become popular with voters back home at the expense of their real names. At least three have now officially changed their names to ensure the nicknames will be on the ballot. They include Nyeri County Council chairman Martin Wachira Maina, whose father was Ken.

The TNA gubernatorial aspirant will now be Martin Maina Wachira Keen. Kieni parliamentary aspirant James Mathenge will now be James Mathenge Kanini Kega.

Kanini Kega (small but precious) was the name of his father's matatus. To ensure he is not mistaken by voters in South Imenti to be a Mr Muthuri who was a perennial loser in the area, Environmental expert Wilson Muthuri Murungi has changed to Kathuri Murungi. Talk of where names matter. Plus, their actions is perfectly legal



## BUILDING COALITIONS

# Hurdles facing the 'tea' date

The recent “tea date” between Deputy Prime Minister Musalia Mudavadi and Vice-President Kalonzo Musyoka is slowly crafting itself as a third force.

But the biggest dilemma facing the leading lights in the Wiper Democratic Movement and United Democratic Front is on who will step down for the other.

Key sources in their campaign confirm both men are under pressure from their supporters to go the whole hog.

The Musyoka team consider the VP as the senior partner while Mr Mudavadi will either be on the ballot or his goose will be cooked in his home region.

“Western Kenya has had enough of the vice-presidency. There is no excitement with the running-mate position,” a technocrat at the Mudavadi campaign

confided in the *Saturday Nation*.

The two politicians have been shunned by the major protagonists within ODM and TNA circles.

However, should push come to shove, the duo, a political scientist avers, can craft a very formidable third force.

“They come out as the clean guys in the race with a potential of selling a ticket that is not crisis-ridden,” says the professor.

The talks came after it was indicated that Mr Musyoka's team was considering a deal with Prime Minister Raila Odinga while Mr Mudavadi is said to be still within the radar of Uhuru Kenyatta and William Ruto.

Whether the “tea date” was a publicity stunt or a potential deal in the making has less than 30 days to prove itself.

## MEANWHILE IN 2007...

**Five years ago, the country was gearing up for the now infamous General Election. These were the political highlights this week:**

### ■ Campaign war chest

The big parties rolled out their campaign capacity with PNU team unveiling several choppers while ODM bought two and hired one. PNU had a fleet of four-wheel drive vehicles and both parties began using sophisticated communication gadgets. ODM Kenya admitted it was being dwarfed by its opponent on the campaign budgets and said it relied on goodwill.

### ■ Window of escape

Political parties struck a deal with the Electoral Commission of Ken-

ya where party nomination losers could still get a chance to vie using other parties. The deal was struck at Old Parliament Building after temperatures rose over the ability of the big parties to conduct free and fair primaries.

### ■ Direct flight

The Orange Democratic Movement issued 50 direct nominations to its key members, among them Pentagon members and party officials such as chairman Henry Kosgey and secretary general Anyang' Nyong'o. At the same time, PNU was grappling with affiliate parties where Narc Kenya demanded to be allowed to field its own candidates even as President Kibaki was meeting the coalition aspirants.

Stories by: Billy Muiruri and Julius Sigei



# WORLD



## SYRIA'S ASSAD DENIES WAR CRIMES ALLEGATIONS

President defends his regime and blames rebels for bloodshed **Page 32**

**UNDECLARED STATE** | Results yet to be announced four days after the election

# Obama campaign claims victory in Florida as vote count continues

Protracted process has evoked memories of the acrimonious 2000 election that was finally resolved by US Supreme Court

MIAMI, Friday

**U**S President Barack Obama's top aide in Florida said Democrats had won the vote in the officially undeclared Sunshine State, where officials are under fire for mishandling the ballot.

Obama in the end did not need the biggest swing state as he won enough states across the country to romp to a decisive electoral college victory in Tuesday's election, but his team believes they triumphed in any case.

"On behalf of Florida Democrats, I wish President Barack Obama congratulations on his re-election and on winning Florida's 29 electoral college votes," Florida Democrats chair Rod Smith said in a statement Thursday.

In the 2000 presidential election, the close Florida race led to a weeks-long standoff that was eventually decided by the Supreme Court, which ruled in favour of George W. Bush despite his losing the nationwide popular vote.

Mitt Romney's senior campaign adviser in Florida hinted earlier that the Republican presidential challenger lost the state, where the result has yet to be announced more than two days after the election.

Electoral officials have said all vote returns must be completed no later than Saturday, but the statement from Romney's campaign published in the *Miami Herald* suggested his team had already accepted defeat.

"The numbers in Florida show this was winnable. We thought based on our polling and range of organisation that we had done what we needed to win," senior campaign adviser Brett Doster said in the statement.



KAREN BLEIER | AFP

Workers begin the task of constructing the platform for the inauguration ceremony of US President Barack Obama on the West side of the Capitol Hill in Washington, DC yesterday. The inauguration will take place January 21, 2013. Below: President Obama and his family.

"Obviously, we didn't, and for that I and every other operative in Florida has a sick feeling that we left something on the table," he added.

Obama campaign manager Jim Messina said he was confident the president would be declared the victor.

The campaign's voter model continues to show that Obama "will hold that lead and end with 332 electoral votes," Messina said.

In the state-by-state electoral college system, 270 votes are needed for victory, and Obama already has 303, with Florida's 29 still outstanding.

Votes are still being counted in three of Florida's 67 counties, said Chris Cate, a spokesman for the state government. "Counties are required to report their results by Saturday at noon."

In 2000 Democratic Vice President Al Gore, who won the US popular vote, lost the election to Bush, who triumphed under the electoral college system when a divided US Supreme Court stopped a ballot recount in Florida. Republicans control both houses in Florida's state

legislature and the governor's mansion, but a growing Hispanic and more liberal population are pushing the electorate toward Obama's Democrats.

Florida Deputy Elections Supervisor Christina White blamed the vote count delay on an unusually long ballot and a high voter turnout.

"It's not that there were any problems or glitches. It's about volume and paper left to be processed," she said.

But at least two vote experts saw the chaos as the result of a bare-knuckled Republican attempt to suppress turnout. Lance deHaven-Smith, of Florida State University, said the count was running late because "an entrenched Republican political class is trying to fend off a rising tide of Democratic voting."

Republican state officials have been "intentionally under-supplying voting places and equipment" to create bottlenecks in traditionally Democratic strongholds, he said.

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## Hispanic US 'Dreamers' celebrate election win

WASHINGTON, Friday

Hispanics smuggled into the United States as children who grew up as Americans on Thursday celebrated Democrat Barack Obama's re-election, and urged rival Republicans to focus on immigration reform.

"The result of this election clearly showed that the anti-immigrant agenda is the real loser and this is very clear for the Republicans," said Cristina Jimenez with the United We Dream advocacy group.

Jimenez's group represents supporters of the DREAM Act, a Bill in Congress that would provide a path to citizenship to immigrants who came to the United States as children.

More than one million young people, overwhelmingly Hispanic, belong in this category.

Jimenez said in a phone conference that United We Dream is active in 23 states and openly worked to help register voters ahead of Tuesday's presidential election.

'Dreamers' knocked on doors for the Obama campaign in key states including Nevada, Florida and Colorado, Jimenez said.

Surveys show 71 per cent of Hispanic voters cast ballots for Obama, while 27 per cent voted for Republican Mitt Romney. (AFP)

## President cries as he thanks team

WASHINGTON, Friday

In the most candid and emotional scene ever captured of Barack Obama on camera, the normally composed US president teared up as he told young campaign workers of his pride in them.

Obama's campaign team distributed on Thursday a YouTube video of the president's emotional tribute to his team at his Chicago headquarters the day before, hours after he won re-election.

"What you guys have done, means the work that I am doing is important, I am really proud of that, I am really proud of all of you," Obama said before pausing as tears welled up.

"I am absolutely confident that all of you are going to do just amazing things in your lives," Obama said, standing alone at a microphone with a poster of his slogan "Forward!" behind him on the wall. (AFP)

### CHRONOLOGY

## Countdown to inauguration

**November 13:** Senators and representatives of the 112th Congress elected in 2010 finish their final six weeks of work before the next legislature begins in January

**December 17:** The 538 members of the Electoral College meet in their states to cast their votes for president and vice president

**December 26:** Deadline for receipt of the electoral votes by the president of the Senate, Vice President Joe Biden

**January 3:** The 113th Congress convenes, with at least 90 new lawmakers elected Tuesday

**January 20:** President Obama takes the oath of office in a private ceremony with Supreme Court Chief Justice John Roberts

**January 21:** Inauguration Day. Obama is joined outside the US Capitol by all members of Congress, his cabinet, Supreme Court justices, living former presidents and perhaps upwards of one million people

Charles Zelden, a history and law professor at Nova Southeastern University in Florida, said the southern state's Republican legislature had wanted to dampen the vote for partisan purposes. (AFP)





AGRICULTURE | Bill on the agenda after election victory for Obama

# Key US Food Bill awaits debate

If Bill is passed, it will boost Kenyan farmers as America would buy their commodities for local famine programmes

BY SARA MOJTEHEDZADEH  
smojtehdzadeh@ke.nationmedia.com

As President Obama assumes another term in office, a vital piece of legislation that could improve the livelihood of Kenyan farmers and the estimated 2.2 million hunger-afflicted Kenyans returns to the agenda.

The task of reforming the Farm Bill, a controversial set of policies that regulate domestic agricultural plans and the United States' overseas food programmes, collapsed in the lead up to the election.

At stake was a pilot food aid initiative that could provide Kenyan farmers with a ready market for their crops.

A version of the Bill, passed in the Democrat-controlled US Senate earlier this year, sought to make permanent and expand the funding for the pilot program that buys and distributes produce from local growers rather than importing American goods

to famine-afflicted areas. Last year, Kenya was one of seven countries where the program was tested.

World Vision East Africa, which administered the program in conjunction with the US Department of Agriculture, said the venture had tangible benefits for Kenyan farmers.

"The program was very successful because we were able to buy food directly and give farmers a market for their produce," said Mr Andrew Iraguha, the food assistance manager at World Vision East Africa.

### Billion-dollar business

Had it been passed, the Bill would have marked a departure from a US long standing policy of "tied" food assistance, which requires food aid to be purchased from American farmers and dispatched on US-flagged ships.

Food aid is a billion-dollar business in the US, one of the last countries in the world that continues to award massive contracts to its own agricultural sector for food assistance abroad.

In the case of Kenya alone, the US government last year bought \$47.6 million worth of cornmeal, peas, sorghum, flour, and other commodities from a handful of American corporations to supply as famine relief.

But the Senate's reforms fell vic-

tim to gridlock in September, after the Republican-dominated House of Representatives put forth a competing version of the Bill that did not seek to amend the tied food aid model.

**\$47.6m**

Value of food the US bought from a handful of American corporations to supply as famine relief last year

“

The program was very successful because we were able to buy food directly and give farmers a market for their produce”

Andrew Iraguha, food assistance manager at World Vision East Africa

Mr Eric Munoz, Oxfam America's campaign manager, said the subject was dead in the water until a new administration was installed, despite the urgency of reform.

"We are concerned about (tied food aid's) effectiveness in creating short term food security and addressing hunger now, but also in building and sustaining agricultural markets to help alleviate long term hunger and poverty," Mr Munoz told the *Nation*.

Wrangling over the Farm Bill is now set to resume as a new session of Congress, which remains sharply divided, launches next week.

The American Farm Bureau Federation, which represents the interests of American farmers in Washington, has already called for the legislation to be addressed urgently.

But the Farm Bill reform will have to compete with the administration's other crucial priorities, including averting the so called "fiscal cliff" that would trigger mandatory spending cuts and tax increases in the US.

And even if the legislation is amended, Kenyan farmers are still likely to face steep competition from imported America goods. Under the Senate's proposed reforms, the local purchasing program would still only benefit from a fraction of the funding that American "tied" aid receives.

## BRIEFLY

### GENEVA

### Alarm over SSudan hepatitis E outbreak

The UN's refugee agency warned yesterday that an outbreak of hepatitis E among refugees in South Sudan was worsening and that it did not have the needed funds to contain it. "With funding depleted for our operations in South Sudan, UNHCR is warning today that the capacity to contain an outbreak of hepatitis E among the refugee population is increasingly stretched," agency spokesman Adrian Edwards said in Geneva. (AFP)

### THE HAGUE

### Police bust Nigerian fake wedding scam

Dutch police have busted a wedding scam involving Dutch citizens being paid to go to Britain to marry illegal Nigerian immigrants so they can obtain residency there, prosecutors said yesterday. Once married, the Nigerians would get legal residency in Britain and access to state welfare. In return, the Dutch collaborators would be paid \$3,100. Police detained 16 women and seven men on the suspicion that they were part of the scam. (AFP)

### JOHANNESBURG

### Thai rhino horn trader handed 40 years in jail

A Thai national who pled guilty to organising bogus trophy hunts to sell rhino horns on the international black market was sentenced to 40 years in a South African jail yesterday. Chum-long Lemtongthai received the sentence from a Johannesburg magistrate court amid a record number of rhino poaching deaths this year. He pleaded guilty to paying prostitutes who posed as hunters to harvest the horns, which were then sold in Asia's herbal medicine market. (AFP)

### MOGADISHU

### Sweden pledges aid to rebuild Somalia



A delegation from Sweden arrived in Mogadishu yesterday and held meetings with officials from Mogadishu municipality. "The talks centred on how Sweden could help rehabilitate the city," said Mr Mohamed Yusuf, the spokesman of Banadir region. Ms Karina Hej, a member of the Swedish Parliament, stated that the visit is a follow up of Sweden's efforts to see the situation in Somalia improve. Various delegations have visited Somalia since President Hassan Sheikh Mohamoud (above) was elected in September. (Abdulkadir Khalif, Nation Correspondent in Somalia)

## Ex-Senegal ministers face 10 years in jail

BY TAMBA JEAN-MATTHEW III  
NATION Correspondent  
Dakar, Friday

Several former senior government officials in Senegal including ex-President Abdoulaye Wade's son Karim, could face up to 10 years imprisonment for financial crimes committed during his father's ousted regime, sources said.

Karim voluntarily returned home at the weekend after an international warrant of arrest was launched against him by the special court to face a third cross examination for allegedly misappropriating millions of dollars.

Senegal's national broadcaster quoted Alioune Ndao, the judge of the newly established court to investigate the ill-gotten wealth as saying that not even the powerful Islamic spiritual guides would be spared.

In Senegal, the venerable Islamic guides especially the 'Mouride' fraternity have exercised an incredible prestige and influence over the decades in the country's political and economic life.

Judge Alioune Ndao made the statement on Thursday evening at the end of the cross examination of former senior government ministers.

They include Karim, the former minister of international cooperation and air transport, ex-foreign affairs and defence ministers Madické Niange and Abdoulaye Baldé respectively and two others.

Nearly two dozen former senior government ministers and directors of state agencies are on the list of those suspected of swindling millions of dollars during the 12-year rule of President Wade.

### HOUSING CRISIS| 37 illegal houses in S Africa demolished



A bulldozer breaks down the garden wall of a house that has been built illegally yesterday in Lenasia, Johannesburg. Earlier, protesters burned tyres and blocked roads, after the government tore down houses built on plots that were illegally sold. The Gauteng provincial housing department said it had demolished 37 of 113 houses.

PHOTO | AFP

## Zimbabwe minister to be charged over chant

BY KITSEPILE NYATHI  
NATION Correspondent  
HARARE, Friday

Zimbabwe's Energy minister Elton Mangoma has been summoned to appear in court next Tuesday for allegedly undermining the authority of President Robert Mugabe.

Mr Mangoma was arrested on October 10 for allegedly chanting an anti-Mugabe slogan at a rally in Bindura town.

He was released and advised that police will proceed by way of summons. His Movement for Democratic Change (MDC)

party said on Wednesday that the minister received summons instructing him to attend court.

"The issuing of summons on Mr Mangoma on such a spurious charge is nothing but the usual Zanu PF ploy to frustrate the honourable minister from conducting his duties," the MDC said in a statement on Thursday.

"The continued abuse of state machinery by Zanu PF to harass and intimidate MDC leadership and supporters is deplorable."

Mr Mangoma was last year arrested and charged with corruption after he

negotiated a deal with a South African company to supply fuel. He spent more than a week in custody but was acquitted by the High Court.

“

The continued abuse of state machinery by Zanu PF to harass MDC leadership and supporters is deplorable”

MDC statement



ENVIRONMENT | Country among world's worst polluters

# Australia to sign up for Kyoto 2 Protocol

Climate minister urges other states to follow suit for continued progress

SYDNEY, Friday

Key greenhouse gas emitter Australia yesterday said it was ready to sign up for a second round of the Kyoto Protocol environmental protection treaty, and urged other countries to do the same.

Climate Minister Greg Combet made the announcement in a speech to a carbon expo, saying: "Australia is ready to join a second commitment period of the Kyoto Protocol".

Australia is among the world's worst per capita polluters, with a heavy reliance on coal mining and exports and most of its electricity

coming from coal-fired power stations.

Combet's announcement comes ahead of annual negotiations under the UN Framework Convention on Climate Change (UNFCCC), which this year take place in Doha, Qatar, from November 26-December 7.

The big issue is renewing commitments under Kyoto after the first round of cuts expires on December 31, although agreement on a new globally-binding deal is not expected until 2015 and will not come into force until 2020.

Combet urged other countries to step up. "There must be continued progress towards this new agreement by 2015, from both the developing and developed countries," he said.

"The Kyoto Protocol is not enough on its own — it will cover less than 15 per cent of global greenhouse gas emissions and only from a number of developed economies.

Almost immediately, New Zealand said it was not signing up for the second round, but denied it was withdrawing from Kyoto.

New Zealand Climate Change Minister Tim Groser said the country had opted to instead manage its emissions under the UNFCCC, which does not include binding commitments. (AFP)

## POLLUTION

### Wealthy nations shun treaty

■ Although Kyoto — a global treaty to set binding obligations on wealthy countries to cut emissions — was negotiated in 1997, Australia refused to join for years.

■ It was only when Labor came to power in 2007 that it shifted course, with Kevin Rudd formally en-

tering the treaty as one of his first acts after becoming prime minister

■ Kyoto is a talisman for developing countries, but many developed nations say it is unfair because its binding emissions targets do not affect emerging giants such as China, India and Brazil.

## JUBILEE | British Royals in Australia



BRENDON THORNE | AFP

Britain's Prince Charles (bottom left) and his wife (top second right) leave Admiralty House yesterday, in Sydney. The British Royals are in Australia on the second leg of a Diamond Jubilee Tour taking in Papua New Guinea, Australia and New Zealand.

## BRIEFLY

### LAHORE

Girl, 9, 'awarded' to man in abduction row

Police in Pakistan have arrested five men after a village council ordered a father to hand over his nine-year-old daughter as compensation in a rape case, officers said yesterday. A group of elders in rural Bahalak, Punjab province made the ruling to settle a year-long dispute between a farm worker (Arshad) and a local landowner, local police station chief Mohammad Khalid told AFP. "The jury on Sunday decreed that Arshad would marry (off) his daughter Sidra to Ali Sher's 22-year old son Maqsood," he explained. (AFP)

### BERLIN

Merkel challenger slumps in popularity

German Chancellor Angela Merkel's main challenger in the 2013 election has plummeted in popularity, a poll showed yesterday, following revelations he made more than a million euros giving speeches. Peer Steinbrueck of the opposition Social Democrats (SPD) is now ranked sixth in popularity stakes, according to a survey for ARD public television. Merkel, who will seek a third term at the helm of Europe's top economy in elections next September or October, retained her top position with 68 per cent, compared to Steinbrueck's 50 per cent. (AFP)

## THE KIBAKI LEGACY



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The **Sunday Nation** and **Taifa Leo** issue of **18th November 2012** will publish a special Souvenir pull out on Kibaki Legacy.

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DAILY NATION

TAIFA  
LEO





CONFLICT ESCALATES | President denies committing war crimes

Syria's Assad defends regime

Leader reiterates that his forces are up against terrorists and blames rebels for the bloodshed

MOSCOW, Friday

Syrian President Bashar al-Assad yesterday denied that his regime was committing war crimes in the conflict with rebels, saying the army was engaged in “fighting terrorism”.

In an interview with Russian television broadcast yesterday, Assad said: “We are fighting terrorism. We are implementing our constitution by protecting the Syrian people.”

The UN Human Rights Council has created a commission to investigate human rights abuses in Syria committed by all sides.

Assad defended the Syrian army, saying that “if you have an army that committed a crime against its own people, this is devoid of logic because the Syrian Army is made up of Syrian people.”

“The army cannot withstand for 20 months in these difficult circumstances without having the embrace of the public in Syria,” Assad told Russia Today (RT) when asked about accusa-

THE NUMBERS

Families flee fierce clashes  
**8,000**

Number of refugees who fled to Turkey on Thursday night

**120,000**  
Number of refugees who have fled the Syrian war

**26**

Rebels and regime soldiers killed in fierce clashes on Thursday in Syria

tions Syrian government forces were committing war crimes.

He in turn accused the rebels of committing war crimes, noting reports by Amnesty International and Human Rights Watch which he said had found evidence of war crimes by his opponents.

In Jerusalem, Israel's deputy prime minister Moshe Yaalon warned Damascus yesterday it would act to defend its sovereignty if the bloody fighting in Syria continued to spill over into the occupied Golan



JALAA MAREY | AFP

Israeli troops and UN peacekeepers inspect the area where three mortar shells fired from Syria landed in Alonei Habashan in the Israeli-occupied Golan Heights on Thursday.

Heights. His remarks, published on his official Twitter account, were made a day after three stray mortar rounds fired from Syria hit the occupied Golan, which Israel seized in the 1967 Middle East war and annexed in 1981 in a move never recognised by the international community.

“We see the Syrian regime as responsible for what is happening along the border,” said Yaalon.

“The current situation in Syria could carry on for an extended and bloody period. If we see that it spills over in our direction, we

know how to defend the citizens and the sovereignty of the State of Israel,” said the minister, who holds the strategic affairs portfolio.

Ceasefire line

The three mortar rounds which struck the Golan on Thursday were the latest in a string of incidents in which fire has spilled across the ceasefire line onto the Israeli side.

“They are apparently shells fired in error during fighting inside Syria,” an army spokeswoman told AFP.

And Ankara officials

told AFP that some 8,000 Syrian refugees fled to Turkey overnight in the face of escalating clashes between rebel forces and troops loyal to Damascus near the border.

The latest influx brought the total number of Syrian refugees in Turkey to more than 120,000, the official added on condition of anonymity.

“Five thousand Syrians were taken to a camp in Akcakale town near the Syrian border and the others were to stay with their relatives in Turkey,” he said. (AFP)

Russia's army chief replaced in shake-up

MOSCOW, Friday

President Vladimir Putin yesterday replaced Russia's army chief of staff with a veteran commander from the second Chechnya war, in a shake-up of the military after the sacking of the defence minister.

Army chief of staff Nikolai Makarov is to be replaced by General Valery Gerasimov, a commander at the North Caucasus military district in the second Chechnya war, Putin announced days after the sacking of defence minister Anatoly Serdyukov in a graft scandal.

“You are an experienced person,” Putin told Gerasimov in a meeting at the Kremlin that also included the new Defence Minister Sergei Shoigu.

“I believe the minister has picked the right candidate and I hope that you will work to the best of your abilities and efficiently.”

Nuclear codes

The chief of staff is one of three people in Russia with exclusive access to nuclear launch codes. The other two are the president and the defence minister.

Shoigu described Gerasimov — who served as first deputy chief of staff between 2010 and 2012 — as a “military man from head to toe.”

He added that Gerasimov enjoyed respect in the army and had “colossal experience working both at the general staff” as well as “in the field.”

On Tuesday, Putin fired defence minister Serdyukov over a corruption scandal, the most dramatic change to the government since he returned for a third Kremlin term in May amid rising discontent. (AFP)

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**TENDER NOTICE**

Tenders are invited for the supply and delivery of goods and services for the period Jan 2013 -Dec 2013.

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| GHS/02/2013 | Maize flour, Sugar, Cooking fat, Rice, Salt, Tea leaves. |
| GHS/03/2013 | Cabbages & Onions                                        |
| GHS/04/2013 | Fresh Fruits                                             |
| GHS/05/2013 | Fresh Meat                                               |
| GHS/06/2013 | Fresh Milk                                               |
| GHS/07/2013 | Dry Fire wood                                            |
| GHS/08/2013 | Laboratory Chemicals & Equipments                        |
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Interested parties should collect tender forms from the **Secretary's Office** upon payment of a **nonrefundable fee of Kshs.2,000/=** per item code in the **Account Office**. Duty completed tender forms in **plain sealed envelopes** clearly marked **Tender No....** should be dropped in the Tender Box at the School's Reception and addressed to:

**The Chairman,**  
**Procurement Committee Githumu High School**  
**P.O. Box 468, THIKA**

On or before **12 noon on 4th December 2012**. All prices should include **Government taxes and transport to school**. The tenders will be opened immediately after closing in the **School Boardroom**. The tenders or their representatives may attend the opening.

**NB:**The School Procurement Committee reserves the right to either acceptor/ reject any tender wholly or in part **without giving reasons whatsoever.**

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**VENUE: KENYA NATIONAL THEATRE**  
**Main Auditorium**

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**TIME: Thur 15<sup>th</sup> - 6:30pm | Fri 16<sup>th</sup> - 6:30pm, Sat 17<sup>th</sup> & Sun 18<sup>th</sup> - 3:00pm & 6:30pm**

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# BUSINESS



## MARKETS EXTEND LOSSES AS US ECONOMIC CRISIS LOOMS

The threat of a fiscal cliff in America could herald a fresh round of market turmoil globally. **Page 35**

**TRADE** | Road is part of African transport corridor linking Cape Town, South Africa to Cairo, Egypt



PHOEBE OKALL | DAILY NATION

President Kibaki cuts a tape at Museum Hill to officially open Thika Superhighway yesterday. He is with Prime Minister Raila Odinga (left), African Development Bank president Donald Kaberuka (centre), Chinese ambassador to Kenya Liu Guangyuan and Roads minister Franklin Bett (right).

## Thika Superhighway to steer Kenya into an economic hub, says Kibaki

President notes that the Sh31bn project promotes trade and plays key role in national unity and integration

BY LUCAS BARASA  
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The Sh31 billion Nairobi-Thika Superhighway was officially opened yesterday with President Kibaki promising further improvement of roads countrywide.

The Head of State, who was accompanied by Prime Minister Raila Odinga, Vice-President Kalonzo Musyoka and deputy PM Uhuru Kenyatta, said the highway provides a reliable transport corridor linking Kenya with Ethiopia via Moyale and with Tanzania via Namanga.

He noted the road is an important part of the regional and continental transport corridor from Cape Town, South Africa to Cairo, Egypt.

"This superhighway is a great example of efforts and commitment to transform Kenya into a strong economic hub for the region and beyond," President Kibaki said after planting a tree

and unveiling a commemorative plaque near Thika Town. He also officially opened the road at Museum roundabout in Nairobi.

The estimated 50-kilometre road has been funded by the Chinese Government, African Development Bank and the Kenyan Government. It took three years to expand the road from two lanes to eight lanes-four on each divide.

He said infrastructure develop-

ment promotes trade, creates a conducive environment for business and plays a key role in national unity and integration.

Mr Kibaki regretted that road accidents claim 3,000 Kenyans annually and urged road users to abide by the highway code and exercise patience and caution.

The President also directed security agencies to act on vandals or those found trading stolen in road furniture.

### INFRASTRUCTURE

#### Other roads under construction

President Kibaki said the government is upgrading the Isiolo-Moyale road into a modern highway and that rehabilitation of Athi River-Namanga road is complete.

Adding: "We are also rehabilitating and upgrading the road from Kisumu-Kakamega-Webuye-Kitale at over Sh10 billion while plans are at an advanced stage to upgrade the road from Endebess to Suam."

The Mau-Summit-Kericho-Nyamasaria road is also being done while construction of Dongo Kundu bypass in Mombasa is to start next year.

"When Narc took over in 2003, we decided to invest in infrastructure," Mr Odinga said and recalled opposition to demolitions of structures on road reserves during his tenure at Ministry of Roads.

He hailed the driver of a bulldozer that used to bring down the structures, Mr David Ng'ang'a who was feted by President Kibaki yesterday.

"There was heated debate in the Cabinet with some saying we were not respecting sanctity of titles by destroying private property but I told them those on road reserves had been given notices to vacate since 1971 and that we cannot build roads in the air. The President stood firm behind me. That shows when doing something good for the country you should not fear to become unpopular" Mr Odinga said.

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## Proposed NSSF law faulty, says authority

BY NATION CORRESPONDENT

The Retirement Benefits Authority has faulted the proposed law set to revamp the National Social Security Fund saying it risks killing existing occupational pension schemes.

Addressing the public during the retirement benefits open day in Nairobi yesterday, RBA chief executive Edward Odundo took exception to the proposed Bill over an opt-out regulation.

"So the employees are going to be told to contribute for the fund, and NSSF decides when they can opt out. That cannot work. The provision should be given to another independent organ," said Mr Odundo.

### Act as a regulator

He said NSSF is like any other scheme and cannot act as a regulator.

The government introduced NSSF Transformation Bill, 2012, as a public mandatory social security scheme covering all employees in the formal sector and a voluntary scheme for self-employed and workers in informal sector who wish to contribute to the fund.

The Bill, rallied to be beneficial to both the formal and informal sectors of the society has attracted controversy regarding contributions increment.

But it is the mandatory contributions by the formal sector which are already remitting benefits in other schemes that Mr Odundo thinks is the undoing of the Bill.

“

So the employees are going to be told to contribute for the fund, and NSSF decides when they can opt out. That cannot work”

RBA boss Edward Odundo

## Sale of state-owned institutions to start after two-year halt

BY NATION CORRESPONDENT

Finance minister Njeru Githae has gazetted names of new members of the Privatisation Commission. The move signals start of operations for the institution that has suspended work for almost two years.

Tasked with overseeing privatisation of state-owned institutions, the commission did not have members in

office since December 2010 when the term of former office holders expired. Without a nod from the commission, no sale of any government institutions could proceed. With gazettement of new commissioners, a number of sales would now go on albeit late.

Attempts by the government to replace the retiring members were scuttled when Parliament rejected a list proposed by then Finance minister

Uhuru Kenyatta.

Mr Kenyatta picked commissioners to fill the vacancies and presented the list to the Finance Committee in January last year. But the House committee chaired by Nambale MP Chris Okemo dismissed the names saying the positions ought to be publicly advertised in line with the new Constitution.

The Treasury advertised the positions thereafter. The new com-

missioners are Ms Miriamu El-Maawy, Ms Agnes Murgor, Mr Bernard Nandieki, Ms Patricia Atieno, Mr Ngure Mwaniki, Mr John Kiplangat, and Mr Mugambi Nandi were interviewed by the committee and approved by the House. They will now serve for three years.

State-owned firms in the line for privatisation are Kenya Wine Agencies, National Bank of Kenya, Consolidated

Bank, Development Bank, Kenya Meat Commission, East African Portland Cement, Kenya Electricity Generating Company, Kenya Pipeline and Western Kenya Sugar Company.

At the same time, President Kibaki, through an October 29 gazette notice has appointed Mr Maluki Kitili Mwendwa the new chair of the National Environment Management Authority.



**CHALLENGE** | Integration has brought forth trans-national crimes, says community secretary-general Dr Sezibera

# Bloc set to ink security deal with Interpol

Agreement is aimed at combating rising cross-border crime as well as illicit trade in the EAC region

BY MUTHOKI MUMO  
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The regional economic bloc is gearing up to sign a deal with a global security organisation as concerns over illicit trade and cross-border crime continue to rise in the community.

In a Tuesday meeting with the International Criminal Police Organisation (Interpol) in Rome, East African Community (EAC) secretary-general, Dr Richard Sezibera, vowed to sign a Memorandum of Understanding (MoU) with the organisation soon.

Negotiations for the MoU have been ongoing since 2009. The conclusion of the agreement, however, is becoming urgent as member states open up borders to free the movement of goods and services.

“As the EAC integration deepens and widens, with the implied freedom brought about

by the implementation of the Common Market Protocol, negative effects like trans-national crimes among others are also gaining sophistication and must be resolutely fought,” said Dr Sezibera.

Interpol is a global organisation that is supposed to foster cooperation among police across the world. It also combats organised crime, smuggling, money laundering, white collar crime and crimes against humanity.

**Marine security**

Each of the five EAC member states has a working relationship with Interpol already. According to a statement published by the bloc, the conclusion of the MoU would allow faster implementation of programmes and projects meant to curtail illicit trade by member countries. It would also allow greater technical cooperation in marine security.

The East African region is a meeting

**Sh597bn**

**Estimated cost that East Africa economies suffer owing to insecurity along the Indian Ocean coast according to One Earth Foundation**



ANDREAS SOLARO | AFP

The president of the world’s largest international police organisation, Interpol, Mr Khoo Boon Hui, delivers a speech during Interpol’s 81th general assembly on November 5, in Rome.

point for trade between Africa, Asia and western countries. Its ports along the Indian ocean coast as well as its proximity to war-torn, resource rich nations makes it ideal for both smugglers and human traffickers.

A 2011 study by the One Earth Foundation estimated that insecurity off the coast

of East Africa costs regional economies at least half a trillion shillings annually (\$7 billion).

Earlier this year, the East African Legislative Assembly passed a bill to curb illegal trade by obliging customs officials in all countries to cooperate and share information.

| NAIROBI SECURITIES EXCHANGE |        |                                        |           |           |               |  |
|-----------------------------|--------|----------------------------------------|-----------|-----------|---------------|--|
| Last 12 Mths                |        | Security                               | Prices    |           |               |  |
| High                        | Low    |                                        | Yesterday | Prev deal | Shares traded |  |
| Agricultural                |        |                                        |           |           |               |  |
| 57.00                       | 29.00  | Eaagads Ord 1.25                       | 26.75     | 28.00     | 1,400         |  |
| 84.50                       | 65.00  | Kakuzi Ord 5.00                        |           | 70.00     |               |  |
| 148.00                      | 112.00 | Kapchorua Tea Co. Ord 5.00             |           | 125.00    |               |  |
| 500.00                      | 350.00 | Limuru Tea Co. Ord 20.00               |           | 430.00    |               |  |
| 21.00                       | 14.00  | Rea Vipingo Plantations Ord 5.00       | 18.50     | 18.15     | 200           |  |
| 15.05                       | 10.00  | Sasini Ltd Ord 1.00                    | 11.60     | 11.95     | 3,700         |  |
| 315.00                      | 200.00 | Williamson Tea Kenya Ord 5.00          | 200.00    | 200.00    | 10            |  |
| Automobiles & Accessories   |        |                                        |           |           |               |  |
| 29.00                       | 22.00  | Car & General (K) Ord 5.00             | 24.00     | 24.00     | 5,200         |  |
| 13.80                       | 9.25   | CMC Holdings Ord 0.50                  |           | 13.50     |               |  |
| 14.00                       | 12.00  | Marshall's (E.A.) Ord 5.00             |           | 14.20     |               |  |
| 5.15                        | 3.45   | Sameer Africa Ord 5.00                 | 3.55      | 3.60      | 20,600        |  |
| Banking                     |        |                                        |           |           |               |  |
| 16.00                       | 10.70  | Barclays Bank Ord 0.50                 | 15.35     | 15.60     | 73,500        |  |
| 50.00                       | 35.25  | CFC Stanbic of Kenya Holdings Ord 5.00 | 39.00     | 39.00     | 36,500        |  |
| 125.00                      | 86.00  | Diamond Trust Bank Ord 4.00            | 120.00    | 119.00    | 104,500       |  |
| 25.00                       | 15.50  | Equity Bank Ord 0.50                   | 24.25     | 24.25     | 173,700       |  |
| 18.30                       | 12.60  | Housing Finance Co Ord 5.00            | 14.80     | 14.75     | 113,700       |  |
| 30.75                       | 14.60  | KCB Ord 1.00                           | 30.00     | 30.00     | 1,257,800     |  |
| 27.00                       | 16.00  | NBK Ord 5.00                           | 18.90     | 18.75     | 7,000         |  |
| 40.00                       | 22.50  | NIC Bank Ord 5.00                      | 41.25     | 40.00     | 131,400       |  |
| 236.00                      | 153.00 | StandardChartered Ord 5.00             | 228.00    | 227.00    | 9,700         |  |
| 16.15                       | 10.15  | Co-op Bank of Kenya Ord 1.00           | 12.55     | 12.60     | 395,700       |  |
| Commercial & Services       |        |                                        |           |           |               |  |
| 4.50                        | 3.40   | Express Ord 5.00                       | 3.80      | 3.80      | 7,400         |  |
| -                           | -      | Hutchings Biemer Ord 5.00              |           | 20.25     |               |  |
| 32.00                       | 11.00  | Kenya Airways Ord 5.00                 | 11.70     | 11.20     | 105,800       |  |
| 21.00                       | 9.00   | Longhorn Kenya Ord 1.00                | 10.00     | 10.00     | 400           |  |
| 229.00                      | 130.00 | Nation Media Group Ord. 2.50           | 227.00    | 225.00    | 21,600        |  |
| 65.00                       | 37.00  | ScanGroup Ord. 1.00                    | 63.50     | 61.50     | 7,800         |  |
| 31.00                       | 20.00  | Standard Group Ord 5.00                |           | 24.00     |               |  |
| 61.00                       | 36.00  | TPS EA (Serena) Ord 1.00               | 38.50     | 38.25     | 2,000         |  |
| 20.00                       | 6.80   | Uchumi Supermarket Ord 5.00            | 19.45     | 19.65     | 2,128,700     |  |
| Construction & Allied       |        |                                        |           |           |               |  |
| 238.00                      | 140.00 | Athi River Mining Ord 5.00             |           | 223.00    |               |  |
| 185.00                      | 125.00 | BamburiCement Ord 5.00                 | 176.00    | 178.00    | 100           |  |
| 39.50                       | 21.00  | Crown Paints Kenya Ord 5.00            | 39.00     | 38.00     | 100           |  |
| 12.50                       | 9.55   | E.A.Cables Ord 0.50                    | 11.25     | 11.15     | 15,200        |  |
| 65.00                       | 32.00  | E.A.Portland Cement Ord 5.00           | 41.75     | 38.00     | 100           |  |
| Energy & Petroleum          |        |                                        |           |           |               |  |
| 11.00                       | 6.80   | KenGen Ord 2.50                        | 9.70      | 9.55      | 109,600       |  |
| 16.95                       | 9.75   | KenolKobil Ltd Ord 0.05                | 14.95     | 14.95     | 4,631,300     |  |
| 19.50                       | 13.75  | KP&LC Ord 2.50                         | 18.30     | 18.35     | 127,000       |  |
| 20.00                       | 13.00  | Total Kenya Ord 5.00                   | 13.85     | 13.90     | 10,100        |  |
| Insurance                   |        |                                        |           |           |               |  |
| 9.00                        | 3.80   | British American Investments Co.0.10   | 6.25      | 6.35      | 65,900        |  |
| 11.00                       | 6.30   | CFC Insurance Holdings Ord 1.00        | 7.20      | 7.15      | 42,200        |  |
| 7.00                        | 3.40   | CIC Insurance Group Ord 1.00           | 3.55      | 3.60      | 1,019,300     |  |
| 188.00                      | 142.00 | Jubilee Holdings Ord 5.00              | 169.00    | 165.00    | 600           |  |
| 13.40                       | 6.80   | Kenya Re Corporation Ord 2.50          | 12.45     | 12.45     | 246,600       |  |
| 42.00                       | 18.00  | Pan Africa Insurance Ord 5.00          | 38.75     | 38.50     | 21,600        |  |
| Investment                  |        |                                        |           |           |               |  |
| 17.25                       | 11.05  | Centum Investment Co Ord 0.50          | 12.30     | 12.30     | 24,000        |  |
| 355.00                      | 90.00  | City Trust Ord 5.00                    |           | 354.00    |               |  |
| 4.50                        | 3.05   | Olympia Capital Holdings Ord 5.00      | 3.85      | 3.80      | 9,100         |  |
| 38.00                       | 20.00  | Trans-Century Ord 0.50                 | 23.00     | 22.25     | 1,258,000     |  |

| Manufacturing & Allied                                                     |                          |                                 |       |        |          |                                   |                   |
|----------------------------------------------------------------------------|--------------------------|---------------------------------|-------|--------|----------|-----------------------------------|-------------------|
| -                                                                          | A.Baumann & Co. Ord 5.00 |                                 |       | 11.10  |          |                                   |                   |
| 113.00                                                                     | 89.00                    | B.O.C Kenya Ord 5.00            |       |        | 113.00   |                                   |                   |
| 470.00                                                                     | 204.00                   | BAT Kenya Ltd Ord 10.00         |       |        | 470.00   | 468.00                            | 300               |
| 130.00                                                                     | 85.00                    | Carbacid Investments Ord 5.00   |       |        | 125.00   | 125.00                            | 100               |
| 242.00                                                                     | 148.00                   | East African Breweries Ord 2.00 |       |        | 240.00   | 241.00                            | 23,000            |
| 2.10                                                                       | 1.35                     | Eveready EA Ord 1.00            |       |        | 1.60     | 1.65                              | 800               |
| -                                                                          | -                        | Kenya Orchards Ord 5.00         |       |        | 3.00     |                                   |                   |
| 7.35                                                                       | 4.40                     | Mumias Sugar Co. Ord 2.00       |       |        | 5.85     | 5.80                              | 1,724,200         |
| 15.70                                                                      | 8.20                     | Unga Group Ord 5.00             |       |        | 13.35    | 13.00                             | 400               |
| Telecommunication & Technology                                             |                          |                                 |       |        |          |                                   |                   |
| 6.60                                                                       | 3.50                     | AccessKenya Group Ord 1.00      |       |        | 4.60     | 4.60                              | 203,300           |
| 4.95                                                                       | 2.70                     | Safaricom Ltd Ord. 0.05         |       |        | 4.80     | 4.45                              | 7,975,900         |
| NSE All Share Index(NASI)-(1 Jan 2008=100 Up 1.11 points to close at 92.94 |                          |                                 |       |        |          |                                   |                   |
| NSE 20 Share Index Up 10.94 points to close at 4159.73                     |                          |                                 |       |        |          |                                   |                   |
| Equity Turnover Close sh2865,211,317 Previous sh325,041,324                |                          |                                 |       |        |          |                                   |                   |
| BANK RATES                                                                 |                          |                                 |       |        |          |                                   |                   |
|                                                                            |                          | Euro                            | \$    | £      | C\$      | SF                                | IR JY ZR          |
| BANK                                                                       |                          |                                 |       |        |          |                                   |                   |
| ABC                                                                        | buy                      | 108.91                          | 85.25 | 136.43 | 85.32    | 90.01                             | 1.56 107.04 9.80  |
|                                                                            | sell                     | 109.18                          | 85.45 | 136.78 | 85.65    | 90.51                             | 1.57 107.43 9.83  |
| Barclays                                                                   | buy                      | 108.62                          | 85.10 | 136.13 | 85.07    | 90.04                             | 1.58 106.87 9.78  |
|                                                                            | sell                     | 109.43                          | 85.60 | 137.10 | 85.75    | 90.76                             | 1.59 107.77 9.86  |
| Co-op                                                                      | buy                      | 108.90                          | 85.25 | 136.47 | 85.29    | 90.24                             | 1.56 107.18 9.66  |
|                                                                            | sell                     | 109.19                          | 85.45 | 136.82 | 85.53    | 90.50                             | 1.57 107.47 9.94  |
| Equity                                                                     | buy                      | 109.62                          | 85.40 | 136.73 | 86.36    | 90.74                             | 1.56 106.25 9.91  |
|                                                                            | sell                     | 109.83                          | 85.60 | 137.05 | 86.60    | 91.05                             | 1.59 106.60 9.94  |
| NBK                                                                        | buy                      | 108.92                          | 85.25 | 136.49 | 85.28    | 90.29                             | 1.56 107.18 9.81  |
|                                                                            | sell                     | 109.17                          | 85.45 | 136.79 | 85.54    | 90.55                             | 1.57 107.47 9.84  |
| KCB                                                                        | buy                      | 108.40                          | 85.35 | 138.85 | 85.15    | 89.90                             | 1.55 107.65 9.75  |
|                                                                            | sell                     | 108.70                          | 85.55 | 136.20 | 85.40    | 90.15                             | 1.56 108.65 9.85  |
| CBA                                                                        | buy                      | 108.60                          | 85.25 | 136.10 | 84.47    | 90.00                             | 1.58 107.37 9.80  |
|                                                                            | sell                     | 109.10                          | 85.45 | 136.60 | 85.46    | 90.30                             | 1.57 107.65 9.90  |
| CFC Stanbic                                                                | buy                      | 108.75                          | 85.10 | 136.21 | 85.20    | 90.19                             | 1.56 107.00 9.79  |
|                                                                            | sell                     | 109.02                          | 85.30 | 136.53 | 85.40    | 90.40                             | 1.57 107.00 9.89  |
| GulfAfrican                                                                | buy                      | 108.98                          | 85.25 | 136.43 | 85.33    | 90.36                             | 1.56 107.17 9.80  |
|                                                                            | sell                     | 109.12                          | 85.35 | 136.63 | 85.47    | 90.50                             | 1.57 107.32 9.82  |
| FCB                                                                        | buy                      | 111.10                          | 85.15 | 136.45 | 85.50    | 91.75                             | 1.59 106.60 9.85  |
|                                                                            | sell                     | 111.40                          | 85.35 | 136.80 | 85.75    | 92.05                             | 1.59 106.90 9.95  |
| Prime                                                                      | buy                      | 108.30                          | 85.35 | 135.70 | 85.15    | 89.80                             | 1.56 107.70 9.70  |
|                                                                            | sell                     | 109.00                          | 85.55 | 136.60 | 85.60    | 90.40                             | 1.57 108.20 10.00 |
| CBK RATES                                                                  |                          |                                 |       |        |          |                                   |                   |
|                                                                            |                          | Mean                            |       |        | Buy      |                                   | Sell              |
| 1 US Dollar                                                                |                          | 85.3778                         |       |        | 85.2944  |                                   | 85.4611           |
| 1 Sterling Pound                                                           |                          | 136.6786                        |       |        | 136.5331 |                                   | 136.8241          |
| 1 Euro                                                                     |                          | 109.1049                        |       |        | 108.9859 |                                   | 109.2239          |
| 1 South African Rand                                                       |                          | 9.8312                          |       |        | 9.8175   |                                   | 9.8449            |
| Ksh/Ush                                                                    |                          | 30.3944                         |       |        | 30.3062  |                                   | 30.4826           |
| 1 Ksh/Tsh                                                                  |                          | 18.6232                         |       |        | 18.5464  |                                   | 18.6999           |
| 1 Ksh/Rwanda Franc                                                         |                          | 7.2385                          |       |        | 7.1846   |                                   | 7.2924            |
| 1 Ksh/Burundi Franc                                                        |                          | 17.1591                         |       |        | 17.0838  |                                   | 17.2344           |
| 1 UAE Dirham                                                               |                          | 23.2447                         |       |        | 23.2214  |                                   | 23.2680           |
| 1 Canadian Dollar                                                          |                          | 85.4903                         |       |        | 85.3721  |                                   | 85.6084           |
| 1 Swiss Franc                                                              |                          | 90.4640                         |       |        | 90.3565  |                                   | 90.5714           |
| 100 Japanese Yen                                                           |                          | 107.2763                        |       |        | 107.1667 |                                   | 107.3858          |
| 1 Swedish Kroner                                                           |                          | 12.8178                         |       |        | 12.8004  |                                   | 12.8352           |
| 1 Norwegian Kroner                                                         |                          | 14.9654                         |       |        | 14.9484  |                                   | 14.9824           |
| 1 Danish Kroner                                                            |                          | 14.6300                         |       |        | 14.6125  |                                   | 14.6475           |
| 1 Indian Rupee                                                             |                          | 1.5708                          |       |        | 1.5695   |                                   | 1.5720            |
| 1 Hong Kong Dollar                                                         |                          | 11.0151                         |       |        | 11.0036  |                                   | 11.0265           |
| 1 Singapore Dollar                                                         |                          | 69.8330                         |       |        | 69.7363  |                                   | 69.9297           |
| 1 Saudi Riyal                                                              |                          | 22.7656                         |       |        | 22.7428  |                                   | 22.7884           |
| 1 Chinese Yuan                                                             |                          | 13.6863                         |       |        | 13.6727  |                                   | 13.6999           |
| 1 Australian Dollar                                                        |                          | 89.0064                         |       |        | 88.8768  |                                   | 89.1359           |
| MARKET UPDATES                                                             |                          |                                 |       |        |          | FOR NATIONMONEY<br>KENGEN, SAFARI |                   |

| UNIT TRUSTS                                          |                |             |                       |
|------------------------------------------------------|----------------|-------------|-----------------------|
| Money Market Funds                                   |                | Daily Yield | Effective Annual Rate |
| African Alliance Kenya Shilling Fund                 | Kenya Shilling | 8.80%       | 9.16%                 |
| Old Mutual Money Market Fund                         | Kenya Shilling | 10.51%      | 11.03%                |
| British-American Money Market Fund                   | Kenya Shilling | 10.37%      | 10.92%                |
| Stanbic Money Market Fund                            | Kenya Shilling | 9.26%       | 9.66%                 |
| CBA Market Fund                                      | Kenya Shilling | 9.69%       | 10.18%                |
| CIC Money Market Fund                                | Kenya Shilling | 11.02%      | 11.59%                |
| Amana Money Market Fund                              | Kenya Shilling | 12.94%      | 13.20%                |
| Suntra Money Market Fund                             | Kenya Shilling | 9.39%       | 9.84%                 |
| Zimele Money Market Fund                             | Kenya Shilling | 9.0%        | 9.31%                 |
| ICEA Money Market Fund                               | Kenya Shilling | 9.19%       | 9.63%                 |
| Madison Asset Money Market Fund                      | Kenya Shilling | 11.15%      | 11.73%                |
| African Alliance Fixed Income Fund                   | Kenya Shilling | 11.8        | 10.82                 |
| CIC Fixed Income Fund                                | Kenya Shilling | 10.21       | 10.47                 |
| Stanbic Fixed Income Fund B1                         | Kenya Shilling | 100.71      | 100.71                |
| Stanbic Fixed Income Fund A                          | Kenya Shilling | 100.29      | 100.29                |
| Standard Investment Income Fund                      | Kenya Shilling | 94.26       | 94.81                 |
| Standard Investment Equity Growth Fund               | Kenya Shilling | 72.18       | 73.06                 |
| African Alliance Kenya Equity Fund                   | Kenya Shilling | 134.58      | 126.39                |
| ICEA Equity Fund                                     | Kenya Shilling | 95.58       | 100.61                |
| British-American Equity Fund                         | Kenya Shilling | 146.53      | 156.02                |
| CBA Equity Fund                                      | Kenya Shilling | 127.10      | 133.79                |
| CIC Equity Fund                                      | Kenya Shilling | 11.80       | 12.42                 |
| Dyer and Blair Equity Fund                           | Kenya Shilling | 148.55      | 156.37                |
| Old Mutual Equity Fund                               | Kenya Shilling | 303.53      | 322.05                |
| Stanbic Equity Fund                                  | Kenya Shilling | 121.51      | 128.25                |
| Suntra Equity Fund                                   | Kenya Shilling | 108.95      | 114.69                |
| Madison Asset Equity Fund                            | Kenya Shilling | 56.39       | 59.35                 |
| African Alliance Managed Fund                        | Kenya Shilling | 18.36       | 17.29                 |
| British-American Managed Retirement Fund             | Kenya Shilling | 117.15      | 120.57                |
| Amana Growth Fund                                    | Kenya Shilling | 90.80       | 95.58                 |
| ICEA Growth Fund                                     | Kenya Shilling | 104.71      | 110.22                |
| Amana Balanced Fund                                  | Kenya Shilling | 90.47       | 94.24                 |
| British-American Balanced Fund                       | Kenya Shilling | 155.44      | 165.08                |
| CIC Balanced Fund                                    | Kenya Shilling | 11.59       | 12.13                 |
| Old Mutual Balanced Fund/Toboa                       | Kenya Shilling | 137.62      | 145.25                |
| Suntra Balanced Fund                                 | Kenya Shilling | 97.90       | 103.06                |
| Madison Asset Balanced Fund                          | Kenya Shilling | 69.96       | 73.35                 |
| Zimele Balanced Fund                                 | Kenya Shilling | 4.39        | 4.53                  |
| CFC Simba Fund                                       | Kenya Shilling | 111.71      | 117.59                |
| Old Mutual East Africa Fund                          | Kenya Shilling | 130.23      | 136.73                |
| British American Bond Plus Fund                      | Kenya Shilling | 152.58      | 155.70                |
| Dyer and Blair Bond Fund                             | Kenya Shilling | 120.18      | 122.63                |
| ICEA Bond Fund                                       | Kenya Shilling | 91.26       | 92.18                 |
| Old Mutual Bond Fund                                 | Kenya Shilling | 105.63      | 107.79                |
| ARAB CURRENCY/\$                                     |                |             |                       |
| Algerian Dinar                                       |                |             | 76.91                 |
| Bahrani Dinar                                        |                |             | 0.37699               |
| Djibouti Franc                                       |                |             | 175.80                |
| Egyptian Pound                                       |                |             | 6.104                 |
| Jordanian Dinar                                      |                |             | 0.7007                |
| Kuwait Dinar                                         |                |             | 0.20039               |
| Lebanese Pound                                       |                |             | 1500                  |
| Libyan Dinar                                         |                |             | 1.244                 |
| Omani Riyal                                          |                |             | 0.3850                |
| Qatar Riyal                                          |                |             | 3.6405                |
| Saudi Riyal                                          |                |             | 3.75                  |
| Syrian Pound                                         |                |             | 68.35                 |
| Yemeni Riyal                                         |                |             | 214.05                |
| UAE Dirham                                           |                |             | 3.0726                |
|                                                      |                |             |                       |
| Currencies are quoted against the US Dollar          |                |             |                       |
|                                                      |                |             |                       |
|                                                      |                |             |                       |
| ALERTS ON YOUR CELLPHONE, SMS THE STOCK, E.G. STOCKS |                |             |                       |
| OM TO 6667 Each alert costs Sh10                     |                |             |                       |



**FOREX** | Euro also weak after European Central Bank said it would keep interest rates on hold

# Markets extend losses over US fears

The threat of a fiscal cliff in US has sent signals to investors that the country could plunge into another economic crisis

HONG KONG, Friday

Asian markets fell yesterday, extending their losses from the previous day as fears the US is headed for another economic crisis sent Wall Street diving again and dealers running.

The yen also remained at elevated levels after Barack Obama's re-election as US president stoked concerns of political gridlock in Washington with a "fiscal cliff" approaching that could tip the country back into recession.

Tokyo fell 0.94 per cent by the break, Hong Kong lost 0.53 per cent, Sydney shed 0.42 per cent and Shanghai was 0.11 per cent off, while Seoul slipped 0.88 per cent.

While Obama's victory over Mitt Romney removed uncertainty traders have now turned their focus to the deep spending cuts and huge tax hikes that will come in on January 1 if Republicans and Democrats do not reach a deal.

The package is a major threat to the economy after a protracted but possibly reckless compromise was reached last year — with the expectation a less painful plan could be agreed — to raise the country's borrowing cap.



YOSHIKAZU TSUNO | AFP

## WORLD TRADE

### Investors keep eye on China, too

Investors are also keeping an eye on China where a week-long congress is underway at which the country's next leaders will be anointed.

Official data yesterday showed Chinese inflation eased to a nearly three-year low in October, hitting 1.7 per cent year-on-year, compared with 1.9 per cent in September.

Japan's share prices dropped 135.74 points to close at 8,837.15 points at the Tokyo Stock Exchange, after a huge Wall Street sell-off as Barack Obama's re-election sparked fears of Washington deadlock.

If the automatic measures kick in, the America's slow recovery from the financial crisis could be reversed and the nation tip back into recession, dealing a blow to the global economy.

The threat of a fiscal crisis sent Wall Street tumbling for a second day on Thursday.

The Dow, which suffered its worst one-day drop of the year on Wednesday, lost another

0.94 per cent, the S&P 500 fell 1.22 per cent and the Nasdaq lost 1.42 per cent. However, US dealers were provided another set of upbeat data that indicate the world's biggest economy is picking up.

The commerce department said US trade deficit narrowed in September to \$41.5 billion, from \$43.8 billion in August, thanks to a rebound in exports. (AFP)

## BRIEFLY

### TELECOM

#### Canadian telecoms to blacklist stolen devices

Facing threats of mandatory regulation, Canadian telecoms backtracked on Thursday and said they would blacklist stolen devices, say, smartphones and tablet computers next year. The announcement by the Canadian Wireless Telecommunications Association, an industry group that represents carriers, follows months of pressure by Canada's telecom regulator, police and politicians. By September 30, 2013 Canadian carriers will authorise use of devices on their networks only after verifying that they have not been reported stolen. (AFP)

### SHIPPING

#### Storm Sandy delays Titanic II launch

An Australian mining magnate behind the building of the Titanic II yesterday said that a New York gala to unveil plans for the vessel would be delayed out of respect for the victims of super storm Sandy. Clive Palmer said the launch planned to take place on the retired aircraft carrier USS Intrepid in New York, at which he was to unveil the design and plans for his Titanic II project, will be rescheduled for early 2013. The new ship will mirror the original's dimensions — 270 metres long, 53 metres high. (AFP)

## PINK THE GREEN 2012

Friday, November 16th 2012

Nation Media Group invites you to a charity golf tournament to be held on Friday, November 16th 2012 at the Vet Lab Sports Club followed by cocktails, dinner and awards ceremony thereafter.

The Pink Project is an initiative that seeks to promote good breast health countrywide by aiming to inform, educate and provide accessibility to breast checks and examinations to ensure early detection of this disease.

Registration fee for golfers: Ksh. 2,500  
Entrance fee for guests: Ksh. 1,000

Come and enjoy a relaxing weekend while playing golf and supporting a worthy cause!

For more information please contact  
Wanja Mwangi  
Corporate Affairs  
Nation Media Group  
020 328 8251  
Email - mwanja@ke.nationmedia.com

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## Special Feature on MACHAKOS COUNTY

The Daily Nation of November 22nd 2012 will publish a special feature on Machakos County.

This will touch on issues such as:-

- Education
- Hospitality and tourism industry
- Aspirants for political offices and their visions
- Infrastructure and Real estate development
- Retail and wholesale business

### ASPIRING FOR POLITICAL OFFICE?



To participate contact;

Musyimi:  
Tel: 0733682000, Email: gmusyimi@ke.nationmedia.com  
Musyoka:  
Tel: 0724323310, Email: nmusyoka@ke.nationmedia.com

DAILY NATION



NAIROBI & UPCOUNTRY

PERSONAL NOTICES

**A109** Lost

**CHASE** Dominic Musiba: Passport no. AB.147831 Contact +255712444888 or Tanzania High commision in Kenya

**A116** Marriage

**PARTNER?** sms LOVE to 4804

**ASIAN/WHITES** sms 0714133500

**A** track ua cheating wife/husband.cal trackways spies 0788404275

**DATE** Rich-Indians 0701399968

**LONELY?** Sms YES to 0720078361

**WANT** a certain man/woman 2marry u? is she/he unfaithful & want him or her 2 commit 2u alone? want back ur partner & restore ur love etc. Call: Sowari 0722140527, 0733291085

**WHITE SINGLES** sms 0718302344

**A123** Prayers / Retreat

**DIVINE** healing & delivaranace Pst Kimani Neno 0724327090

**PROPHET** prayers 0727-210009

PERSONAL SERVICES

**A181** Beauty

**0707758259** Size,delay,hardrock 150/=

**0723408602**@Mombasa mens delay gel

**0723408602**@mombasa mens maxman

**0723408602** @ mombasa mens VigrX

**LAVINGTON** spa 0712958179

**MEN'S** mani/pedi w/lands 0203748866

**PATTAYA** BEUTY 0722108363

**A202** Entertainment

**BEAUTIFULL** party. Tonight @ Apple Bees Club, Parklands Rd. opp MP Shah Hospital next to Shell.

**DARE** miss her party tonight. All her girlfriends @ Club Caldino 3rd flr China Centre Ngong Rd

**IT'S** the Ugandan n Rwandese weekend party tonight NYPD Club Mugo kibiru rd off Ngong Rd opp. Nakumatt prestige

**A230** Health

**020-2245564**(www.vimax.com)sizecaps

**020-2245564** Vimax 60 pills caps

**0707-758259** magic slim & weight gain

**0722780130** Instant pwr & delay 1500.

**0723408602**@ Msa hardrock @200

**0723408602** Cavanossa size, caps @3k

**0723408602** Delay spray @1500

**0723408602** France T253 delay/size

**0723408602** Rockhard instant@200

**0723408602** savage king caps power 2k

**0723408602** Vigrx big-size @1500

**HEALTH** &Body fitness 0712-301776

**PRO-EXTENDER** machine (USA) for size, 100% guarantee 0722-506355 Visit: www.soltechenterprises.net

**RELAXER** Fitness Town 0729589667

**VIGRx** Plus & Maxma, Vmax for size 0720892977

**A286** Personal

**INSTANT** luck rings 0725-092428

SHOPPING GUIDE

COMMERCIAL

**B462** Business for Sale

**CYBER** Cafe opp. Hilton very high traffic Tel. 0724970608

**ICT** College Loita st. call 0722253228

**LADYS** Boutique on sale call 0721523859

**TSAVORITE** Mine for sale: A Prospective Gem stones mine, fully established and with full mining equipment is on for sale. The mine is located at Makuki & Mgama areas near Voi, Taita Taveta District. Interested parties can contact 0710425781, +211 922 058999

**WESTLANDS** 70 person restaurant 0700278815 www.svo.co.ke

**WESTLANDS** Fast food for sale ready to run 0735-821336, 0723 409089

**B469** Business Offers

**BIZ** development consultancy 0728243488

**BUSINESS** Management Softwares (Systems) 0727-080007

**B490** Computer Services

**PHARMACY** Software 0722610448

**SOFTWARE** for Stock, Shop, Sacco, Hotelbar, School, Chemist, Clinic, Property, Hrdware, Bkshp 0727-714427

**B525** Financial

**020-2245564** spot loans on Toshiba, Macpros & HP Laptops btwn 20K-50K

**0722325037** advance cash on cars while selling on behalf

**ADVANCE** selling ur car 0722833300

**LOANS** on the spot between 15-40K with laptops as security, 0723408602

**WE** Advance you cash & trade-in as we sell your car 0713266196

**B546** Machinery for Sale

**GESTENER** Machine 311 Tel 0733445680

**POWER** back up inverters 3KVA -15KVA auto 10hrs fully installed 0722747246

**B553** Machinery Wanted

**REQUEST FOR QUOTATIONS FOR 15KVA, 20KVA GENERATORS FOR SLOVAK AMBASSADOR'S RESIDENCE**

The Embassy of Slovakia in Nairobi requests interested suppliers of **15KVA and 20 KVA generators** to send their quotations as well as references to the Embassy no later than Wednesday, 14 November 2012.

The Embassy of the Slovakia  
Milimani Road,  
Opposite Heron Hotel  
P. O. Box 30204- 00100 Nairobi  
Tel: 20 272 1898 / 6  
Fax: 20 271 72 91  
Email: emb.nairobi@mzv.sk

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**0721486136** We buy \*dead\* Mac/PC Laptops & repairs!!

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**LAPTOP**:Screen & repairs 0721486136

**LAPTOP** Repair call 0722626161

**LAPTOPS** from 18/35K 0727649965

**WEBDESIGN** 4k smart 0728303129

**WEBHOSTING** + Free Websites www.sasahost.co.ke 0713 478555

**A836** Electrical Appliances

**AUTOMATIC** Switch 0719439259

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**B324** Building

**TILES** n Terazo flooring experts & sanding. Call 0723587437

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**A531** Hotels

**BERMUDA** Garden hotel 0710211000

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**A557** Apartments Available

**2br** Fully furnished serviced apartments visit: www.sundowner.co.ke 0706386989

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FOOD & BEVERAGE

PETS & LIVESTOCK

**B008** Others

**SCRAP** metals 4 sale 0724018723

**B015** Poultry

**AUTOMATIC** Poultry incubators 880,1056,2112 eggs 0722851228

**KENBRO** Chick day old 1,2,3,4wks old chick also call 0735768580

SITUATIONS VACANT

**B250** General

**0700-091268** Airport rq 25 casuals

**0700-091268** bank req 20cleaners urg

**0700125309** BCE Drivers &t/boys rd

**0700125571** cleaners & messengers

**0700148482** new s/mket rq 20 att

**0700260022** waiters&cooks rq

**0700300016** 2dist drivers&tboys

**0700397814** Airport rq 25 casuals

**0700397876** mpesa/att&shop/att rq

**0700398081** truck drivers, t/boys

**0701423272** Hotel rq waiters urg

**0716132606** 10 T/boys & loaders

**100** Position for form 4 leavers &above. Earn 5000 weekly in a wholesale,with a canadian System of sales & marketing. Free interviews & Training. call 0725401272, 0722-735620

**100** sales promoters and distributors needed in a new organization Kshs 7000/- weekly form 4 lvrns and above free interviews no experience needed call: 0711585261, 0708615542

**I** bankclnr 10 S/Mket/Att & mpesa/att 5L/Dist drivers & t/boy 0700484165

**200** Form 4 leavers wanted for Sales and Distributors in a new branch, Kshs 7000 weekly. Free Training. No experience needed. Call 0712857055, 0718355523

**ACHARD** supermkt rq att 0703856998

**A** Co. rq recep office/A Customer/C Msger drivers&t/boys 0700046520

**AN** NGO req form 4s n above. 65k p.m sms-0717168745

**A** Trailer driver/tboys 0700171905

**DRIVERS** req at paint co 0703856998

**DRIVERS** rq 38k sms 0701725223

**FH** driver (7) & t/boy (5) rq 0724672673

**IT** shop requires a shop attendant. Apply 57148 00200 Nairobi

**JOBS** IN GERMANY 0714798821

**MANAGER** Dairy Cows, goats, P.O Box 59785-00200 Nairobi

**MARKETERS** ugtyl rqd 0707056745

**NGO** rq f4s 40k sms 0720904729

**RADIOGRAPHER** Needed with experience in Sonography for details Call: 0705729287

**WAITERS** & cashier rq 0708676713

SITUATIONS WANTED

**B277** Domestic

**0722516342**, 0721834778 trained h/g

**H/GIRLS** available 0725073251

**B291** Men

**TAXI** Drivers rqd 0721918295

EDUCATIONAL

**B403** Colleges

**CPA** Blocks Online 0721636266

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**B431** Seminars / Workshops

**BIBLE** expositions 0700529492

STORAGE & W/HOUSING

AGRICULTURE & HOME

MOTORS

MOTORCYCLES & BICYCLES

HEAVY COMMERCIAL

**B212** Tractors for Sale

**MF35**/135/590/290/385 0722767740

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**B049** Car Hire

**0700327777** Cars wtd 50-200K pm

**0700477381** new cars @2,500/=24hrs

**0704267715** superb rental new, modern, f/lld, variety from 2500/- p.d

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**CARHIRE** 0723069326, 0721834701

**CAR** wanted 50-200k 0722837352

**GLOBAI** Fund Women Leasing 4x4 saloon trucks 0722526649/ 0735688683

**LIBRA** CAR HIRE WISH PREEMIO NZE 2K 0721670864

**NZE** & IST NEW 10 days 10k 0725 428139

**PRIMO** WISH NZE 25K PD 0722589045

**SAVANA** Gold car hire 0700776777

**VEHICLES** Needed longterm hire Tel 0736167897/ 0722563088

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Used Atlas Copco XRH350 Dd Portable Air Compressor  
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**HONDA** Fit 560K KBT 0727569133

**ISUZ** exhauster 1.6M 0725414107

**ISUZU** CXZ Tipper KAU 0737224073

**ISUZU** DMAX Year 2007 Kshs 1,450,000 Tel: 0726364000

**ISUZU** KBA 29pas 0715468894

**ISUZU** NPR KBK/J Cln 0723814657

**JCB/Exca/J**5240/1994 0720852366

**L/Cruiser** d/cabin BC 3.6M 0720439353

**L/cruiser** HDJ81 1.7M 0722-516322

**L/ROVER** F/Lader KBK 0731556842

**M/demio** 05kbs 600k 0702160184

**MAZDA** P/UP KRK 125K 0720366886

**MITSUBISHI**Truck sales. 0751572500  
MIT. FN 627 KBK ksh6.7M o.n.o  
MIT. FN 627 KBB Ksh6.3M ono  
MIT. FM 615 KBK Ksh4.2M ono  
MIT. FM 615 KBG Ksh4.0M ono  
MIT. FH 215 KBG Ksh3.5M ono  
MIT. FH 215 KAY Ksh2.8M ono

**NEW** Toyotas Wanted 0723634914

**NIS** B12 loc KAD v/c 0726393310

**NIS** B13 KAM v/c 175k 0710933688

**NIS** pick up, clean KAD -yr 89,petrol.415K.Call 07216



**KITENGELA** 1/8ac 730k titles, s/offer 020-2610966, 0715086866

**KITENGELA** Korompoi 1/8plot Tel 0721987007 Stoney Athi 17acres

**KITENGELA** Town plot 1/8 acre on tarmac top business zone 13.5M 0707-666686, 0722-300838

**KONZA** City 10 & 7.8acres Tel 0725799034

**Mebly** 80x40 1.7m 1/4ac 4m 0722885302

**MEMBLEY** bypass 1/4 0735529495

**PEPONI** Rd 1acre comm. 0722732244

**RUAKA** plots for sale 0720320656

**RUIRU** Gathage Rd. 1/8 near tarmac title 950,000/- tel: 0700425374

**RUIRU** matangi 40\*60 0721926610 0731976828

**RUIRU** s/highway opp KU 2.5acr 40m good for p/s 0733574766

**RUNDA** Mhasibu 1/4ac Gated community 10m Call 0722219651

**SATELLITE** Riruta next DC's office 0.25ac 18m Call 0722219651

**SPRING** Valley rd 1/2ac 0719-112415

**THIKA** 1/8acre sale 0726776932

**THIKA** Highway plots at Juja 80x40 ready titles selling last phase, Christmas offer 600K 0728807735/ 0732283049

**THIKA** next to Golf Club 1/4ac 1.8M, 2.5M, 3M Call 0722219651

**THIKA** Town 1/8acre next to Chania Estate 2.2m neg call 0723-984126

**THOME** 1/2acre plot 0722826899

**UTAWALA** Fahari hotel 1/4acre Kshs 3M. Tel 0734-414883

**VINEYARD** Properties Ltd.Kitengela plots near Acacia school @450K. per 1/8acre 0722956037, 020550287

**WESTLANDS** Waiyaki Way 0.75ac on highway Kshs 500m 0722219651

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600 sqft Agro/H/ware shop KPCU 0722633551

**FREE** furn offices 0728692695

**FRONTSHOP** CBD b/stage 0721546438

**KILIMANI** restaurant 100pax 2117433

**OFFICES** Moi av 16-18k 0720285110

**B782 Properties for Sale**

**3BR** + sq njiru 2.9M 0700-486776

**BURU-V** 3br corner 7.6m 0722885302

**GARDEN** est 8br 1/4ac 0722782513

**KAREN** 3br on 1/2ac 35m 0722491671

**KASARANI** maisonatte + 1br sq ksh 15M tel 0723212294

**KITENGELA** 3br+sq 0732230078

**Lavington** maison. 16M 0722-516322

**MAGIWA** 3brm+sq 13m 0725817817

**MANSION** 4sale Nyayo 0725273006

**N/West** 3b/r m/net sq 13m 0720855243

**NJABINI** Town bld 3M 0737604012

**O/** Rongai 3br hse sh 5.1m 0721551419

**OPP** Nairobi Estate Bamburi Mtambo Road 100mby50 KSH 7m 0723266788

**RUIRU** 1.25Acre next to Kwihota Pry. Sch. 1.5km from bypass call 0723672871 or 0723645475

**SOUTH C** 3brm+sq 13m 0725817817

**B789 Properties to Let**

**1,2&3** br Westlands 7-28k 0729037168

**1,2br** Adams H/Gum 8-20k 0703273731

**1&2** br South B/C 10-25k 0701352692

**1&2** BR, + SHOPS secure, tiled, DSTV, wardrobes at pipeline stage opp. Total petrol station 21-25k 0737014784.


**1** b/r Hurlingam 15,000/= 0720040895

**A Life Dedicated To The Lord**

The Franciscan Missionary Sisters for Aftica humbly accept the sudden death of Sr. Maria Lydia Pardeller on 7th November 2012. Sr. Lydia served the Church in Uganda, Ethiopia, Zimbabwe, South Africa and Kenya.

Her option for the poor in Medical, Educational and Social Services was evident in her various projects. Her last project was in the Foundation of "Hands of Care and Hope" in Korogocho, Kariobangi Catholic Parish. Sr. Lydia's funeral will be at the Mother house of the Congregation, Dundalk, Ireland.

**May She Rest in Peace.**



**Sr. Maria Lydia Pardeller**

**IBR** FLT SOUTH C 21K 0722389129

**2** b/r+sq State Hse rd 22k 0720072159

**2** b/r Nairobiwest 16,000/= 0720020410

**2** br Parklands 22000/= 0712799972

**3** b/r Upperhill 35000/= 0716786222

**4BR** maisonette Upperhill between World Bank office & Don Bosco Catholic church, well maintained. Call owner 0723631540, 0722270103

**ADAMS SQ** 5k 0720985378 owner

**FUNGUO** IBR 9K 0729038472 owner

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**JOSKA** 100x50 Q/Sale 0722520924

**KAREN** 5br,sq on 1/2ac 0722520924

**KIAMUMBI** 1br 6k 0724674808

**LAV** 3bd +pl 60k 0714238844

**LOWER** Kabete 2BR 0718416072

**NAIROBI** West Mai Mahiu rd Miller Estate 2bedroom flat 30,000/- pm neg Tel 0722822243 owner

**NGARA** 1br b/s 0722711464

**P/LANDS** IBR 10K 0720076630 OWNER

**TENA** 3br Bungalow 0722161540

**UCHUMI** Jogoo rd 3b/r, shops, 1b/r, 2b/r, b/s, restaurant Tena 2b/r b/hole water stone fenced Tel: 0721388892

**WESTLANDS** 3br apt near Sarit 80K Tel: 0722-228273

**W/LANDS** 2br maisonte + stady rm 25k 0735495528 owner

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## Death Announcement

We the family and burial committee announce the demise of Bernard Kariuki Murigu of Narok town that occurred on 4th November 2012 at Meridian Equator Hospital after a long illness.

We hereby invite friends to his burial preparations at Spear hotel-Narok, Garden Square-Nairobi and his 2 Narok homes-At Nyawira road next to unity bar, and Olopito behind Sea-Rock bar-starting at 5:30 pm daily. Main Harambee to offset a pending Hospital bill and burial expenses will be held on 18th November starting at 2pm at members club Narok town.

Friends, who would not get a chance to attend the Harambees, can send their donations through M-Pesa to Catherine Mumbi on Mobile phone number 0721140579.

We loved you but God loved you most.



**Bernard Kariuki Murigu**  
1945- 2012

## IN LOVING MEMORY



**DENNIS CHEGE**

It is nine years today from the day you left us. Though physically gone your presence, laughter and kindness is felt in everything we do.

Fondly remembered and deeply missed by your Mum Rose, Dad Tim, and sisters Cynthia and Bernice, family and friends.

He is the Lord who gives and takes  
Praise be to Him.

## In Clemens Memoria



**Stephen Wachira Wanjau**

Our memories of you bring us happiness for what was Sorry for what was lost and a deep longing for the past

You are always fondly talked about and dearly missed  
Life just hasn't been the same without you

Dearly missed by your wife, family, relatives and friends.

**We thank everyone who stood with us during those trying moments and continue to do so.**  
**May God richly bless you.**

## Death and Funeral Announcement

It is with profound sorrow and humble acceptance of God's will that we announce the passing on of George Kahiro Wanyoko on 6th November 2012 at Nairobi.

He was son of late Wanyoko Mureithi and late Margaret Wanjiru. Beloved husband of Lucy Muthoni. Father of Allan Wanyoko and Irene Wanjiru. He was the brother of Grace Wanjiru, Charles Mureithi, Gerald Muchira, Stephen Mwaniki, James Macharia and Jane Murugi.

Friends, relatives, family and members of Wahundura Welfare Association are meeting at Abbey Hotel from 9th to 13th November 2012 at 6.00pm and at his home Kiamwangi Village Wahundura Muranga County.

The cortege leaves Kenyatta University Mortuary on 14th November at 8.00am for funeral service at A.C.K Wahundura Church at 11.00 am and burial at his home Kiamwangi at 2.00 p.m.

**In God's hand you rest, in our heart you remain for ever.Amen**



**George Kahiro Wanyoko**

## Celebration of Life

It is with humble acceptance that we announce the sudden demise of Geoffrey Mbui Kimani (Jeff) son to Michael and Mary Kimani. Brother to Gladys Wambui, Veronica Nyambura, Ibrahim Chege and Gabriel Thuku, grandson to the late Ibrahim Chege and Jane Nyambura, Gladwell Wambui and the late Mbui Muthemba, Uncle to Manus, Annete, Leticia and Mike a dear friend to many.

Funeral arrangements are ongoing at his parents home in Mihang'o Estate, Embakasi.

The cortege leaves City mortuary private wing on Monday 12th November 2012 at 8.00am for funeral service and burial at the family home in Gatong'ora village, Ruiru off the Eastern Bypass.

**Rest bro, Rest with the Lord, Rest is good**



**Geoffrey Mbui Kimani (Jeff)**  
Rested: 1/11/2012

## Promotion To Glory

It is with humble acceptance of Gods will that we announce the promotion to glory of Pastor Benson Kagai Nganga, which was as a result of road accident. Until his death he was working with Shaloam Ongata Rongai PCEA and a student of Presbyterian University of East Africa. Husband of Lydia Wangui. Father of Wambui, Nganga and Wanjiru of Arap Moi Pri Nkoroi.

Son of the late Philip Nganga and Leah Wambui. Brother of Muthoni, Ngendo, Wanjiru, Muiru and Kamau. Son-in-law of Peter Muthui and Jeniffer Wanjiru.

Friends and relatives are meeting daily at his home in Ongata Rongai and in their home from 4 pm to plan for the burial.

The cortege leaves Upland Funeral home on Tuesday 13<sup>th</sup> November 2012 at 8.00am for burial at their home in Gitune Nguirubi Ndeiya.

**"Pastor Kagai, in God's hands you rest, in our hearts you live forever."**



**Pastor Benson Kagai Nganga**

## In Loving Memory/3rd Anniversary

In your path we carefully trend,

Your presence forever felt,

Filling the empty space you left.

It is now 3 years since you painfully departed from our midst to be with the Lord.

Fond memories of our times together are etched In our hearts.

Dearly missed by your beloved wife Hellina, your children and grandchildren.

Your brothers, sisters and relatives and all those whom you touched in your quiet nature.

**"The Love that you showered us with will live In us forever, forever binding, forever guiding."**



**Benjamin Githinji Ndegwa**



# SATURDAY NATION Sport

For the best sports news, analysis and pictures



## AMLA, KALLIS IN BIG STAND AS PROTEAS MAKE STATEMENT

Hashim Amla and Jacques Kallis became South Africa's greatest scoring partnership as the Proteas dominated Australia's bowlers to seize control on day one of the first Brisbane Test yesterday. The pair rammed home the advantage with an unbeaten century stand as the world's best team blunted the Australian attack to have the South Africans in command.

**GOLF** | Uganda finish second as Tanzania third

## Kenya retain regional crown

Opati's charges sweep opponents aside in final round to keep East Africa Challenge Cup

**BY LARRY NGALA**  
larryngala@gmail.com  
In Bujumbura

As expected, defending champions Kenya produced their usually final round fireworks, winning seven out of the eight final round singles to retain the East Africa Challenge Cup with a margin of three and half points from their closest opponents Uganda at the nine-hole Bujumbura Golf Club course yesterday.

Starting the final round just half a point ahead of Uganda, the Kenyan side saw one of their juniors Daniel Nduva beat Tanzania's Jimmy Mollel 5-3.

This victory was followed soon after by that of another junior Mathew Wahome who beat Burundi's Haruna Hakizimana 4-2. There after John Wangai scored a two hole victory against Rwanda's Afrodiasias Nyirinkwaya.

Kenya's team captain David Opati completed the morning work with a 1-up win against Uganda's Willy Kitata in a closely fought match which saw Opati recover from one two holes down going to the 10th tee.

### Amateur player

Kenya's second ranked player, Nelson Simwa, brought the side's fifth point with a 4-3 win against Uganda's Happy Robert while Mathew Omondi

posted a 3-2 win against Tanzania's top amateur Abbas Adam.

Youngster Adel Balala was the only Kenya to lose his match after going down 8-7 to Burundi's Mwafrika Radjabu.

It was however Abraham Abdullai's 1-up win against a player from Rwanda for a total of 17 points, which started off the celebration for the Kenyans who have now won 10 out of 14 tournaments. Uganda finished the KCB sponsored championship with a total of 13.5 points after winning three and halved two matches.

### Pool of players

Tanzania came third with a total of 11.5 while Rwanda was fourth on 9.5 points.

Both Tanzania and Rwanda scored three and half points in the afternoon singles which was partly affected by the rain that made the course play long. Hosts Burundi with only two points in the closing round singles, was placed last with a total of 8.5 points.

Speaking after his team's victory, Kenya's coach Charles Farrar said the Kenyan juniors will be unbeatable in the next two years.

"Juniors like Kush Mediratta and Mathew Wahome have displayed a rare talent and they will beat any player in the African continent in the next two years," Farrar said.

Farrar said Kenya was capable of producing a strong amateur team from the pool of juniors available in the country, with funds available.

Team captain David Opati said he was encouraged by the youngsters who he said played well despite the fact that this was their first outing save for Daniel Nduva.



GIDEON MAUNDU | NATION

David Opati reacts on the second day of the 2012 Barry Cup tournament at the Mombasa Golf Club. The Kenyan captain led his men to victory in the East Africa Golf Challenge in Bujumbura yesterday.

## Vettel: 100th GP, third title, and greatness?

London

Sir Jackie Stewart may not agree, but defending drivers champion Sebastian Vettel will stand at the threshold of greatness when he lines up for his 100th Formula One race in Austin on Sunday next week.

The 25-year-old German can clinch his third successive title with Red Bull and become the youngest triple champion in F1 history if he wins the United States Grand Prix.

And, after his near-amazing drive from a pitlane start to finish on the podium at last Sunday's Abu Dhabi Grand Prix, there are few observers left who have any reservations about Vettel's status in the hall of champions.

Stewart may have commented recently that he was yet to be convinced that Vettel has become a great driver. But others have already declared that the 'baby faced assassin' is one of the greatest.

Certainly, his Red Bull team are - as expected - full of admiration not only the technical merit of the champion, who heads across the Atlantic with a 10-points advantage ahead of his only remaining rival, Fernando Alonso of Ferrari. Vettel's team are also in awe of the German's mental strength. Team chief Christian Horner revealed earlier this week that Vettel was the only man in the team convinced he could pull off a good result.

"Fernando (Alonso) looked very revved up on the podium having gone forward four places, while Seb had gone to the podium via losing his front wing," said Horner.

### Mental strength

"Seb is going about his job the way he does it. Mentally he is very strong. Before the race I went to see him to wish him good luck, and he is in there playing a drum kit with his trainer.... "He said, 'I will see you later on the podium'."

"He was the one guy in the briefing room on Saturday night - while the rest of us were ready to slit our wrists - who said he could do it. "It is that mental strength that he has that is one of his biggest assets."

All of this means that the American event will present Vettel with his first authentic opportunity to confirm he has kept his crown - but Horner said that will make no difference to the way that the Red Bull team approach the race weekend. (BBC Online)

## Monkey business halts England's tour match in India

Ahmedabad

England's tour match against Haryana was halted briefly in Ahmedabad yesterday after a group of monkeys appeared on the field, leaving the tourists amused.

The monkeys walked across the field when the post-tea session was in progress on the 'B' field of the

Motera stadium complex, where the first Test starts in the main ground on November 15.

England seamer Tim Bresnan, who hails from Yorkshire, said the unexpected invasion did not bother him.

"No, we get them down at my local cricket club all the time," he joked. Bresnan took two wickets as

Haryana, replying to England's first innings total of 521, cruised to 172-4 by stumps on the second day of the four-day game.

Bizarre interruptions in cricket are not an uncommon feature.

Bees, pigs, snakes, and even hedgehogs have been known to stop play in various centres around the world. England are hoping to

win their first Test series in India since 1985 when the four matches are played in Ahmedabad, Mumbai, Kolkata and Nagpur.

Meanwhile, JP Duminy took some gloss off South Africa's brilliant opening day in the first Test against Australia Friday by being ruled out of the tour with an Achilles injury following play at the Gabba. (AFP)

saturday sport

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KENYA CUP RUGBY | Meetings between the White and Black shirts have never had clear favourites

# Nondies face stern Mwamba test

Quins away to Blak Blad, Machine host KCB, while Impala entertain Bulls as league enters week two

BY AYUMBA AYODI  
sayodi@yahoo.com

Nondescripts host Mwamba in an enticing Kenya Cup match at Jamhuri Park showground as both sides seek to maintain their winning start to the season.

After handing Western Bulls a rude welcome to top flight rugby last weekend, defending champion Lunch Bar Quins are almost sure for another sublime show away to promoted Blak Blad at the Kenyatta University.

Kisumu launch their quest for glory this season when they host Nakuru, who will be drawing inspiration from their previous exploits against Blak Blad at Kisumu Polytechnic.

Kenya Commercial Bank start their title assault against the University of Nairobi's Mean Machine at the varsity's grounds while Impala are eying a comeback from defeat at the hand of Nondies with a good result against Western Bulls at Impala Club.

Paul "Pau" Murunga's Homeboyz also hope to bounce back from last weekend's 43-8 defeat to Mwamba as they take on Strathmore Leos at Ruaraka. Nondies snatched a precious 15-0 victory away to Impala while Mwamba hauled a massive



CHRIS OMOLLO | NATION

LOOSE PLAY: Joseph Mutisya (white shirt) of Nondescript's fights to claim the ball under the close attention of Impala's Samuel Wefwafwa during their Kenya Cup match last season at Impala Club. Impala won 21-12.

43-8 win against Homeboyz.

There is no room for mistakes for both sides considering that this is a one-leg league before the grand semi-finals play-offs. As they hinge on the success of their previous outings, the meeting between the white and black shirts have always produced exciting moments with no clear favourite going into their encounters.

Interestingly, the two sides outsmarted each other at their rivals back yard. Mwamba won at Jamhuri Park 24-5 before Nondies turned the tables away 23-12.

Undoubtedly, it will be a classy battle as Nondies unleash a hefty set of forwards marshalled by their youthful skipper Joseph Wachira

against Mwamba's nimble backs led by rising international sevens star Dennis Ombachi.

Besides Wachira, the Red Lion will be rolling out former KCB prop Derrick Wamalwa and former Machine back row Cedric Odera in the forward line.

### Good form

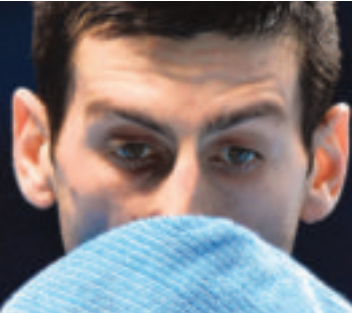
Another former KCB scrum half Collins Kimani should prove resourceful with distribution behind the pack as he looks forward out for the finishing from Biko Adema, Filden Sinei, Kelvin Were and Brian Beckham. Nondies forwards should brace for a bruising battle against Mwamba's youngsters Dan Sikuta, Edwin Machanje, Louis Kisia

and Bonke Atandi. But Mwamba's backline has always been a delight to watch. Lethal Ombachi should team up well with speedster Collins Injera and ever-crafty Asego brothers Lavin and Chris.

Quins might have gored Bulls but Blad, who are handled by national 15s coach Micheal Otieno, might prove a hard nut to crack basing on their spirited show against Nakuru who beat them 36-11.

Skipper Victor Sudi will have no other command other than victory to his charges especially his backline that has brother Nato Simiyu, who joined him from Impala, and the explosive Willy Ambaka. It will be Kisumu's second season in the top flight rugby.

## Djokovic subdues Berdych to reach semis



London

Novak Djokovic (above) advanced to the semi-finals of the ATP Tour Finals with a 100 percent record as the world number one defeated Czech fifth seed Tomas Berdych 6-2, 7-6 (8/6) at London's O2 Arena yesterday.

Djokovic had already defeated Andy Murray and Jo-Wilfried Tsonga in his previous Group A matches and the Serb knew he needed only to win one set against Berdych to be sure of qualifying.

The 25-year-old achieved that goal in just over half an hour, but he refused to take it easy after that and secured the victory which guaranteed first place in the group and potentially an easier route to the final. In the process, Djokovic also secured his 73rd match win of 2012, moving him level with David Ferrer as the year's two most successful players on the Tour.

Berdych's second loss of the tournament means he is eliminated, while US Open champion Murray can seal his place in the last four by taking one set from his match against Tsonga later on Friday.

"I didn't want to think about scenarios or calculations. I leave that to other people and just try to do my job and win on the court," Djokovic said. "I played a really good match but I thought he served better towards the end of the second set. I was fortunate to come back and win in straight sets."

### Booming serve

Djokovic had won 10 of his previous 11 encounters with Berdych, a dominant run which included victories over the Czech in the Tour Finals for the last two years.

The Serb, who won the Tour Finals in 2008 in Shanghai, was quick to take command again, breaking for a 2-1 lead when Berdych netted on the fourth break-point of the game.

Berdych had a chance to get back in the match when he earned his first break point on the Djokovic serve in the next game, but the Serb snuffed out that glimmer of hope before pressing home his advantage. Djokovic was dictating the tempo of the rallies and the unnerved Berdych, unable to cause much damage with his booming serve, surrendered a second break in the fifth game that effectively ended the first set.

With his last four place now secured, Djokovic looked like sprinting to victory when he broke to go 2-1 ahead in the second set, but a loose service game presented Berdych with an unexpected lifeline. That gave renewed impetus to Berdych, who started to unload his groundstrokes with more freedom, and the set went to a tie-break. (AFP)

### WEEKEND FIXTURES

#### Kenya Cup (kick-off, 4pm)

Impala vs. Western Bulls (Impala); Nondescripts vs. Mwamba (Jamhuri); Homeboyz vs. Strathmore (Ruaraka); Mean Machine vs. KCB (UoN); Kisumu vs. Nakuru (Kisumu Polytechnic); Blakblad vs. Harlequins (Kenyatta University).

#### ESS (kick-off, 2pm)

Impala II vs. Kakamega (Impala); Nondescripts II vs. Mwamba II (Jamhuri); Homeboyz II vs. Strathmore II (Ruaraka); Mean Machine II vs. KCB II (UoN); Kisumu II vs. Nakuru II (Kyushu Polytechnic); Blakblad II vs. Harlequins II (Kenyatta University)

#### Nationwide (Western)-(3pm)

Maseno Rest; Kakamega II vs. Bungoma (Kakamega High); Webuye vs. Moi Uni (Webuye DEB); Kisii vs. Masinde Muliro (Egerton Uni (Kisii Campus)); Siaya vs. Eldoret (Barding Sec School)

#### Eastern

Oryx Rest; Jkuat vs. Kenya Polytechnic (Jkuat Juja); Multimedia vs. KCA (Catholic Uni Karen); Egerton vs. USIU (Egerton Njoro); Kabarak vs. Mombasa (Kabarak)

## Waters sink Cereals to sail into semis

BY AYUMBA AYODI  
sayodi@ke.nationmedia.com

Tears of joy and sorrow flowed freely as Nairobi Water stunned champions Cereals Board 17-16 yesterday to reach the women's semi-finals of the East and Central Africa handball championships at the Nyayo National Stadium.

Nairobi Waters players danced, cried with joy while others lay prostrate on the court as they celebrated their revenge against Cereals, who had beaten them last year 27-26 to lift the national title.

The duel had all the ingredients of a thriller with Waters' youthful exuberance, speed and talent proving supreme against Cereals' experience. Most of

Cereals players broke down in tears after the defeat.

However, Water, who rallied from behind 6-7 at intervals to tame Cereals, have a battle at hand against the Democratic Republic of Congo's Heritage in the final today.

What was deemed as a close semi-final proved otherwise as Heritage mowed-down compatriots Police 38-11 to earn a rematch with Water whom they had earlier beaten 30-18.

DRC's Police edged out Prisons from Uganda 34-18 to reach the men's final. Champions Cereals and the University of Nairobi were to do battle in the other semi.

Nairobi Water captain Gladys Chilo, who said qualifying for the final was a humbling but

great experience, sent a strong warning to Heritage. "We are a different outfit from the one they beat in the pool stage. Let them be prepared for a hard and plucky battle," Chilo said. "We have worked on our endurance and defence that were sloppy."

Chilo was elated by her charges' discipline and commitment throughout the game. "We were hungry for results and God heard our prayers," said Chilo.

Team manager Mary Musau, who also double as a forward player, said they went under in the first half because they drifted into Cereals' system of play. "We tended to adopt their slow paced game," Musau said.



CHRIS OMOLLO | NATION

Nairobi Water players celebrate their victory over National Cereals and Produce Board during their regional championship quarter-final at Nyayo yesterday. Water won 17-16.



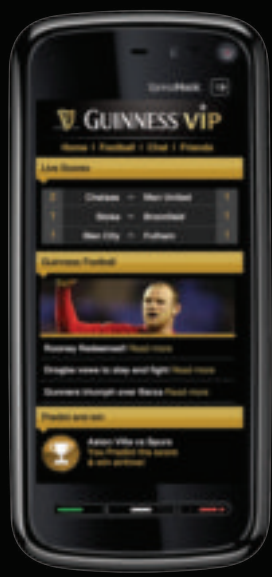
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**Wenger wants swift end to Walcott contract talks**  
Arsene Wenger has restated his desire to keep Theo Walcott at Arsenal, ahead of the visit of Fulham to the Emirates in the Premier League today. Walcott has so far failed to reach agreement with the club about a new contract and is set to become a free agent next summer unless a deal can be struck. Wenger said: "My desire is to keep Theo. We do what's needed to keep him and hopefully, we can sort this situation out very soon."



**Fergie unconcerned by Rooney goal drought**  
Manchester United manager Alex Ferguson is certain that Wayne Rooney will score 20 goals this season — despite his relatively poor start to the campaign. The England striker, 27, had a spell on the sidelines with a gash on his knee earlier this season but has only managed three goals in all competitions. "Wazza (Rooney) will get to 20 goals plus, I'm sure of that," Ferguson said.

**BARCLAYS PREMIER LEAGUE** | It's going to be a tough month for us. It's going to test us all, says Wilshere

# Leaders United seek to exploit rivals' inactivity

With Chelsea and City both in action tomorrow, victory at Villa would put Devils four points clear

**Manchester**

After securing a slot in the Champions League last 16 in mid-week, Manchester United will look to drive home their advantage in the Premier League when they visit Aston Villa today.

United moved to the top of the pile by beating Arsenal 2-1 last weekend and with nearest rivals Chelsea and Manchester City both in action tomorrow, victory at Villa Park would put Alex Ferguson's men four points clear.

Having beaten Chelsea and Arsenal in their last two league outings, United now embark upon a kinder run of fixtures that includes a trip to Norwich City before home games against Queens Park Rangers and West Ham United.

Wednesday's 3-1 win over Braga in Portugal means Ferguson can afford to rest players in United's two remaining Champions League group games, so the domestic title race will now be the number one priority until the end of the year.

Villa are just one place above the relegation zone, and United striker Wayne Rooney says his side should show no mercy as they bid to stretch their lead at the summit.

"There have been games this season where we've been fantastic, and there have been games where we've had to grind out results," he told Sky Sports.

"We're in a good position and we know we can play better football. Now we have a run of games where we feel we can get maximum points, so hopefully we can do that."

Arsenal's Champions League status is less secure, Tuesday's 2-2 draw at Schalke having left them in second place in Group A, and last weekend's loss at Old Trafford saw them fall to seventh in the Premier League.

## Level on points

Arsene Wenger's side have won just two of their last six games in the league and will be without the suspended Jack Wilshere when they host Fulham, who are level on points with Arsenal despite a run of one win in five matches.

Arsenal have seen Everton, Tottenham Hotspur and even West Bromwich Albion steal a march on them in the race for Champions

League qualification, and Theo Walcott says his team must now stand up and be counted.

"It is going to be a tough month for us now," said the England winger, who scored his side's opening goal in Gelsenkirchen.

"It is going to test us all, not just physically but mentally as well, and I think we are ready for it."

Everton go into Saturday's visit of Sunderland in fourth place, but they are hoping to end a sequence of four straight draws, having being denied victory at Fulham last weekend by a 90th-minute Steve Sidwell goal.

West Brom, meanwhile, will have their work cut out away at Wigan Athletic, who are bidding for a third consecutive victory after wins over West Ham and Spurs.

It could be a decisive weekend for bottom side Southampton, who host Swansea City amid speculation that coach Nigel Adkins' position is under threat after eight defeats in his side's first 10 matches.

Second-bottom Queens Park Rangers take their bid for a first win of the season to Stoke City, while third-bottom Reading will hope to close the four-point gap between themselves and Villa when they host Norwich City.

Tottenham's trip to Manchester City takes centre stage on Sunday, when the defending champions will seek to bounce back from the 2-2 draw with Ajax on Tuesday that left them hovering above the trapdoor in the Champions League.

Chelsea would have been in a similar position had it not been for Victor Moses' injury-time winner against Shakhtar Donetsk, which will give the European champions a spring in their step ahead of Sunday's visit of Liverpool. (AFP)

## WEEKEND FIXTURES

**Kick-off 6pm unless stated**

**Today:** Wigan Athletic v West Brom, Southampton v Swansea City, Stoke v QPR, Reading v Norwich, Everton v Sunderland, Arsenal v Fulham, Aston Villa v Man United (8.30pm)



**Tomorrow:** Man City v Spurs (4.30pm), Newcastle v West Ham United, Chelsea v Liverpool (7pm)



PHOTO | AFP

Manchester United's Robin van Persie (left) celebrates scoring against Chelsea during their Premier League match at Stamford Bridge on October 28. United face Aston Villa today.

# Defoe hat-trick keeps Spurs on track

**London**

England striker Jermaine Defoe helped himself to three clinically-struck goals and moved Tottenham Hotspur a step closer to the Europa League knockout stages with a 3-1 win over Maribor of Slovenia on Thursday.

With Group J leaders Lazio beating Panathinaikos 3-0 in Rome, Spurs are now two points clear of Maribor in the race for the second qualifying spot.

Defoe's first came after just 22 minutes, knocking home a Gareth Bale cross at the near post, but Spurs appeared to have shot themselves in the foot with a dreadful defensive blunder five minutes before half-time.

Kyle Naughton hit a sloppy back pass and French goalkeeper Hugo Lloris failed to react as Robert Beric slipped in and knocked the ball home.

But Defoe was on hand again four minutes after the break with a left foot effort after an incisive through ball from Thomas Carroll and cropped up again with a quarter-of-an-hour to go to slot home Bale's low cross from the left.

It could have been a good deal worse for Maribor if Emmanuel Adebayor had taken



any of the string of chances presented to him on a plate. Lazio swept into the qualifying round with a comfortable win over the Greeks with goals from Libor Kozak, in the 23rd and 40th minutes, and Sergio Floccari after 59.

Holders Atletico Madrid came a cropper in Portugal, beaten 2-0 by Academica Coimbra, but with three wins already under their belt, are safely through to the knock-out stages. (AFP)



## Platt backs Mancini after Europe disappointment

Manchester City first-team coach David Platt has defended manager Roberto Mancini after the club's Champions League frustration continued in mid-week. The English champions are currently third in the Premier League ahead of Sunday's clash with Tottenham Hotspur at the Etihad. But once again they have struggled in Europe and have just two points from their four matches, leaving them little chance of progressing to the knock-out stages for the first time.



## Terry could return for Liverpool game

Chelsea captain John Terry could return to the side after completing his four-match domestic ban. Juan Mata and David Luiz are fit after missing the draw with Swansea last weekend, but Ashley Cole and Frank Lampard remain out. Liverpool manager Brendan Rodgers will recall several first-team regulars who did not travel to Russia for Thursday's Europa League game.



2012 TUSKER PREMIER LEAGUE

**FINELY BALANCED** | We just need to win and hope Gor lose, says Matano

# Will Tusker retain title?

Brewers face tricky City Stars away and will be wary of them as they look for a win that could very well help them retain crown

BY ODINDO AYIEKO  
oayieko@yahoo.co.uk

Last season, Tusker won the league title on the final day of the season. This afternoon, they are not in the pole position they were heading to their deciding match against Congo United, but they stand a chance to retain the crown.

The defending champions know their fate is not in their hands any

more, though they might just emerge champions at the end of the 90 minutes today.

At 57 points, Tusker need to win their game against City Stars at Hope Centre and pray Gor Mahia falters against Thika United at City Stadium and AFC Leopards fail to beat Chemelil in Awendo.

Like Gor Mahia, Tusker has had a season of ups and downs to a point they had to fire last year's title winning coach Sammy Omollo "Pamzo" and bring in Robert Matano.

Two months ago they seemed to be slipping away from the title race. They had gone six games without scoring and confidence seemed to be waning. The coming of Matano changed the club's fortunes, they clawed their way back to the title race and this afternoon, they are chasing the diadem alongside Gor Mahia and AFC Leopards.

Matano believes that the brewers can still lift the title though he accepts the fact that it is dependent on how Gor Mahia fares.

"Gor Mahia just needs to win, for us we need to win and hope Gor Mahia does not win. But we are not under pressure. I think the pressure is much on Gor Mahia because their fans will be going to City Stadium expecting nothing but a win," observed Matano.

**Most successful club**

Away from Gor Mahia and AFC Leopards, Tusker is the third most successful club in the country with nine league title. Should they lift the crown today, they will be just two shy of K'Ogalo and Ingwe. But Matano is not bothered by past statistics. "My eyes are on our next title," he said.

A replica trophy will be at Hope Centre, venue of the game. Tusker have found it hard to win at Hope Centre but given the pedigree Matano has in his squad, he might just have the last laugh today. Question-will the laugh be for the game or for the title? Tusker has 57 points same as AFC Leopards but one behind Gor Mahia.

City Stars have nothing to lose. They are playing for pride rather than any success. They have survived relegation and would be playing more to enjoy themselves.

Which may just turn out to be Tuskers Achilles heel. A team that has nothing to lose may just go out to frustrate you. City Stars are not new to frustrating teams on the title winning day. Two years ago when Gor Mahia needed to win at City Stadium, City Stars forced them to a barren draw and the title went to Ulinzi Stars.

But Matano hopes his boys will come out strong today. He has scoring machine in Obadiah Ndege-questions linger why this striker is used sparingly. There is Peter Opiyo in the midfield and brilliant but erratic Bonface Oluoch in goal.



Tusker's Charles Odette (left) with team mate Fredrick Onyango after training at their residential camp in Limuru last week. The defending champions are just one point adrift of leaders Gor Mahia.

GET TO KNOW YOUR TEAM CAPTAIN  
ULINZI STARS CAPTAIN



PROFILE GEOFFRY KOKOYO

|                             |                  |
|-----------------------------|------------------|
| Position                    | Center Back      |
| Club                        | Ulinzi           |
| Weakness                    | Left Foot        |
| Strength                    | Leadership       |
| Age                         | 26               |
| Favourite Football Player   | Marcel Desailly  |
| Favourite Team              | Arsenal          |
| Favourite Food              | Ugali & Fish     |
| Hobby                       | Dancing          |
| Favourite Color             | Brown            |
| Marital Status              | Married          |
| Nick Name                   | Koky Didier      |
| Preferred Profession        | Gym Instructor   |
| Town(Where From)            | Nairobi          |
| Siblings (Brother, Sisters) | 4,2 Respectively |
| Role Model                  | Marcel Desailly  |
| First Professional Team     | AFC Leopards     |



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PHOTO FINISH

Mumias Sugar shares many close title races

AFC Leopards, Tusker FC and Gor Mahia are all poised to win this year's Tusker Premier League after an exhilarating race full of twists and turns. The trio have equal chances of clinching the most coveted trophy in the country with only a point separating them. This is not the first time that they have been involved in a league photo finish. The following are some of the close races witnessed over the years.

**2010**  
Gor Mahia was involved in a tasty race for the honours with eventual winners Ulinzi Stars. Going into final game, Gor were trailing Ulinzi Stars with a point after a strong resurgent second leg performance. City Stars provided their final huddle as Ulinzi Stars hosted Karuturi in the decider. Karuturi went down 2-0 while City Stars locked out Gor in a drab goalless draw.

**1999**  
Mumias Sugar was neck to neck with Tusker for that year's trophy up to the last game. The two teams had tied on points but Tusker had superior goal difference. Mumias Sugar needed a whopping 7-0 win over their final opponents Kisumu All Stars incase Tusker won their last match. On that final day Mumias Sugar walloped a hapless Kisumu 10-0 while Tusker beat Oserian 2-0. Mumias were however stripped of their title after allegations of match fixing in their last game against Kisumu. Tusker were declared champions.

**1998**  
Leopards were involved in another sprint finish with Mumias Sugar as the league entered its homestretch. After 32 matches, the two teams were tied on 63 points. AFC beat Mumias Sugar 2-1 at Nyayo Stadium. Now Ingwe led with 66 points with a match to go. Mumias was to play Shabana in their last match in Kisii while AFC hosted Kisumu at Nyayo. KFF shifted the Mumias match to Kericho and Shabana protested the decision and boycotted the match. Mumias got a walk over and three free points to put them level with Leopards but with AFC with a superior goal advantage. Ingwe spoilt Mumias' party by beating Kisumu by a solitary goal to be declared champions. They have never won another one since.

FINAL DAY FIXTURES

City Stars vs Tusker (Hope Centre)  
Stima vs Muhoroni (Bukhungu)  
Gor vs Thika Utd. (City)  
Chemelil vs Leopards (Awendo)  
Sofapaka vs Karuturi (Thika)  
Mathare Utd. vs Sony (Kasarani)  
Ulinzi Stars vs KCB (Afraha)  
Oserian vs Rangers (Oserian) (City)  
*All matches kick off at 3pm*

TABLE STANDINGS

|            | P  | W  | D  | L  | F  | A  | GD  | Pts |
|------------|----|----|----|----|----|----|-----|-----|
| Gor        | 29 | 17 | 7  | 5  | 36 | 17 | 19  | 58  |
| Tusker     | 29 | 16 | 9  | 4  | 36 | 14 | 22  | 57  |
| Leopards   | 29 | 17 | 6  | 6  | 45 | 26 | 19  | 57  |
| Sofapaka   | 29 | 12 | 9  | 8  | 32 | 23 | 9   | 45  |
| Ulinzi     | 29 | 13 | 6  | 10 | 34 | 27 | 7   | 45  |
| Thika Utd  | 29 | 12 | 9  | 8  | 35 | 32 | 3   | 45  |
| Sony       | 29 | 11 | 5  | 13 | 25 | 23 | 2   | 38  |
| Chemelil   | 29 | 8  | 14 | 7  | 17 | 17 | 0   | 38  |
| Mathare    | 29 | 9  | 11 | 9  | 33 | 35 | -2  | 38  |
| W. Stima   | 29 | 10 | 7  | 12 | 26 | 25 | 1   | 37  |
| KCB        | 29 | 10 | 6  | 13 | 33 | 30 | 3   | 36  |
| Karuturi   | 29 | 7  | 11 | 11 | 17 | 24 | -7  | 32  |
| City Stars | 29 | 6  | 11 | 12 | 16 | 29 | -13 | 29  |
| Muhoroni   | 29 | 7  | 6  | 16 | 19 | 33 | -14 | 27  |
| Rangers    | 29 | 4  | 12 | 13 | 22 | 50 | -28 | 24  |
| Oserian    | 29 | 4  | 9  | 16 | 12 | 33 | -21 | 21  |

GRAND FINALE | This is our biggest match of the season and we will not blow it, declares Logarusic

K'Ogalo charge towards 13th title,

Over 15,000 expected at City Stadium for Gor Mahia's anticipated grand crowning moment

BY ODINDO AYIEKO  
oayieko@yahoo.co.uk

For 17 years, Gor Mahia have waited to be champions of Kenyan football. Ninety minutes of football against tricky Thika United at City Stadium today stand between them and a 13th league title.

By 5pm this evening, Gor Mahia will have known their fate when referee Damaris Kimani blows the final whistle to signify the end of a remarkable season for K'Ogalo.

It's was an engaging and trying season that saw Gor Mahia dangerously flirt with relegation - they were 14th by the ninth game with just seven points - in the early stages that led to the administration taking the dramatic and drastic step of sacking the entire bench and starting.

It was a major gamble as Gor Mahia brought in little-known Croat Zdravko Logarusic bang in the middle of the. Would he sooth the deflated egos of the demanding Green Army?

No worries. That was to mark the turnaround of K'Ogalo as they charged into a 19-matches unbeaten, and turned an 18-point deficit on the table leader into a one-point lead over closest rival, AFC Leopards and Gor Mahia going into today's grand finale.

And it is Thika United who stand on their way and a first league title in 17 years.

**Security concerns**  
"This is the biggest match of our lives. it's a matter of life and death. We are not going to blow it now," said Logarusic.

"I repeat, the bird is already in the cage and we have the key"

Gor Mahia's title chase has brought some semblance of the old K'Ogalo, the club the media defined as "Mighty Gor Mahia" when they claimed a treble in 1987. The talent in the current squad may not match the great Gor Mahia teams of the past, but the passion has never died.

Some of the players who were in the 1987 squad have since rested in peace, most of the fans who saw the success have also retired or passed on, but the passion of K'Ogalo has never been more at fever pitch as it will be this afternoon at City Stadium.

Over 15,000 fans, some from up-country, will be watching the game at the venue Gor have turned into a fortress (fans fondly call the venue *Tok K'Omwanda* - after a famous eating

place in the area). Club official declined to shift the venue to Kasarani over security concerns and made assurance on proving safety for all fans. Assured of home advantage Gor feel they are not coming to win the title, but to receive it. They have 58 points, one ahead of Tusker and AFC Leopards.

Never since that great year of 1987 has Gor Mahia had self belief like they have today.

Gor Mahia captain Jerim Onyango cannot wait to lift the title. "This is the moment I have always waited for as Gor Mahia captain. I pray we win and become champions," he said.

Thika United will be no

pushovers though. The Thika side is the best ball mover in the league today and despite inexperience, they have performed well away. "We are not coming to stop Gor Mahia from winning the league title, we are coming to play football and if they win, I will congratulate them. They have come a long way," said Thika United coach John Kamau.

The entire Gor family is waiting for that moment when they will score a winning goal, and the moment Jerim Onyango will be handed the champions trophy. Will it be a great K'ogalo day or will it end in heartbreak?

MOHAMMED AMIN | NATION  
Gor Mahia goalkeeper Jerim Onyango has been outstanding this season. Gor have a one-point lead going into the final round of fixtures today.



2012 TUSKER PREMIER LEAGUE



FIGHT TO THE END | Koops says they aim for all-out victory and hope other results go their way

# old foes Ingwe cross their fingers

Leopards have failed to beat Chemelil over the past two seasons and will face an opponent intent on making the Top 8

BY JOHN ASHIHUNDU  
jashihundu@ke.nationmedia.com

**C**hemelil Sugar versus AFC Leopards is one of the big matches in this weekend's Tusker Premier League fixtures and, arguably, one of the toughest.

Both teams are fighting for a prize: Leopards for the league title and Chemelil for a Top 8 tournament slot.

Based on recent performances, the two sides have drawn all their league matches since last season.

Leopards were given a huge scare last season following Milton Kidiga's 23rd minute goal before Nicholas Muyoti equalised in a tension-packed match at Nairobi's City Stadium.

Fans watched their final fixture free in Chemelil as a Christmas bonus when Jonas Nahimana scored for Ingwe before David Ojwang equalized for the hosts.

When they met again in February this year, it was a barren draw in a well attended encounter played at Nyayo National Stadium.

In their last five matches, Chemelil have drawn all against Oserian (1-1), Mathare United (0-0), Karuturi Sports (0-0), Sony Sugar (0-0) and Thika United (0-0).

Leopards lost 1-2 to Gor Mahia before winning four matches 2-1 against Muhoroni Youth, Ulinzi Stars (1-2), Oserian (1-3) and 4-2 against Mathare United.

Back to today's match, both coaches, Jan Koops and Edward Manoa, have vowed to win.

#### Players' attitude

Chemelil coach, Mike Mururi has predicted a tough duel at the Awendo Green Stadium.

Chemelil go into the match as favorites as they have never lost to Leopards in their last nine meetings.

Mururi said they won't take it lightly at Awendo as they want to remain in the Top 8 contention.

Apart from the large crowd expected at the stadium, Mururi said the environment will not be good for both teams, but added the mental attitude will definitely

determine the winner; whoever settles into the game first will carry the day.

"Mentally, my boys may be underrated, but Leopards are headed for a rude shock I'm expecting a high quality duel and the worst I expect is a draw," Mururi, a former international said.

Chemelil have a well coordinated defence and the coach, who will count on Gerson Likono to marshal the midfield is convinced his boys will get something out of it.

#### Barasa fit to play

The sugarmillers, currently placed eighth on the table, are tied on points with ninth placed Mathare United and are only a point ahead of 10th placed Stima and two ahead of 11th placed KCB.

If both Stima and KCB win their final matches and Chemelil lose, then they will drop out of the Top 8 bracket.

Leopards' evergreen Mike Barasa, who was on target as Ingwe beat Mathare United 4-2 in Mumias, has fully regained fitness and could feature in today's match.

The feared *Ingwe* marksman has scored eight goals for his side and seems to have rediscovered his deadly potency at just the right time.

Allan Wanga, who has been in and out of the starting line-up, is among those expected to have role in today's duty.

Add the explosive Allan Wanga and Victor Onyango and Leopards have a useful forward line that will worry the hosts.

Koops has declared that their aim is to win today's match and see what happens to the other fixtures.

Just around August-September, Ingwe were within sniffing distance of the Premier league title, but lost two crucial matches to Western Stima and KCB.

From then on they have been playing the chasing game.

Koop said the league will be decided at the final whistle and Leopards would fight until the end.



#### WHAT OTHERS SAY

### Opinion divided but Gor Mahia have the upper hand

"In football everything is possible. I still hope that both Tusker and Gor Mahia draw or lose their matches on Saturday and we win. We still have hope. We cannot give up until the final whistle," Jan Koops, AFC Leopards coach.

"Destiny is in our hands. The bird is in the cage," Zdravko Logarusic, Gor Mahia coach.

"I am not losing sleep at all. I am used to this kind of pressure and several times I have come out the winner. Do not be shocked if I will be the one to uncork the champagne bottle on Saturday (today)," Robert Matano, Tusker coach.

"We are in the final day and we still don't know the winner. That is the beauty of our football. I believe none of the three teams will lose today, so I give it to Gor," Sammy Omollo, 2011 league winning coach.

"It is a tough ending. Gor Mahia have the advantage. It is up to them to lose it. But they have to go for an outright victory and this may expose them. The other two can only wish. It will be a cracking day but I think Gor will end up be home and dry," Yusuf Chipso, 2002, 2003, 2004 league winning coach.

## BRIEFLY

### CANINE WATCH

Dogs set to keep fans away from footbridge

Police with dogs will be stationed at the Jogoo Road bridge next to the City Stadium to ensure fans do not watch the Gor Mahia versus Thika United game from there.

City Stadium officer George Sunguti said nobody would be allowed on the bridge for the period of the game citing security concerns.

"That bridge cannot manage the weight of the fans who station themselves there to watch games. I fear it will collapse and cause a serious disaster," said Sunguti. Security will also be beefed up round the stadium.

### TOP PERFORMERS

League's best will be feted on November 21

The Tusker Kenyan Premier League Football of the Year Awards gala is set to be staged on November 21 according to the Kenyan Premier League Limited. Jack Oguda, the KPL chief executive officer said all plans for the gala which recognises best performers this season are complete. "We want to make the event as colorful as possible and ensure that only the best get rewarded. Immediately after the weekend matches, we will embark on nominating the players and officials who have excelled," he said. Dan Serenkuma, John Barasa are chasing the golden boot award.

### TARGET SET

This is your mission soldier: Finish top 4

Ulinzi Stars look to cement the fourth position in the Tusker Premier league when they take on Kenya Commercial Bank in Nakuru today. With 45 points, Ulinzi will also have to pray Sofapaka fail to beat Karuturi Sports in Thika.

Thika United who meet Gor Mahia also have 45 points and can also finish fourth. In other league matches, Rangers travel to Oserian, a match both sides will be using to bid the league farewells as they are already relegated.

### DATE CHANGE

KPL under-19 tourney moved to next year

The Kenyan Premier League Under-19 tournament will not be held in December this year as had earlier been planned. According to KPL chief executive officer, Jack Oguda, logistical challenges have led to the postponement of the tournament to next year. Oguda said it was difficult to stage the tournament this December because of the congested international and local calendar. The Football Kenya Federation Cup is still going on while the Ceca Senior Challenge Cup will be held between November and December. Oguda said the Under-19 tourney will now be held in April or December next year.

MOHAMMED AMIN | NATION  
AFC Leopards winger Paul Were in a past Tusker Premier League match at Nyayo National Stadium. Leopards tackle Chemelil Sugar in Awendo today.





## MANCHESTER UNITED SEEK TO EXPLOIT RIVALS' INACTIVITY

With title Chelsea and Man City both in action tomorrow, victory at Villa Park would put Red Devils four points clear. P.40

## Sport

VETTEL: 100TH GP, THIRD TITLE, AND GREATNESS?



25-year-old can clinch his third straight title and become the youngest triple champ in history. P.38



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Saturday Nation



# Fans: This is our finest hour



GRAPHIC | NATION, PHOTOS MOHAMMED AMIN & FILE

It's all systems go for the ever-exuberant Gor Mahia and Leopards fans today when their teams play season-ending title deciders. P.41-43

## Wine Brands

Do you manufacture or distribute various brands of wines in the market?  
Would you like to make your brand visible?  
Would you like to offer tips on wine & food pairings?

The Daily Nation will on November 24<sup>th</sup> 2012 publish a special feature on wine brands.

To participate, contact Josephine Cherotich  
Cell: 0721659631; Email: jcherotich@ke.nationmedia.com

## NOW SHOWING



Cinemas:  
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SATURDAY MAGAZINE

**FITNESS**

**Exercises  
for the  
desk  
bound  
girl**

**A TOY STORY**  
**Boost your  
baby's IQ**

**UNDIE ADVOCATE**  
**Lawyer finds  
new love  
in lingerie  
sales**

**MAIN FEATURE**

# I REFUSE TO GIVE UP

HOW THREE BRAVE YOUNG  
WOMEN PICKED UP THEIR  
LIVES AFTER RAPE

**DON'T LET YOUR HOUSE-HELP COST YOU YOUR JOB – PG 21**



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# living

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Do you love Pudd'ng?  
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Wednesdays Living Magazine  
Read about health matters, relationships issues  
and raising children on Fatherhood 101  
Josaya Wasonga, Living Magazine

DN<sup>2</sup>  
Daily Kenya Living



# From the editor

On Thursday at 3.00am, my three-year-old woke me up. “Mum,” he chirped gaily (Note well: it is 3.00am), “do you know the song ‘I have muscles, huh..huh..huh’?”

“No, I don’t, go back to sleep,” I mumbled groggily, having slept just three hours. But he did not want to go back to sleep. He wanted to tell me about his tummy ache and demanded a massage to make it better.

Now, an argument with a teary toddler is not something to get into at 3.00am, as any working mother will tell you, which is why I got to the root of his problem quickly (he needed potty) and got him back to bed. He was out in a minute but I, alas, was left wide awake, and very frustrated. Here was another working day almost ruined because of a domestic issue.

Speaking of domestic problems, did you know that your home worker can cost you your job? It is true. A woman’s career, especially one who has children, depends very much on the support she has in the home. Often, this is in the form of a house help, so it is crucial to know how to get the best out of yours. Francis Kahihu has an enlightening piece on Page 21 on how working mothers can better relate with those they have employed to run their homes. (After reading his piece, I was so thankful for my son’s “Aunty Essie”, who supports me wonderfully).

There is much to be thankful for in the world. And even in the struggles of life, we can still find beauty, inspiration, and triumph in the stories of those who, like Adelle Onyango (main feature, Page Six), share their painful, yet life-building experiences with us. Adelle, you are one of a kind. And we thank you for your sacrifice.

Well, I will stop now and let you go through your favourite weekend read. Find out how uber-man Biko is coping with hair loss (Page 10), how some women will stop at nothing to get a child (Page18), and whether you can influence or develop your child’s intelligence, and how. The answer will surprise you (Page 14). We hope you enjoy

reading *SatMag* as much as we enjoyed putting it together. As usual, we look forward to your comments, criticisms, and suggestions because they make us so much better.

Have a productive week.

Judy Mumo  
satmag@ke.nationmedia.com

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## EDITOR'S BAROMETER



■ **Wash your hands** with soap and water often to avoid spreading germs.

■ **Use disposable towels** — Cloth towels are potential breeding grounds for germs.

■ **Clean and disinfect surfaces** in your home, especially kitchen and bathroom, regularly.



## Five tips to a healthier you



■ **Take your pets for routine check-ups** and wash your hands after handling them to avoid getting germs from them.

■ **Use antibiotics** as prescribed and complete the dose to avoid developing resistant bacteria

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FEEDBACK

Click & stay in touch



Confessions of a gay married man

It is good that the gay man opened up about his life, but I think the best thing is for him to confess to his wife because a problem shared is half solved. Naomi, via email.

\*\*\*

I found your main feature in last week's magazine disgusting. To make matters worse, you did not offer any advice on how our brothers struggling with the vice can shake it off. I hope you have not teamed up with gay activists. Mwendwa Mbithi, via email.

\*\*\*

What do men want?

Last weekend you published two letters that were perplexing. In the first one Francis Baragu said there is more to life than gold digging, yet men feel threatened by a woman who has her own money. When she does not have her own, she is labelled a gold digger.

The other letter by Nziku wa Kioko claimed that the key to keeping a man interested for life is to cook for him. The reality is that men will enjoy your food and still go out and cheat. The problem is that men want to be pampered in all ways, yet they are reluctant to pamper the woman doing all the pampering. Brenda Amenity, via email.

\*\*\*

Beauty works like a charm

Your feature advising women to use their feminine charm to their advantage was thought-provoking. Women spend



a lot of money on cosmetics to make themselves look beautiful and those who are well-endowed stand a better chance of being employed, especially in jobs as air-hostesses, receptionists, executive secretaries, and models, where importance is placed on beauty.

Beauty counts more than charm because what women lack in professional skills, they can make up for with their beauty to win opportunities and life partners. But I wish we would stop treating women like sex objects. Alnashir D Walji, Nairobi.

\*\*\*

Blended families are hard work

The feature by Billy Muiruri on remarriage (Saturday, October 27) was insightful and gave a glimpse of how one can move on

after the death of a spouse. There are many myths and taboos about moving on after a spouse dies, so such features help to dispel the these and prove that life continues for the living.

The issues raised about understanding the children's needs and having them on your side are important if the marriage is to work. Moreover, couples also need to seek clarification from friends and relatives to avoid wrangles that could arise from not involving them. This shows a mature way of dealing with issues and it should be emulated. Alex Obutu, Kisii University

\*\*\*

I married a woman with a child and tried my best to treat her boy as if he were my own son, but I feel that we have not made any progress. I believe that the parents

from the previous relationship have an influence on whether the children will rebel against the step-parent or blend harmoniously. Please give us more articles that help us improve our relationships. Lawrence Nyanamba, via email

\*\*\*

Baby daddy drama

I really appreciated reading the informative article about women facing drama from the biological fathers of their children because it mirrored an experience I once had. In my case, I thought my ex was being unrealistic by threatening to leave me if my baby's father got involved in our lives despite my assurances that I had already cut links with him.

That experience taught me to be more cautious about the men I date. I did not know that there were other women facing the same problem. Kudos, *Satmag*, for the informative features that keep me waiting for the next issue. Liz W., via email.

\*\*\*

Woman of passion

I was impressed and encouraged by Millie Omanga's story featured in Woman of Passion last week. That she left a potential career in medicine to become a businesswoman was courageous of her. I hope you can feature more of these articles, which are encouraging to young, upcoming businessmen and women. Following her advice will likely lead to following in her successful footsteps. Paul Mbaluka, via email.

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)

SATISFACTION GUARANTEED

Three surefire ways to sabotage your professional image

Building a good image, just like building a good house, takes time. Bringing it crumbling down can happen overnight. A good image will bring you several benefits, such as respectability and dignity. But image is not just about looks; it is also about finesse. Your speech and overall composure contribute towards the impression you make on others. If you are determined to fall short, follow these easy steps to achieve self-destruction. Guaranteed.

**1 Start or refuse to quit smoking** Smoking was once touted as the coolest thing a person could do. Men who smoked had machismo and women who did were ultra sophisticated. Cigarette advertisements encouraged the myth that smoking not only made you look mature, it also put you at par with the crowd that was



going places. All this turned out to be true. You now look older, thanks to the toxins in cigarettes, you have gone grey and early wrinkles are appearing and the only places

you are going are to hospitals, coughing. These days, even the city council thinks it is uncool to smoke and has created smoking zones to keep smokers away from non-smokers. The smokers huddle in these zones, puffing away as though their lives depended on it. Imagine what it does to your image — being seen huddled in such a place. Once you leave the zone, you rush to purchase chewing gum in a desperate bid to freshen your breath. It does not work and your breath worsens as the hours go by, plus your clothes retain the stink of ciggy smoke. Not good.

**2 Act and dress to thrill at work** If you want to develop a reputation as the office dolly-bird, give peep shows and create gossip at the office. Make sure that every time you walk, men turn to stare and women to sneer. Blink, smile, and attend to the men courteously, but be very rude to the

women. Wear sharp perfume from Garissa lodge and a shiny, low-cut top from the same place. Date all the married men at work. With time, your image will be just where you want it to be.

**3 Make it obvious that you have a hangover** You love to party, and last night was a night to remember. Because you left the club at 4.30am and did not get enough sleep, your face is smudged and your breath reeks. Your eyes are bloodshot and you generally look as though a bus ran you over. At work, doze for a while on your desk so that it soon becomes evident that you love your bottle. In a little while, HR will summon you with the stern message: "Shape up or ship out." Head to the club to console yourself and arrive at work the next day, late and with booze breath. On and on it goes, until you are finally let go.

- Compiled by IRENE NJOROGÉ



## FLAKES: KATE GETAO

**T**here are lots of books about how parents can go about managing their children, but what about vice versa? I guess the main reason literature is skewed towards parents is because they are better able to afford it. This goes to show that we allow commerce to be the main means of making choices about what to do and what not to do.

Perhaps I am being too harsh. Maybe there are no books on this subject because children have already figured out how to administer their ancestors.

From age zero to one, it is easy. All you have to do is bellow and parents jump to attention. This parental control strategy has the added bonus of being good preparation for a career as an officer in the armed forces. Between one and 11 years, it is also not too difficult to manage a parent. During this phase, one or both parents are wholly focused on either raising the children or raising the money to raise the children, or both.

### Save them from peer pressure

Therefore, all the child needs to do is to be silent in their superior position and the parents will wear themselves out going to work, buying food and other accessories, transporting the child to various destinations, and attending multiple school meetings. What is more, the parent is quite happy to serve in this way. You hear many parents declare that children are a joy up to the age of 12.

### Wise parent-managers avoid defiance, tantrums, and confrontations to achieve desired results

Age 13 to 21 poses a bigger challenge for parent managers. Unfortunately, there are malicious parents who are all too willing to prejudice a parent against his or her teenagers. Therefore, the parent manager must overcome the suspicious attitude that has been adopted by a poisoned parent for smooth administration to proceed.

The shrewd child must reassure the parent that all he wants is more of the same stuff that the parent has already been providing: money, food, transport, friendship, accommodation, and schooling.

The only additional request is the freedom to choose the variables: amount, destination, and duration. This is a very touchy subject since the parent may already be wearied by more than a decade of unswerving devotion. However, if it is delicately

handled, the parent manager will continue to hold the reins and move the parental horse in the right direction. Wise parent-managers avoid defiance, tantrums, and confrontations and use a combination of rearguard action and emotional blackmail to achieve the desired result.

At a point between 18 and 21, the mother or father is fatigued from two decades of hard parenting and is willing to let the children learn to make their way in the wide, wide world.

However, many modern parents continue to work tirelessly for the parent manager until it is time to collect their pension.

### Guide them through crises

If the parent appears ready to shirk their responsibilities — the childish supervisor must guide the parent through the crisis. The cost of housing and other economic realities must be constantly communicated to the parent, and a few privileges, such as cooking a meal once in a while, are sure to motivate the parent to continue working for the child.

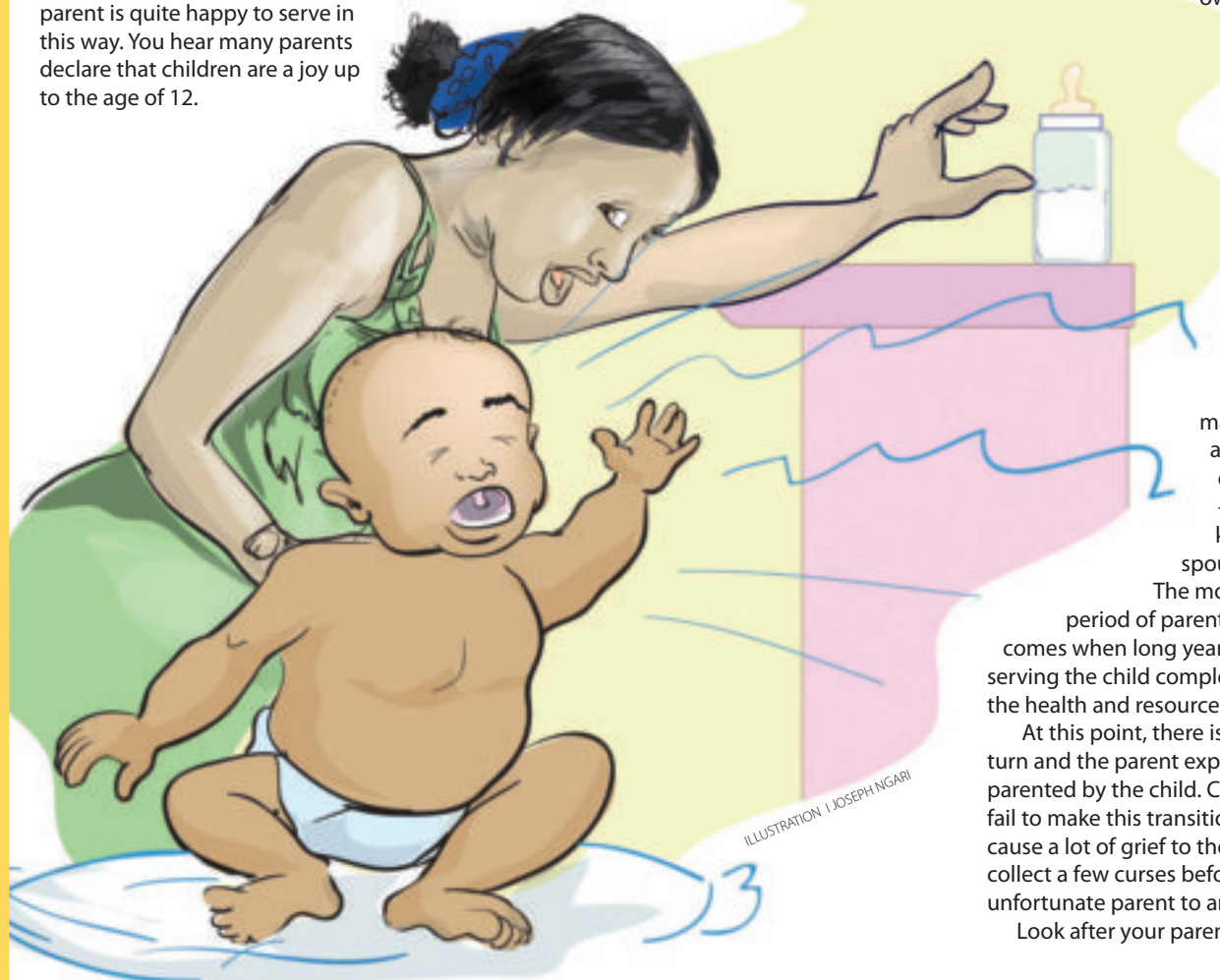
When the parent has worn themselves out working for the children, it is only fair for a child to strike out on her own. This

may be as simple as moving into another house owned by the same parents, and the parents may still be willing to provide some remote services such as laundry, pre-cooked meals, and occasional soft loans. Failing this, some children may choose to find a substitute parent of their own age — otherwise known as a spouse.

The most challenging period of parent management comes when long years of selflessly serving the child completely break down the health and resources of the parent.

At this point, there is a 180 degree turn and the parent expects to be parented by the child. Children who fail to make this transition successfully cause a lot of grief to the parent and may collect a few curses before sending the unfortunate parent to an early grave.

Look after your parents this Saturday...



# Successful parent management

## Let go the plastic hair



Hon Martha Karua. Her hair always looks great, and it is all her own.

**K**enyan women are infamous all over Africa for two things. One, their love for Western fashion, even when it does not suit them, and secondly, their love affair with acrylic hair. Most of the weaves you see these days look like crash helmets. Most of them are as black as boot polish, yet many women try to pass them off as their own hair. Ladies, they look anything but. They shine and dazzle too much to be real.

Granted, weaves have helped many women overcome a bad hair day, but they were not supposed to replace hair altogether. The sheer convenience of wearing them has caused many to give up on their natural hair. One self-confessed weave addict admits, "It is much easier to just cover my hair than to keep on styling and wasting time on it. Weaves are a godsend to women like us, who long gave up on our own hair."

### Let's make the best of it

With this sort of mindset, it is obvious that weaves are here to stay so let us see if we can find a way to make them work.

If you must wear synthetic hair, consider that it starts looking nightmarish after three weeks. The bird's nest appearance manifests and no amount of oiling and repairing can improve this. Be prepared to let it go quickly.

Not all synthetic hair looks bad. Extensions are excellent and stylish because at least a portion of real hair is visible. Other carefully selected weaves look great, especially if an expert sews it on and cuts it. Do not allow this criticism of synthetic hair to discourage you from using it; just ensure that you choose it well. The cost of human hair pieces are almost at par with synthetic ones, and they do not look nearly as fake. They shine less and fall more naturally on the head, especially if a small portion is left unweaved.

**One small caveat:** No matter how great your fake hair looks, the odds are that your man is still going to hate it.



## MAINFEATURE

# Rapist stole my dignity, but I won't let him crush my spirit

One was attacked by a sex pest outside an upmarket street, the other on her way home from school and another by a close relative. But these brave young women refuse to despair  
By **Abigail Arunga**

should have screamed," says Adelle soberly. "But it happened too fast. I was too shocked, even, that it was happening."

Adelaide Onyango was raped in 2008 on a lit street in Westlands, commonly referred to as "Electric Avenue" because of the many clubs there. "I was walking by myself, which even I know is stupid, but...that's what it was. I made the mistake that everyone knows not to make, but everyone makes anyway. It's just that fewer have dire consequences." A man grabbed her, pulled her into a corner, and had his way with her. "I went back to my friends and they took me to hospital. That is when the cycle began."

Adelle could not tell anyone, and could not talk to anyone. "I had rage. I would take it out on other people. I burnt a lot of bridges." Even when Adelle finally decided to tell her mother, she wrote a note to her and left it on the bed. "I could not face her. I waited until she was in the shower and left it on her bed, and this was years after it actually happened."

"I told myself I would give myself a time period in which I would get over it. The time period was two years. But after those two years had passed and I still was not over it, I started beating myself up about it. It was wrong of me to think that I could schedule my healing to fit conveniently into what I thought was acceptable." Three years later, she still could not talk about what happened that night in that alley.

## What was the value of having values?

Adelle was angry, confused, and traumatised. "I am not a religious person, but there are some things I believe in, certain morals I ascribe to. This whole thing made me wonder, what was the point of having ideals if someone could just come and take them away from you? I had held on to my virginity till that point. What was the point of holding on to it if a man could take it away just because he felt like it?"

Twenty-nine-year-old Diana\* was attacked



Adelle Onyango.

as she walked home from school. "Three men approached me and, for some reason, I did not want to budge. I walked into them, and they grabbed me. I had no money... so they dragged me into a bush. I did not scream because I was trying to cooperate so they would leave me alone."

"The irony is that there was a police station about 200 metres away. The place we were in was not well-lit; we heard women walking by talking and laughing. The leader thought I was going to scream, so he put a knife to my throat. Later, they debated whether or not to rape me, and then decided to do it because it was like they had gotten nothing out of their night. When they were done, they told me to

walk away and not look back.

"I walked to a pub nearby and borrowed a phone. There was a cop in the bar who gave me a ride home. I went to hospital and got on ARVs, and that was that."

So how did Diana get over it? "I never went to a psychologist or anything. Though they do have support groups at the Nairobi Women's Hospital, but I did not bother. I rationalised it. It is possible to move on, to have healthy relationships, and a healthy life afterwards. I am over it. It does not define your life, unless you choose to allow it to."

## Ruined relationships

Adelle's was a different story. "It ruined the

## HELPLINES

1. Healthcare Assistance Kenya, Toll Free Hotline (from Safaricom): 1195
2. 116 Child Helpline Toll Free Helpline (from all networks)
3. Gender Violence Recovery Centre 0721 696 214/238

If you are raped, you should call these numbers as soon as possible and thus take appropriate action as you will need medical help to ensure that you do not contract HIV as well as to prevent pregnancy.

relationship I was in at the time. I could not tell him... I could not explain what happened, and I could not make him understand." The explanation, Adelle states, is the hardest part. "How do you explain to someone that you are touchy about talking about your past because you were raped? And after you tell him, you inevitably wonder if he is staying out of pity or if he actually wants to be there...and if he can handle the complicated sexual relationship you are bound to have because of your past — or rather, because of something someone else did to you."

The victimisation of girls often starts at a young age. Michelle\*, a 26-year-old writer, remembers an incident from her childhood. "Our next door neighbour would come to the house when my siblings were away and whisk me to the back of the house to molest me. He would say we were going to play a game or pick fruits from the trees in the estate. That's when he would do it."

## No means no

Michelle was too young to understand what was going on. "I didn't know that what he was doing was wrong. It never occurred to my young mind. In fact, I was so innocently unaware that I am the one who told my mother that the neighbour was touching me."

The very next week, the neighbours moved. "I feel sorry for the little girl who did not even know that she was being violated. What if there are other small girls like that who will never speak out? What happens to their lives?"

Although Adelle was older when it happened, she still could not talk about it. "I didn't want to talk about it." She started a campaign on rape awareness called "No Means No", although few people at the time knew that she had been raped; all they knew was that it was a cause close to her heart, but not why. "I would look at my scars and get depressed. One time I was crying and one



of my aunties told me I should make it the last cry; that I should forget about it. How could I possibly forget about it? People really do say the most insensitive things sometimes."

This is something that this ever-smiling radio presenter has learned, especially now that she is in the public eye. "I did a photo shoot a few months ago with my boyfriend at the time. The pictures were well done, as well as provocative, and meaningful – but people got the wrong message completely! Ghaffa!, a popular entertainment site, heralded the photos as 'nude photos' — which they were not. They were more semi-nude, but very tastefully done. We were trying to show that I am beautiful — and people can still be beautiful after something like that happens to them."

To Adelle, it is important for people in the limelight to speak up about issues that affect them, and to use it to do good. They are, after all, real people with real problems that, more often than not, they choose to hide.

"After I started No Means No, after my relationship ended, after all the crying and the hurt, I had an epiphany. This guy was running around the streets of Nairobi, guilt-free and footloose, and I was there being miserable and depressed. It wasn't right. I asked myself, why was I hiding as if I was ashamed, as if I was the monster? Hiding means shame." Adelle had taken the first step to healing: acceptance.

"I cannot say I am fully healed. I am at the stage where I do not even know if that is possible. But I want to heal. I want to help others heal. So now I talk about it. So much is going on and no one is talking about it. People in the media, and my industry, can be very fake. They hide deep scars behind the glitter and glam. "When you are out with your friends,



PHOTO: I COURTESY

remember the things that everyone supposedly already knows. Don't go out alone. Don't leave your drink unattended. Watch the bartender. Take self-defence classes, by all means. Though nothing, and I mean nothing, can prepare you

for this. If it does happen to you, do not go at it alone. You need people to be strong with you and for you." Adelle's internal scars are still in the process of healing, but she had laser treatment for her physical ones. "One day, when I'm healed, I think I want to meet this man, if I could. I want to understand why someone would do that to another human being."

### Treat the source not the symptom

Diana thinks men use rape as a weapon. "Rape happens for several different reasons. I think it is primarily a show of power between the sexes, and as a tool for that display. But you have to remember that these are normal-looking people who do these things to other ordinary people. Sometimes, we look for a reason, such as their childhood or their socialisation, but sometimes, it's just ordinary people who choose to do what they choose to do."

According to Adelle, men have a problem that runs deeper than the surface and she feels that society is paying attention to the wrong thing. "A lot of focus is on the women; how to defend them or help them recover, and as such we have forgotten to ask the important questions about why men rape."

"We need to stop this somehow. Women talk about rape all the time, but maybe it's time we started talking to the men. If you don't fix the other side, the 'stronger' sex, the perpetrators of these crimes, how will it ever stop? You can't treat the disease by treating the victims instead of the source."

Adelle smiles as she concludes, "You cannot forget. You can never forget, but you can choose to accept. Choose how to react. Choose to move on. It took me four years, but I chose." She shows me her tattoos. "This one says Truth, and this one says Hope. That's what is important. That's what I aim to remember, to be positive about, every day."

\*Some names have been changed to protect privacy

## SEVEN WAYS TO STAY SAFE

**1** There is safety in numbers. Always move from one location to another as part of a group, especially at night.

**2** If you are meeting a strange man, try to have your own means of getting home instead of relying on him to drop you. Make sure you have enough cab fare to get home. Also, do not go into places alone with a stranger, such as his car or a dark corner of the club.

**3** Make sure someone always knows where you are, whether it means texting/tweeting/facebooking the number plate of your taxi and destination, or calling a friend as you get into the taxi so that the cab driver is aware that people know where you are, who you are with, and where you are going. Ensure you have adequate credit on your phone.

**4** Try not to get home too late, and if you must, use a cab. Share the cab with a friend or use a regular taxi person, preferably one referred to you as opposed to one you find on the street.

**5** Never leave your drink unguarded in a public place. Do not shake hands with strangers (as date rape drugs are sometimes passed on in this way), and always keep an eye out for strange behaviour.

**6** If confronted by an attacker, SCREAM and fight. Studies and police testimonies have shown that attackers do not expect a woman to fight back and the one who does is often left alone as she is "too much trouble". Some women, however, in the face of weapons (e.g. guns) find it is more beneficial to cooperate, or negotiate their way out of the situation.

**7** If possible, legally arm yourself, whether it is with homemade pepper spray, an umbrella, or a Swiss Army knife in your bag. Even a handful of soil aimed at his eyes can give you enough time to get away.

If weapons are not available use your body parts: Jab your nails in his eyes or drive your knee into his groin area, then run. Other sensitive spots include right below the rib cage and right in the middle of the shin. One can also take self-defence classes to aid in this respect.

## FROM THEIR LIPS TO GOD'S EARS: MEN REACT

### Munene, 31, Media Practitioner

Rape is a horrible thing. Harsh sentences should be doled out to this type of criminal, harsher than others, as the crime stays with the victim long after the act. It is a man's responsibility to protect those around him from harm. These are our sisters, mothers, friends, coworkers, and the burden to protect themselves against rape should not fall on them, but on us. Men are the perpetrators, and as such, we should ask ourselves why we do it and what to do to stop it. Of course, men are raped too, and it takes a great deal of courage to admit that.



**Arnold, 26, Photographer**  
Rape is wrong. Rapists should get life sentences. I would personally strangle anyone who did this to any woman I know. There is no justifiable reason for a human to do this to another.



**Newton, 45, Partnership Manager**  
It is a bad thing. It is dehumanising. It is not something humans are supposed to do. Even animals do not do that. I do not understand how rational human beings can sink to that level.



**Kevin Ireri, Editor, 24**  
I think rape is a psychological problem. Normal people do not do that. Something happened in their past; I think abusive pasts contribute to violent sexual behaviour.

PHOTOS: I COURTESY



## GIRLTALK



**DEAR AUNT TRUPHENA**  
PROFESSIONAL ADVICE FOR YOUR LIFE PROBLEMS

## I want my wife to forgive me

**Q** My wife and I have been married for four years. We were happy until the day she caught me cheating on her. I had been having an affair with another woman for some months but when my wife found out, I decided to end it. I did this sincerely and explained that to my wife, but she does not believe me. She does not trust me and any contact I have with any other woman, no matter how innocent, makes her angry. She refuses to forgive me and accuses me of betraying her, which makes me feel even more guilty. What can I do to earn her forgiveness? I love her and our two-year-old son and want our marriage to work.

**F**irst, I commend you for acknowledging your mistake and taking the right steps to save your marriage. Many people find it difficult to humble themselves in this way, especially in marriage.

Your wife appears to have trust issues, which you need to help her handle. This could be due to

the fact that you once cheated on her and it may take time for her to believe that you will not repeat this.

Note that trust is the cornerstone that shapes an individual's ability to engage in a happy relationship. The first step in this case is to accept that you are the one who broke the trust between you and her by cheating on

her. Also acknowledge that trust has to be earned. You say that you confessed to your wife, but she does not believe that you are sincere.

Forgiveness is a process. No matter how big or small the problem, forgiveness is not a one-shot decision. Just because your wife is still struggling with her emotions does not mean that she has not forgiven you, or is not willing to. It takes time.

Do not make her feel obligated to forgive; let her do it willingly. Prove to her verbally and through actions that you are remorseful and that you are ready to rebuild and save your relationship. Your wife should also know that failing to forgive not only hurts you, but her and the marriage as well.

You say that you still love her. With this in mind, it should be easier to handle the situation because love conquers all. I wish you all the best.



## My girlfriend hid her HIV status

**Q** My first girlfriend got married while I was away and it was not easy for me to let go. Luckily, a close friend fell in love with me and since she knew about my first relationship, I gave her a chance. In July, we had protected sex for the first time. I asked her if we could go for testing at a VCT and after several weeks, she agreed. She was HIV-positive while I turned out to be negative. I do not know what to do and how to get through this. She told me that she had a boyfriend before me. I am 21 years old. What should I do?

From your letter, it is clear that you are in a rebound relationship. When your girlfriend left, you went into another relationship without really taking time to heal from the earlier break-up.

Many people find themselves in a rebound relationship to fill an emotional void left by an ex and also to prevent the pain that is associated with a break-up. You also seem not to be in control of your current relationship.

This is because you indicate that your girlfriend fell in love with you and you decided to give her a chance and also the fact that she knew about your other relationship. It is important to know that love should be mutual and it should be the only reason binding two people in a relationship.

Your girlfriend told you about her past life only after testing HIV-positive and this shows that there was no transparency in

this relationship right from the beginning. I suggest that you take time to think and decide whether this is a relationship that you really need in your life.

Have a sincere talk with your girlfriend and let her know about your discomfort and that the best thing for both of you is to separate. Make it clear that you have not left her due to her HIV status but because there is no mutual love in the relationship, which is key. Note that whatever you decide is best for you, you will need to preserve your self-respect and self-esteem.

The end of a relationship can signify a new chapter in your life where you can accomplish new goals. Remember that you need to take time to evaluate yourself before moving on to another relationship which will help you heal. Rebuild your self-esteem, which you need to move on.

**TOUGHLove**  
*telling it as it is!*

## Love cannot be hurried, give it time

**Q** I have been in a relationship for the past one year. I have even met her parents and we discussed our plans to get married. But a month later, she told me that she does not love me any more. Now she says she has found another man. I am frustrated. What should I do?

— Stanley

**A** I can imagine your frustration after finding out that the girl you planned to marry has moved on with another man. The best thing for you to do is face the truth and get over your former girlfriend because she has already made her choice.

Either things were moving too fast for her to keep up or she was just biding her time while keeping her eyes open for a 'better' man. You could choose to stay around and fight, but she is not worth the effort.

Look for another woman and take your time to find out whether you share the same goals for the relationship because not every woman you date has marriage in mind.

There are girls who just want to have fun too, so do not try too hard. Instead, aim to enjoy the search and eventually you will find a woman who is willing to settle down with you.

**RESEARCHCENTRE**  
WITH OLIVE MUNYI-BEXTEN

## A pill that will resolve your fights

If you are fed up with arguing with your partner, you will probably be pleased to learn that a pill to treat that "condition" may be available someday.

According to a recently released study by researchers at the University of Zurich, peace may soon be concocted in a laboratory. The researchers found that a small dose of the hormone oxytocin had a significant effect on the levels of aggression and negativity in arguing couples. Already known to play an important role in stress and pain relief, it also has some anti-anxiety effects and stimulates various types of positive social interactions.

### Hormone helps you fight fair

In order to evaluate the effect of oxytocin in rowing couples, a number of couples aged between 20 and 50 years were asked to argue under laboratory conditions about typical topics of contention. Before the argument, each couple was given either the hormone oxytocin or a placebo nasal spray, and then had their behaviour monitored so that levels of listening, confirming, and laughing during the conflict could be compared against negative behaviour such as criticising, degrading, or interrupting the partner. Couples who received oxytocin behaved significantly more positively than couples who took the placebo.

Scientists now hope that oxytocin could help explain whether close relationships have a positive effect on health.



## GIRLTALK

## WOMAN OF PASSION

WITH PATRICIA WANJALA

Pauline Otieno, 36, went from human rights lawyer to underwear advocate. By **Tricia Wanjala**

I studied law in the UK and my masters degree is in conflict development and violence. I worked for an NGO that dealt with matters related to female genital mutilation (FGM). I feel very strongly about helping women and girls with issues of injustice. I did this for three years, then I left to raise my firstborn, Brian. I was in London and my friend here asked me to send her bras. She is a size 40GG. Her friend saw them and also ordered. That is when I thought, "this could be a business."

I realised that there was a gap in the Kenyan market, so I sourced for suppliers. I took a course in bra fitting. Style gurus emphasise that many women wear the wrong bras, yet good underwear is the foundation of a good outfit. As I learned more, I realised just how badly women needed my services. In Kenya, I would look around and see a woman with four boobs; her bra was much too small. Another one had a "uni-boob" because the bra fit wrong.

**Get the right fit**

Women were wearing crazy stuff out here. It is dangerous to wear the wrong bra because you are in this thing for eight to 10 hours at a time. It has wires cutting into your soft tissues, it is digging into your lymph nodes, and your back is hunched and sore because of the pressure. People do not understand what damage these wires can do; it is really not healthy.

I brought in bras from 32A to 44KK, and the business grew from word-of-mouth referrals. I found that women, especially those with odd sizes, often had no choice but to buy *mitumba* bras. I do not believe women should wear *mitumba* bras — by the time the previous owner is giving the bra up, it has done its work. The elastic is gone so it is not fit to be used again. Bras have different sizing depending on the market — UK, US, Europe, and Australia are all different. Even within one market, each brand has different sizing. I felt strongly that bigger women should be able to wear something frilly and



## A different kind of advocacy

sexy, not just plain black, white, and nude.

I love the feeling of helping a woman find the perfect bra and to see that look of relief and happiness on her face. One woman spent Sh100,000 at a go because she was so thrilled at finding her size, she could not believe it. I always tell women to love their boobs, love and take care of themselves.

I feel gratified that I am able to provide solutions to this very important aspect of Kenyan women's lives. We sell mastectomy bras, and also maternity bras. Many times breastfeeding women wear bras that are too small. In the morning the bra fits but as the day wears on, the breasts fill with milk and become too big for the bra.

This puts pressure on the mammary glands and can cause blocked milk ducts and mastitis. We even sell nice corsets and bridal bras so that you are supported

with a smooth silhouette in those eight to 12 hours of dancing, walking, and taking pictures. And when you go to Zumba or exercise, wear a sports bra. All that jumping and jiggling leads to sagging. You need a good sports bra that has shock absorption properties.

**Ups and downs are normal**

Business always has its ups and downs. When I started out, I was busy with motherhood and I was living in the UK. My networks here were minimal and so my fledgling business just went dead. My sister lived in Arusha and kept it alive in her city, and once I got back to Kenya, the business revived.

I learned that Kenyans are not quite comfortable buying on-line yet. They want to see the items, touch them and feel them and then make a purchase, so I had to cater to this preference. With time it became clear that delivering items personally to potential clients was not viable for me, so I eventually hired a courier.

**HOW I DID IT ...**

- Started small to fill a niche in the market
- Always provide outstanding service and products. This gets repeat customers and word-of-mouth referrals
- Became an expert in my product and developed a genuine enthusiasm for it
- Invested in Marketing tools such as Web Site and Social Networking page
- Periodically purchase a stand at exhibitions and fairs such as Samantha's Bridal, and Concierge Luxury Bazaar to build product awareness.
- Keep overheads low by maintaining an online store first before expanding to brick-and-mortar

I made a costly mistake once by bringing in a huge shipment of products. It taught me that women can be very complicated and everyone has different styles and tastes. I had to have a sale and even ended up giving some items away. Today I carry some stock, but my web site functions more as a catalogue from which women can order a wide range of items.

I feel very fulfilled because I am helping women. It makes me happy when I fit a client who is a 38G. My satisfied clients make me happy. Some of my clients are flashers. They will lift up their tops and tell their friends, "Have you seen my bra?" and send people to me. I tell them, "Keep your shirt on!" but I have seen the difference it can make in a woman's life.

When you do something you enjoy it does not feel like work. It feels more like a hobby. I always tell people, "if I fit you and you don't buy from me, at least now you know your size." Wearing the wrong bra size is uncomfortable — it is like wearing tight knickers. Nobody likes that feeling.

For me, success in my business means the same as when I was a human rights lawyer campaigning to protect the pastoralist girl from FGM or the 10-year-old from being sold to morans to be "beaded". Knowing that I have changed that one woman's life, just that one, means a lot to me. She can now tell her auntie, her niece, her daughter and it will have an incredible impact on their health, confidence, and self-esteem.

I am grateful that my business has enabled me to work from home and be with my two boys. I still hold charity very close to my heart, so some of the proceeds from Curvy-curves go to educate orphans and destitute children upcountry. We have built toilets for girls at a rural school and have started a feeding programme. In January we will rehabilitate the classrooms so they no longer have mud walls that let in rain and mud floors that encourage jiggers. I think that being able to help just one girl or one woman makes it all worthwhile.



Models display some of the lingerie stocked by Curvy-curves.





## MALEPERSPECTIVE

MANTALK  
WITH JACKSON BIKOBald, bold  
and sexy  
as hell...?

Biko tries to accentuate the positive when he discovers a bald spot on his head

Not too long ago, my barber announced in a deathly tone, "Boss, I think you're balding." I said, "You are mad." Then he retorted — while helpfully rubbing the top of my head — "No really, you are balding over here." The hell? I am too young and cool to be balding. Check again, I told him.

So he called a fellow barber working on another client across the room to come and check if, indeed, I was balding. I wish he did not say the word "bald" so loudly; there were ladies in the salon, for crying out loud! So this barber shuffles over and looks at the top of my head like you would look down a pit latrine, then tells me apologetically that indeed, I was losing hair in the middle of my head.

Goodness! Because I was still in denial, a massive mirror was brought and positioned over my head in a way that would allow me to see for myself the activity (or lack thereof) that was going on at the crown of my head. I was balding. No, I am balding, and as it turns out, I am not as young — or cool — as I had imagined. I cannot think of a better definition of tragedy.

It is curious that in a family of five, I would be the one to bald prematurely. It seems unfair and suspicious, considering there is not a balding head in the family. I left the barber's feeling crestfallen (no pun

intended) and convinced that everybody was seeing the crown of my head and discussing it. Paranoia must be the second stage of premature balding. Later, I did what everybody else faced with a "medical" conundrum now does; I asked Google. When you Google "premature balding", you will receive some 508,000 results in about 0.27 seconds. Quite helpful for an anxious man.

## In good company

According to Internet sources, 30 per cent of men, and a few women, suffer from pattern baldness, a largely hereditary condition that "we can do little about." (Google can be so insensitive). It continues to say that predispositions such as obesity and alcoholism can be dealt with but "premature hair loss is written in your genes." I am neither obese nor am I an alcoholic, which basically means that I am screwed. I also learnt that some of the causes of hair loss could be stress, poor eating habits, unhappy scalp environment (do not ask), hypothyroidism, and trauma caused by child birth (I am certain I have not delivered this year).

I also stumbled upon some very helpful information that stated that it is not only humans that suffer hair loss. Chimpanzees, stump-tailed macaques (I googled them, they look like monkeys, only dehydrated), and South American Uakari, who all show progressive thinning of the hair on the scalp after adolescence. It was clear that I was not in such bad company.

There were tonnes of articles on how to reverse hair loss with remedies like surgical treatments, immunosuppressants, and a drug called Astressin-B, a CRF blocker (just

work with me here) that helps grow back hair. This drug was tested on mice and helped them grow back their hair. There was hope, after all.

## Back from the brink

I read accounts of people who battled hair loss, all of them somewhat dramatic and traumatised and gushing how they suffered low self-esteem and ridicule among friends. Then there are some who share ways in which they "got back there lives" by resorting to toupees, wigs, or just rocking some sexy hats, options that do not appeal to me because wearing a toupee or a wig is like wearing a weave. And to pull off a hat you need a decent forehead, something I markedly lack.

My research — ok, fine, hair loss obsession — took me to an article in the UK's *Sunday Times*, which, in the nick of time, yanked me back from the abyss of depression (dramatics are obviously the second symptom of premature baldness). I do not want to bore you

with his spiel, but in thumbnail, Ayres basically declared that balding is sexy. Balding. Is. Sexy. You have to repeat that a few times to get the hang of it.

## The glass is half full

Wharton School of the University of Pennsylvania also just published results of an exhaustive study on all matters follicular and concluded that men with close-shaven heads are perceived not only to be more dominant, but also taller and stronger.

And talking of strength and character, there are a tonne of balding males that we — baldies — can all look up to; guys who carry their baldness with finesse and dignity.

Matt Damon is bald now, so is Vin Diesel, Jason Stratham, Jamie Foxx (yes, he is balding), Ross Kemp, Billy Zane, our own Mwai Kibaki (ahem), Zuma down south, Seal, Samuel L. Jackson, Paulo Coelho, Arlun Mabele, Mike Tyson, Homer Simpson, Chris Daughtry, Andre Aggasi... I think you get the point.

In short, it cannot be that bad. All we baldies have to do is look at the glass as half full. And the head as half hairy.



Boris Kodjoe



Samuel L. Jackson



Seal



## MALE PERSPECTIVE

## CASANOVA DIARIES

## Buyer's remorse

Mark the Casanova realises that beating people up comes with unpleasant consequences

I was still shaking with anger when I got to my apartment. The adrenaline from the fight had worn off and the withdrawal symptoms that came after had turned me into a pathetic driver. At my apartment block, I parked awkwardly and jumped out of my car, ignoring the security guard who was trying to offer parking advice.

I then marched up the stairs, struggled with the door lock for a full minute before managing to control my shaking hands long enough to slot the key into the lock. Inside, I paced around the tiny living room as I recounted the events of the past half-hour.

Discovering that my ex-fiancée and mother of my child had a new boyfriend had been difficult for me, but finding out that the same man was now living in my house and sleeping in my bed had been the last straw. Giving him a thorough beating was my only option. After putting him in his place, I had ordered the two of them to find new dwellings by the end of the day, and then stormed out.

#### Jenny at the block

My nose was beginning to really hurt now.



Benjamin's punch had caught the side of my nose, creating a bit of a swelling. But it would be back to normal in a day or two; his would not. After the pummelling I gave him, his face had been a mess. This thought brought an evil and unfamiliar smile to my face.

Rather than dwell on the thought, I walked into the kitchen, poured myself a healthy shot of whiskey, downed it in three painful gulps, and poured another. Three hours later, I was lying on the couch and staring idly at the television. The pain around my nose had turned into a dull throb, thanks to the whiskey working its way through my system.

I was on the verge of dozing off when

I heard three loud thuds from the main door. I would have jumped in shock on any other day, but the alcohol assured me that everything was fine. I got up slowly, staggered a little, then steadied myself and walked to the door.

"Who is it?" I demanded before attempting to open the door. For a moment, I thought it would be Benjamin here for round two. In my slightly inebriated condition, it would not take much to knock me out.

"Open the door, Mark!" Jenny shouted from the other side of the door.

"What are you doing here? You should be packing your things and leaving my house!" I shouted back, and stopped myself from

giggling. I had to remind myself that I was supposed to be angry.

"I need to talk to you, Mark. Please. This is serious," she said in a calmer voice. I stood at the door wondering what "serious" meant. I knew it would take something special for Jenny to show up at my apartment, but I assumed that the beating I had given her boyfriend definitely qualified.

"Are you waiting for me to open the door so you and your boyfriend can ambush me?" I asked eventually. "Mark, Benjamin is in hospital. You put him there!" she screamed from behind the door. She was now in tears.

#### Reality sinks in

The last words she screamed pierced through the façade of drunken anger and reality came crashing in. Could I have inflicted enough injury to warrant admittance to a hospital? I was not sure. In a fit of rage, I had lashed out viciously, and I had not stopped to consider that the swollen face and blood meant that I had done some serious damage.

I tugged on the lock and swung the door back. Jenny stood at my doorstep with tears drying on her face and her arms hanging loosely at her sides as if in surrender. We stood staring at each other for a few seconds; I had no idea which words could or should be spoken in a situation like this.

She eventually said, "Well? Aren't you going to get your car keys so we can go to the hospital? I want you to see exactly what you've done."

Shame quickly overtook the anger that I once thought unbeatable. I hung my head and tried to apologise. "I'm so sorr..."

"Save it for the hospital!" she commanded before turning around and walking towards the stairs. I grabbed my car keys and jacket and followed her slowly. This day was long from over.

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)



#### HEARTADVICE

WITH RELATIONSHIP COUNSELLOR MAURICE MATHEKA

## Train your man to behave in your marriage

Train each other to be partners in every social arena and also in basic home upkeep

**I have been married for eight months but my husband and I knew each other for 10 years before we got married. As yet we have no children. It is just the two of us and already due to certain habits, we are constantly arguing at home.**

**Maurice: What do you argue about?**

**Teresa:** The first issue is his newfound tendency to go out to socialise without even telling me; he just sends an sms once he has been out for hours. The second one is that my husband leaves his garments all over the place, especially his inner wear and socks.

Why can he not have the courtesy of leaving our bedroom

tidy? I put a lot of effort in making sure our home is tidy and it is frustrating when I find his dirty linen all over the floor. I find it disrespectful. It is not my job to pick up after my husband, is it?

**Maurice: No, it is definitely not your role as a wife to pick up after him. That said, you have been together for 10 years; did you not notice this habit before?**

**Teresa:** We did not live together before we got married.

**Maurice: Even so, did you notice them and did you voice your concerns about his tidiness?**

**Teresa:** Yes, he was untidy but he had a house girl who cleaned his place three times a week. I too

cleaned up once in a while.

**Maurice: How often does he go out?**

**Teresa:** He loves his music, so he goes out for karaoke at least twice a week and is usually home by midnight. On Fridays and Saturdays he will hang out with his pals and be home by around 9pm. My question is, why can he not offer to take me out or let me tag along?

**Maurice:** My dear if you are waiting for an invitation you may wait for a while. The critical thing to do now is to stop his habit of going out without you. How do you achieve that? Simple. While he gets ready, get ready too and leave together.

If he is already out without you, ask him to come get you or, if you

drive, just join him. Despite what many people think, a couple should not ask each other permission to be together. When you adopt illogical relational or communication styles, they may go against the principles of togetherness and lead to habits and trends that can be difficult to reverse.

Your marriage is in its infancy, so train each other to be partners in every social arena and basic home upkeep. As you groom your husband, please be patient. Men are like whiskey; they take time to brew.

*\*Name has been changed.*

*Do you have a relationship problem you would like help with? Email [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com) to schedule a session with our counselor.*



**EXPERT  
STYLE TIPS**

# How to identify a good designer

**S**ome people have not embraced the idea of going to a designer and having an outfit made. There are still those who think of designers as mere *fundis* and the fear of disappointment is still rampant. Designers are professionals who consider your body shape and make an outfit depending on occasion and style. Here are a few tips to identify a professional designer.

**Reference:** Word of mouth is the most important thing. If everyone is telling you how great a designer is, then it is probably safe to believe them. People are unlikely to lie about a service they use and pay for, so if you see good outfits and hear good things, then give that designer a try.

**Professionalism and trust:** It is important for a designer to be professional. A good one should be able to honour their appointments and give appropriate advice. In most cases, there will be three visits; an initial visit/consultation where both parties discuss the intended design and consider fabric suggestions, a second one for fitting and adjustments of the outfit, and a third for the final fit and take-away. A good designer will ensure that you leave, fully satisfied with the outfit that has been made.

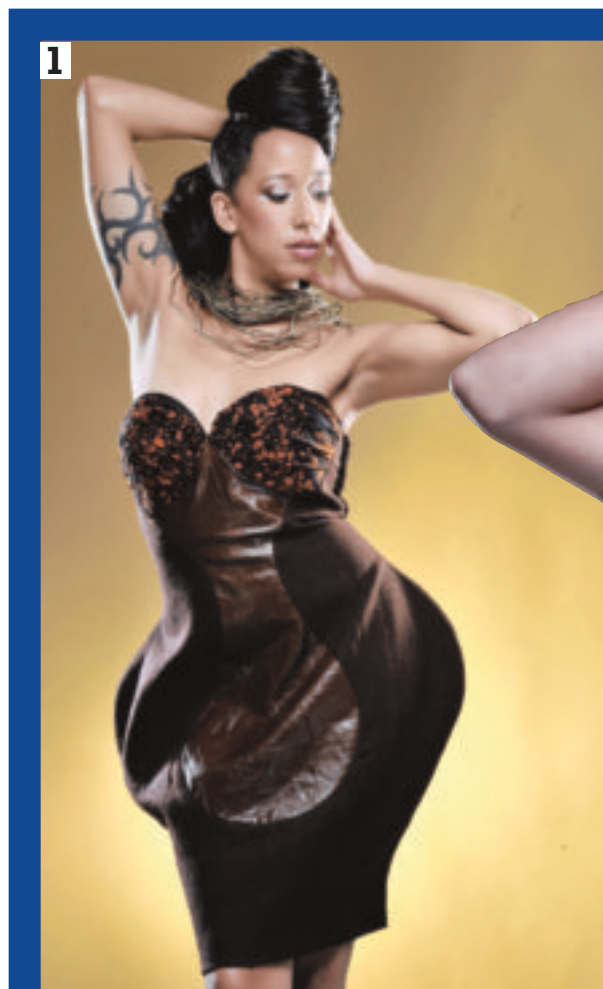


A model showcases a design by Monica Kanari's Occasions and Days

A model wears Moo Cow's designs



**Specialty and fabrics:** It is mandatory to research on designers and know what they specialise in and the kind of fabrics they work with. You will need to make sure that they have the skill and expertise to sew your fabric to avoid disappointment.



Though not known to many, local designer Ogake Mosomi's designs are outstanding. Her collections are edgy, yet wearable. Ogake's exceptional eye for fabric fusion and love of texture is evident in every piece. She is definitely one to watch.



# A WINNING I

Pictures by: Duncun Willets Shoot Assistant: Moses Kamakya Make-up by: Gladys Githegi Hair by: Richie for the Strand Group Africa. www.strandgroup

## HANDY FACTS & POINTERS

# Studs for your pleasure



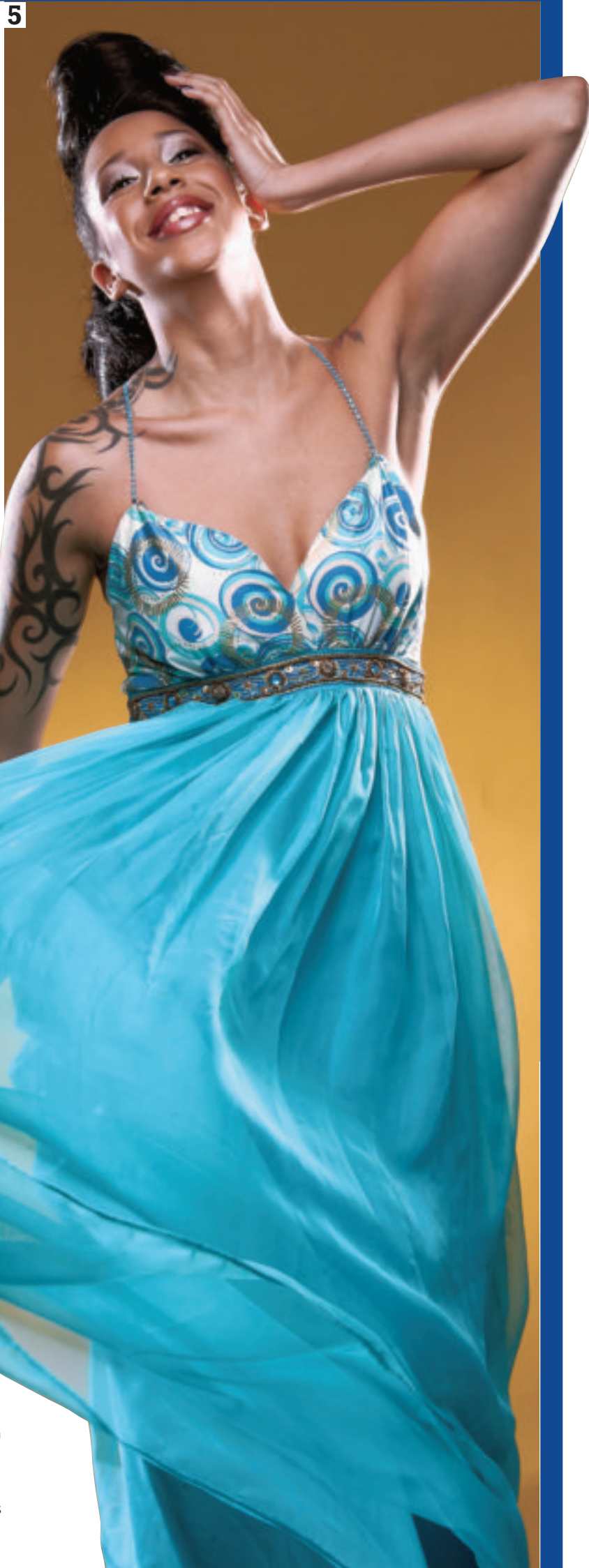
- When worn, they have to be seen.
- Every size available, from mini to maxi.
- Look at the shape of your face to determine what will suit you best.
- They are affordable.

- 1 Diamond shape stud earrings
- 2 Purple heart-shape stud earrings
- 3 Silver and neon earrings
- 4 Pink and pearl earrings



FASHION&STYLE

WITH LYDIA OMOLO



FUSION

upafrika.kbo.co.ke Models by: Versatile Models, Tel: +254(20) 318 674 Model: Marilyn Roesh



ings Sh500, Mr Price.  
ud earrings Sh350, Mr  
gs Sh500, Mr Price.  
s Sh500, Mr Price.



Profession: Model and script continuity supervisor Hobbies: Visiting various

- 1 Brown wool and leather dress with kitenge bust and neckpiece detail, Price upon request, Ogake.
- 2 Cinnamon and brown chiffon top with brass penny detail Sh4,500, Ogake. Jeans models own.
- 3 Blue and orange kitenge mini with ruffle asymmetrical detail, Price upon request, Ogake. Orange caged heels Sh4,500, Backyard Shoez.
- 4 Blue and yellow t-bar kitenge dress with sequined detail, price upon request, Ogake. Neon yellow patent peep-toes Sh4,500, Backyard Shoez.
- 5 Aqua chiffon silk and kitenge print dress with beaded empire detail, Price upon request, Ogake.

charities and organization(CSR)

STOCKISTS

Backyard Shoez, Bandari Plaza, Westland, tel: +254 720 596 844  
Ogake, Bright Wood Apartments, Nairobi, tel: +254 702 111 065

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**BABYLOVE**

# Can toys boost your child's IQ?

Experts suggest they can. By **Tricia Wanjala**

**T**he book *IQ and Human Intelligence* by N.J. Macintosh quotes several studies which show that a child's IQ is fluid and can go up or down as the years progress. Researchers tout the critical window-period as from age zero to five, during which a child is a proverbial sponge or blank slate. During these years, a child has a virtually unlimited potential, depending on environment and exposure.

As parents, we can capitalise on this amazing potential depending on what we expose our children to. From infancy, children learn primarily through human interaction and play. If you hold your baby, make frequent eye contact, show affection and converse with her; you are increasing her chances of being healthier and smarter.



As the child grows, they still learn best through those two fundamentals of positive human interaction and play. Toys designed to facilitate such learning can be valuable tools in a child's academic development. Rhoda Ogembo, headmistress at Little Me Kindergarten, explains, "Educational toys are important for learning because children are concrete thinkers, not abstract. They cannot grasp hypothetical concepts. You have to show them." In her 20 years' of experience she has seen the benefits of adopting a play-

based approach using the proper tools rather than a purely academic approach of pen, paper, and blackboard.

## Learning while at play

Sheena Mokua, a Kenyan mother-of-three and Montessori teacher in the UK, gives an example. "Activities like beading are important for pre-schoolers because they learn sorting and grouping, counting and self-correction. Such simple toys are the best because they lay a solid foundation."

Wood is a preferred material, especially at an early age because of its safety and durability. Stacking toys such as wooden blocks are highly rated for their multiple benefits. A study showed that they improve mathematical and logical skills in children who used them versus a control group. Boniface Kamiti, father of two toddlers and proprietor of Eco-Toys Kenya explains, "Blocks enhance creativity and logical thinking and promote communication skills."

"By constructing different structures, children learn the principle of cause and effect and verbalise what they are doing." Such toys have been shown to benefit special needs children and can be found in certain hospitals and schools.

Granted, genuine educational toys cost more, but you do not always have to spend a lot to get these benefits. Sheena used homemade materials as well as shop-bought items. "I found that flash cards really help with reading. They are easy to make and inexpensive. You can cut out cards and write a simple word on the front and a picture on the back. Show the word. Show the picture. Repeat until the child gets it. This is called the look-and-say method. This has helped children as young as three learn to read."

Simple puzzles challenge young children to improve their thinking ability. Board games for pre-schoolers enhance word and picture recognition. Because they have to think quickly during the game, their reasoning and processing speeds improve. As with all

## To avoid toy-related risks . . .

- Read all security labels and instructions carefully, with your child if possible.
- Teach the child and his playmates how to use

and store toys properly. Regularly disinfect toys by wiping or washing to prevent the spread of germs.

- Check toys periodically. In many cases, a damaged toy should be repaired or

thrown away immediately.

- Potentially hazardous toys such as target toys, sharp-edged tools, and electrical toys should be used only by older children under adult supervision.



## Genuine educational toys promote

- Logical thinking
- Reasoning and memory recall
- Fine motor skills
- Visual spatial skills
- Hand-eye coordination
- Grouping and sorting
- Colour and shape recognition
- Foundational numeracy — value, addition, multiplication, subtraction, division.
- Writing and reading skills.
- Gross motor skills
- Working independently
- Concentration, self-discipline, and focus.

educational toys, the key is to use them in a fun way.

Jayne Wacera, a former early-learning teacher who designs educational materials, emphasises that these provide the most benefit when coupled with hands-on parenting. "We have some parents come into our shop at the Junction to inquire about appropriate toys for a specific need. One parent knew her child's strengths and weaknesses and purchased the correct toy for her. She later reported improvements." It is a good idea to go with your child so they can recommend toys for his or her needs. An abacus is highly recommended for

mathematics. Young ones use them for subtraction, addition, fractions, even multiplication. Children with attention difficulties do well with a simple timer to signal the end of a task.

Sheena adds that no toy is a silver bullet for turning your child into an overnight genius. All of these toys work only when they come with parent-to-child interaction. Children in an Australian poll overwhelmingly responded that they would prefer time with their parents to any toy.

## You are your child's best asset

Success stories usually include children whose parents spend some minutes each day in some activity with them. Geraldine Owuor took advantage of outings to teach her daughter, Nyawanga. "We practised numbers by counting each stair as we walked up the staircase at the mall." Pointing out colours of cars, counting the fruits you are purchasing at the market, the tables in a restaurant. Naming objects like trees, grass, flowers, and ketchup are all fun ways to build your child's rate of understanding.

Martha Mbugua, proprietor of SMILE Toys, used educational toys with her own children who are now grown. "When children see lots of colour, they derive a lot of fun from their learning. Rather than figures and numbers, you literally show them three balls and add one ball to get four. This keeps them engaged because their attention spans are short." The point is to provide fun, age-appropriate stimulation to encourage the child to learn through play.

Developmental toys can be great innovations for early learning, especially when balanced with outdoor activities and random play. But as the parent, you are the most important factor. When you regularly spend time with your children, read to them and adopt a fun learning approach using appropriate tools. You will most definitely boost your child's IQ.

## A good toy is . . .

- Suitable and safe for the child's age, abilities, and physical capabilities.
- Well constructed and durable.
- Attractive and interesting enough to engage the child's attention.
- Stimulating to the child's creativity and imagination.
- Affordable.
- Nontoxic.



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## BABYLOVE

# Pelvic organ prolapse

Natural deliveries may give rise to condition, says **Dr Njoki Fernandes**

**M**y mother is 65 years old. She keeps complaining that something is protruding or hanging out of her genital area. She shocked me by telling me that she is able to push whatever it is back into her body. It always drops when she goes to the toilet or coughs or sneezes. She had eight children, all normally, and has been healthy. She also says that she gets some spots of blood sometimes. What could be happening?

Pelvic organ prolapse occurs when a pelvic organ is displaced, often times finding its way down the reproductive tract. Organs likely to prolapse are the bladder, the urethra, the uterus, the rectum, or the vagina itself.

Pelvic organ prolapse occurs due to damage to the tissues (muscles, ligaments, and connective tissue) that support the pelvic organs.

Damage or stretching of these tissues allows the organs to move out of their normal position, causing them to press against, and sometimes move into the inside walls of the vagina.

Having a vaginal delivery is the greatest single risk factor for pelvic organ prolapse. Vaginal delivery causes stretching and weakening of the support structures of the vagina. Repeated deliveries aggravate the situation, especially in women who have weak support structures. Having a C-section has less risk of organ prolapse, but it has its own complications as well.

Another cause of reduced support of the pelvis is lower levels of the hormone oestrogen. These levels are lower during or



after menopause. These lower levels lead to reduced production of collagen, which usually helps with elasticity of tissues.

Pelvic organ prolapse can also be a complication of a hysterectomy. When the uterus is removed, the other pelvic organs can be left without support, leading to prolapse.

## Other conditions that can lead to prolapse are:

- 1 Obesity, which leads to long-term increase in abdominal pressure.
- 2 Smoking, and chronic lung diseases that are associated with chronic cough.
- 3 Conditions of the spinal cord and spinal injury, which cause paralysis of the muscles of the pelvic floor.

Although many of the women who have pelvic organ prolapse have no symptoms, the most annoying one is the pressing of the organs on to the vaginal walls. Other symptoms of pelvic pressure include:

- Pelvic pressure.
- A dragging sensation and a feeling of something dragging out of the vagina.
- Lower back pain and a pulling and stretching of the pelvic area.
- Painful intercourse.
- Spotting and bleeding from the vagina.
- Urinary problems like frequency,

urgency, and incontinence.

- Problems with stool like constipation.

These symptoms are made worse by standing, jumping, or lifting and improve when the patient lies down.

Many women who have pelvic organ prolapse do not have symptoms and, therefore, do not require treatment. Treatment options should consider how serious your symptoms are, which organs are affected, co-existing medical conditions, and future fertility desires. Other important factors are age and level of sexual activity.

Pelvic organ prolapse can last a long while, but it does not have to cause you misery. Most symptoms can be relieved by adjusting your lifestyle. Foods high in fibre reduce constipation. Avoid diuretics like coffee and alcohol, which make incontinence worse.

Vaginal pessaries are small gadgets that are worn internally to support areas of prolapse. These can be beneficial to some patients. Kegels exercises are useful for tightening and strengthening pelvic muscles, and with time this can improve some symptoms.

The best treatment for pelvic organ prolapse is surgery. This surgery is not simple and should, therefore, be a last resort.

Send your feedback to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)

## MUM2MUM

## Help! My toddler won't leave the breast

**Q** How do I stop breastfeeding my two-year-old son? I have no milk in my breasts and he is constantly fighting to breastfeed, yet I hurt in my breasts. Please advise. Thanks.

Answered by Ursula Phayre, breast feeding peer support counsellor, aged 35, mother of three girls:

The easiest way to stop a child of this age from breastfeeding is to refuse. It sounds tough but he is old enough to understand the word NO. The child would not bother to continue to ask for the breast if there was no milk, so there must be some. In order to reduce breast milk, the demand must be reduced, but the mother could also try chewing the herb called sage, which is known to reduce breast milk production.

### Find another way to bond

I would encourage the mother to probe the circumstances to understand the real reasons for the child attempting to breastfeed. He does not necessarily need it nutritionally (as he should be getting nutrition from a balanced diet) so is he using it for comfort? Is she working full-time, which limits her time to bond with him?

If it is a reunion or a chance to bond, then the mother can implement a different ritual — singing, reading to him, playing with him and his favourite toy.

At age two, he can understand if the mother explains to him that he will no longer be feeding in that way, but they will continue to have their special times together. She can firmly explain the changes while reassuring him of her love and attention towards him. It becomes more difficult if the mother and child have a feeding/sleeping arrangement, where the only way the child sleeps is if he is on the breast.

The mother may need support to encourage the child to go to sleep more independently. Ask your doctor about resources for breastfeeding mothers. Certain groups are available in Kenya whom you can call for immediate answers for your breastfeeding questions and difficulties.

— COMPILED BY TRICIA WANJALA

Got questions? Ask our panel of mothers to help by sending them to [satmag@ke.nationmedia.com](mailto:satmag@ke.nationmedia.com)

## DIARY OF A WORKING MOTHER

WITH MARIA MWONGELI

### Time for baby's new hairdo

**Monday, 9.02pm:** Siji's premolars are peeking! Siji's premolars are peeking! I glimpsed some white on the lower and upper jaws but getting her to show them is such drama. Guess it must feel strange when someone tries to prise open your mouth to look inside...

**Tuesday, 8.11am:** Ok, gotta change her hairdo. I've really stretched it now. Those *matutas* are doing a week and I will give no reason for her daddy to

shave her head like last time, so I've asked nanny to undo them. You should see her head; the plaits are barely visible from between the curly, springy, locks that have come loose from the *matutas*.

**Wednesday, 6.29am:** I am so impressed with Siji. She can communicate what she wants — in a language that is now beginning to sound like Kiswahili — but she actually makes sense. She got up this morning and said "Toka! Toka!"

as she pulled at the net which was tucked in around the bed. Then she called loudly for nanny as she ran out the door...I love her energy!

**Thursday, 1.00pm:** There's a measles vaccination campaign going on around town. The nurse at the clinic said I don't need to have Siji given another dose since she's had hers at one year but I'm thinking, better

**Siji is 18 months and 11 days old today**

safe than sorry unless an overdose has side effects... anyone?

**Friday, 5.45pm:** It's either the chicken or the chicken! They eat my vegetables every time the spinach and *sukuma wiki* sprout, sabotaging my efforts to provide baby with farm fresh, organic greens. Hmm perhaps fencing the patch will do since getting rid of her *kukus* will deprive her of a source of afternoon entertainment as she



# HAIR&BEAUTY WITH IRENE NJOROG

## Beauty in the sun

### Irene Njoroge's guide to sun protection

**T**he best thing you can possibly do for your skin is to stay out of the sun. To prove the truth of this statement, simply compare the areas of skin on your body that do not receive any exposure, such as the underside of your arms, with your face. The unexposed parts look years younger, with a dewy, even tone. Since it is impossible to stay out of the sun, the next best way to care for yourself is by using sun protection.

The holiday season is nigh. Whether you are headed for the coast, the savannahs, or the mountains, being on the Equator means that we need special care. Start priming your skin now so that the harsh rays do not cause as much damage as they would without care.

### Choosing your sun protectant cream

Jane Favor, a skin care consultant at JR Beauty Space, insists that the best formulations are those that flow on smoothly without leaving a visible film on the skin's surface. Most people mistakenly select an extremely high sun protection factor (SPF), believing that it works better.



The numbers indicate how much protection you get from UVB rays, which cause sun burn. You do not need very high SPF if your skin does not burn easily. The maximum most skins require is SPF 30. Choose a sunscreen that is broad spectrum and protects against both UVA and UVB rays.

### How to apply sunscreen

Use it on your face, hands, and décolletage whenever you will be exposed to the sun. For



the best results on the face, use it after cleansing, toning, and moisturising. Apply it in small dots all over then spread it to form a thin layer. You may use make-up on top of it.

Photos: ELVIS OGINA. Products and treatment courtesy of Jane Favor@ JR Beauty Space, Crossroads Mall, Karen Tel: 0722996778. Model: Jemimah Muhungura.

### QUICK FIXES:

### Lose the pale



Does your sun protection product leave you shiny with a whitish film? To prevent this look, apply your sun screen in a thin layer. Follow the application by dabbing your skin lightly with a moist towelling. Allow this to dry before wearing your make-up.

### ASK IRENE:

What is the difference between sun block and sunscreen? How do I know the correct product to select? — Josephine, Nairobi.

Sunscreen is absorbed into the skin and absorbs UVB rays once there. Sunblock remains as a physical barrier on top of the skin, preventing any rays from touching it. Use sunscreen when you need mild protection and sun block whenever you face serious sun exposure.

The author is a beauty lecturer at Irene Beauty Institute, Mt Kenya. Query? irenemedia2010@gmail.com.



### NATURAL HAIR CORNER

All your natural hair questions answered.

## Heat style at home

**Q** Frequent blow-drying at the salon has gradually made my daughter's hair thin and brittle. How can I blow-dry it at home?



Doing your daughter's hair yourself or micro-managing her hair care is a good idea if you want her to have long, healthy tresses. Blow-drying is best done on air dried hair, since wet hair can get damaged from direct heat. Ideally, wash it the day before and let her sleep in plaits then style the following morning.

If pressed for time, dry thoroughly using an old T-shirt after washing. Towels do not absorb water as efficiently and their rough fibres cause friction, tangling, and breakage in our hair. Separate thoroughly detangled hair into four sections.

Apply a heat protectant spray or a moderate amount of grapeseed oil, olive oil, or shea butter. Starting at the base of the first quadrant, take a small amount of hair and gently blow-dry using medium heat without the comb attachment.

Keep the blow-drier in constant motion, at least six inches away from the scalp to prevent potential damage from direct heat. Repeat, keeping the heat low to medium until section is straight. Clip away and continue until entire head is done. You should not see smoke or smell burning hair — if you do, reduce the temperature immediately. Hair will burn at 450 degrees and experience irreversible heat damage, which leads to breakage, split ends, and thinning.

To prevent hair loss, use a blow-dryer only to *kausha* or moderately straighten. If you would like bone-straight hair, follow with a good-quality flat iron passed only once or twice on each section of hair.

To maintain the straightened style and prevent the hair reverting to an afro, put hair in large plaits, rollers, pin curls, or threaded *kamatan* lines before sleeping.

— TRICIA WANJALA

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## HEALTH&amp;NUTRITION

# Fresh, fast and frequent is best

Clinical nutritionist **Sona Parmar Mukherjee** explains why your ideal meal should be natural and quickly perishable

I love cupcakes. Actually, I love the frosting on them. Granted, I do not eat nearly as many as I would like to but, up until last weekend, I thought there were much worse vices to have. I was licking the icing off a cupcake when, distracted by Baby Mukherjee, I somehow dropped some on the ground.

My dogs seem to have a sixth sense about these things and, within a minute, one of them was there sniffing at the delightful treat awaiting him. But, to my surprise, my dear Mufasa decided that he was not interested in the icing after all and off he went.

Is it not weird, I thought, that my dog will lick himself, but is not interested in something I consider to be food?

## Ditch the marge and fake sugar

Which brings me to something I said during a corporate seminar I ran earlier in the week — one of the things I had talked about was how certain foods do not really go off. I had said that margarine, left outside in your garden will look pretty much the same a couple of weeks later. Not only will the dogs not be interested in it, but neither will flies, or even any fungi (butter, on the contrary, does not last long).

I had cited margarine as one of those man-made foods that you should avoid since you do not really know what the long-term effects of ingesting it are — whereas humans have been eating butter for thousands of years. That is why I steer clear of margarine (similarly, I would recommend that people choose sugar over artificial sweeteners). But what does this have to do with my dog and the cupcake frosting? Well, it turns out that the sugary concoction atop my favourite cake might have more in common with margarine than I would like to believe: it, too, can last a fairly long time.

Since I rarely eat them, I figure that it is not a big deal. I am a firm believer in balance, so that if you are eating healthy 80 per cent of the time, you are doing a

good job. But what the cupcake incident did was to make me more aware of the potential pitfalls of the packaged foods we now consume.

Whether it is the crisps and biscuits that we know are not good for us or the tinned foods and packaged cereals that appear less insidious; how much real goodness can food contain if it can last such a long time?

## Eat them often and eat them quick

Let me put it another way. Did you know that green peas lose more than 50 per cent of their vitamin C content in the first 24 to 48 hours after harvesting? If that is the case, how much goodness can that tin of peas on your shelf have? Or those canned tomatoes? We expect goodness from tinned vegetables, but what about a packet of crisps that can last a couple of years? We all know how long normal potatoes last.

So, what is my point? Start eating more foods that “go off” quickly. Eat more of them and eat them fairly quickly after bringing them home and cooking them.

In yoga philosophy, it is believed that food loses its prana, or vital energy, three hours after cooking. That is not to say that all the vitamins and minerals are lost, rather that the vibrations of the food change after those three hours, so that it nourishes you in a different way.

Next time you sit down to eat, think about that. I can tell you, it will be a while until my next cupcake.

*The author is a clinical nutritionist. Find her at [www.nutritionbysona.com](http://www.nutritionbysona.com)*



## FITNESS

# Exercise from the comfort of your office chair



You can no longer say you don't have the time or space

**Felista Wangari** writes

Sitting for prolonged periods of time is associated with many health risks, including diabetes, heart disease, obesity, and some cancers. Not moving enough is also the reason for your stiff, achy back, headaches, and lethargy that saps the energy and enthusiasm you need to complete your tasks.

Even women who get their recommended dose of exercise every day undo the benefits if they spend a lot of time seated. This is according to a study by Northwestern University in the US, whose results showed that women who get at least 30 minutes of exercise every day still end up sitting too much, which is bad for their health. The study published in the *International Journal of Behaviour Nutrition and Physical Activity* showed that women spend an average of nine hours seated.

Exercise is associated with numerous benefits, but you may wonder how to get your daily dose when you are stuck in the

office most of the day or are too lazy to make your way to the gym.

However, there are still things you can do from the comfort of your office chair to get fit and banish the aches associated with sitting too long.

**Shoulder rolls** — Roll your shoulders up, forward, back, and down as you read an email. The shoulder rolls are good for your back and tone your arms, making them look better in short-sleeved and sleeveless outfits.

**Butt clenches** — As soon as you settle at your desk squeeze your butt as tight as you can and hold for a few seconds before you relax. Repeat this 15 times as a set of three and do this one other time of the day to tone your butt.

**Tone your tummy** — As you type an email or work on some paperwork, you can

tone your tummy by sitting up straight and pulling in your stomach as tightly and for as long as you can handle, then relax and repeat a few more times.

**Exercise your feet** — Tap your feet rapidly on the floor for 30 seconds and repeat the taps five times to exercise your legs.

**Stretch** — Stretch your neck by touching your shoulder with your ear on either side of your body as well as your shoulder blades by stretching them back as far as you can. Also stretch your arms and legs to reduce back strain.

Strive to perform the various exercises every half-hour followed by a break from your computer screen and a short walk away from your chair. By the time you leave work, you will have received your daily exercise fix.



**RELATIONSHIPS**

# The rise of modern shotgun mothers

**What do you do when you want a baby, but not the man? Joan Thatiah spoke to women who prey on men for sperm**

**B**ecoming a parent is a huge step, a decision that is never taken lightly. Unfortunately, through calculated personal deception, this freedom of choice is being taken away from men. Men, it seems, have little say regarding conception. At the mention of a sperm thief, what springs into mind is a woman who is financially stable, approaching menopause, and with a deep yearning for a child but with no man in sight or a woman desperately trying to hold together a dying relationship by any means.

Stella Macharia (one name has been changed to protect identity), who confessed to making a baby without a man's consent, paints a totally different picture.

At 29 years of age, she does not strike you as a woman who feels as if she is running out of time. The urban business woman speaks about having been in a series of bad relationships. At the end of each relationship, she says, her hope in a happy-ever-after with a man dwindled some more. Even then, she always dreamed of young motherhood.

"I gave up on marriage by the time I was 26 but I wanted to be a mother. I set out to have a child," she says.

Hell bent on achieving her goal, Stella got involved with her baby's father intent on conceiving. She was drawn to him by his good looks, but she took a few months to get to know him.

He stimulated her intellectually and had a good personality. When her goal was accomplished, she broke off the relationship without telling him about the pregnancy.

"He doesn't know. If I had told him, chances are that he would have wanted to get involved in our lives. I didn't want such complications," she explains.

Stella is aware that not many people would approve of her antics and that she took a risk, but she argues that one can never really know a person even if you spent a lifetime with them. She is convinced that her decision was worth it. What will she tell her child when she asks about her father? I want to know. "I will cross that bridge when

I get there," she shrugs.

**Paying up**

Just because a woman initially says that she will not require a man's involvement does not mean that she will not change her mind once parenting becomes a reality.

Should this woman, who consciously and deliberately deceived a man into fatherhood, then decide that she requires his financial involvement, then the law dictates that he must pay up.

According to Nairobi Lawyer Osoro Omwoyo, the Kenyan law does not restrict a child to his or her parent's understanding. Child support is not affected by the circumstances surrounding conception. Whether it was deception or even the extreme self-insemination, the inadvertent father will still be held liable for child support.

Even in the face of moral flaws by either parent, the child is the innocent party

and what the Children's Act upholds in regard to granting child support is the child's best interests and welfare. Consent to engage in sex is presumed to be consenting to any consequences that may result from that act, parental responsibility included.

**Marriage is not immune**

In marriage, news of pregnancy is exciting. But not if the conception was a deception. \* Pamela Makori (name changed to protect privacy), a mother-of-three, knows this too well. She says she conceived her last child without her husband's consent.

"We were having problems in our relationship and I imagined that the entry of a newborn would patch things up," she says. After their second child, Pamela's husband who shoulders the bigger chunk of the bills, proposed that they do not have any more children. Seeing that they were struggling and they might not be able to adequately care for another child financially, she agreed.

When it was evident that things were heading south between them two years later, she imagined that caring for a new baby together would bring them closer. She secretly went off the pill.

"There was that fear of losing him at the back of my mind. I figured that he would love this child just like he loved the other

two." While her husband does love their lastborn and even claims to have forgiven her, he openly expresses his distrust of her, not to mention that this incident has worked against their relationship.

"I denied it initially, kept reminding him that no birth control method is 100 per cent efficient. He kept prodding and I finally came clean. He was furious. He doesn't trust me. In his eyes, my conception was a selfish act."

**Denied fatherhood**

Twenty-five-year-old Elias Njanja admits that when his on-and-off girlfriend of six months conceived three years ago, becoming a father was the last thing on his mind.

She only informed him about the pregnancy when she was breaking up with him and maintained that she did not want anything from him. His daughter is now two years old and his attempts to be in her life have failed. This, he says, has perhaps been aided by the fact that his ex is older and better placed financially than he is.

He feels deceived and unsettled that he was tricked into fatherhood, then denied his right to be a father.

"It's unnerving knowing that there is a woman out there with my child, a child who will never call me father. She shouldn't have assumed that I didn't want to participate. She should have given me that choice."



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## EATING &amp; OUTING

## EATING IN



## Mushroom risotto

## Ingredients:

160 g roasted risotto  
1 glass white wine (150ml)  
Thyme to taste  
40 ml lemon juice  
1 punnet oyster mushrooms  
80 g parmesan cheese  
Salt & pepper to taste  
70 g Butter  
50 g Mascarpone cheese  
1 ramekin chopped Parsley  
Stock (as below recipe)  
1 whole chopped leek  
1 whole chopped white onion  
1 head garlic

## Procedure (mushroom risotto):

Sauté onions, leeks, garlic, and mushrooms until golden brown, add risotto

Stir the mushroom with the risotto, add wine and let the wine evaporate

Add hot stock, cook risotto until al dente about 15 to 18 minute cooking time. Fold in mascarpone cheese, continue stirring until almost ready to serve

Finish with chopped parsley, butter and parmesan cheese

Check seasoning and the creamy risotto is ready to serve

## For the stock:

In a boiling pot of water add one chopped onion, two carrots, one bay leaf, chopped leek, and 100g celery

## Gastro delights in Germany

**H**aving missed the Oktoberfest here in Nairobi and in the heart of its origin, Germany, I was determined to experience German cuisine and beers in the five days I was in Munich.

The predominant feature of German cuisine is meat; everything else comes second. Pork, in particular, is popular, whether in roasts or stews, or part of the huge food industry of Germany; sausages. Germany is the world's leading producer of wurst (cold cuts and sausages), with over 1,500 different varieties of wurst.

My favourite turned out to be bockwurst, which is a combination of pork and beef. Usually smoked and marinated, it is served boiled. Some varieties, such as bratwurst and weisswurst, are excellent grilled. Others are better boiled. Sausages are also used as an ingredient in other German foods, such as soups, stews, and casseroles.

**Sausages and other meat dishes are often eaten on their own, or accompanied with such German favourites as:**

## Sauerkraut

No trip to Germany is complete without trying sauerkraut. It literally means sour cabbage. Finely chopped cabbage is fermented in acid and served as an accompaniment.



## Potato dishes

Potato salad is popular here. Although called a salad, it is generally considered a side dish, as it usually accompanies the main course. More delicious are potato dumplings; mashed potato balls coated in breadcrumbs.

## Bread rolls (Brötchen)

Bread plays a big part in German dining. There are many different types of rolls, but Munich being in Bavaria, pretzels, or brezels as they are known, feature everywhere.

## Spreads

Mustard, horseradish, and other pickles add flavour to German cuisine. Made from high quality mustard grains, German mustard comes in varying degrees of sweet and hot flavours, it is unique and flavourful. Horseradish lends a pungent

but tantalising flavour to any dish.

Meals are best washed down with beer. German beers are legendary, but when in Bavaria, the weissbier comes out tops for me. Weissbier is a wheat beer, meaning that it is brewed with a large quantity of wheat in addition to malted barley. I managed to try many varieties in my short stay there, and I have to say German beers are on of the smoothest in the world.

A Bavarian food experience comes alive and together in one spot: a beer cellar. In the past, cellars were used to store beer over the summer. These days they are used to entertain people who come in to escape the heat of summer, or the cold of winter, and drink beer and eat an original Bavarian meal.

— GASTRO D'NOM

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## MEET THE CHEF

Luca Alvarez Molteni  
Executive chef, Tribe Hotel Gigiri

## How long have you been cooking?

My degree is in finance but I was born into this profession. Members of my family have been chefs for over 350 years, with my parents opening the first three-star Michelin hotel in Italy in the late '70s. You can say it is in my blood.

## How would you describe your style?

I started in this industry when I was 16. I worked in Düsseldorf, France, Bahrain, Dubai, Hong Kong, and the Grenadine Islands where I was responsible for opening and running different hotels. My style is an art that incorporates all that I have learned from my travels and my Italian heritage.

## In your opinion, what sets your cuisine apart here in Kenya?

We make everything from scratch; pasta,



preservatives.

## What ingredients are never missing from your pantry?

Fresh vegetables, wine, semolina flour, garlic, and onions.

## Will you give us the secret to making a great Italian tomato sauce?

In my kitchen at the Tribe, we have 16 kinds of tomatoes. You must use the right variety of tomato depending on the sauce — pizza sauce, pasta sauce, lasagna sauce...

## What's your favourite dish to prepare for dinner guests at home?

My friends drive me crazy with all their food requests when they come to visit. We used to end up with 10 guests and 20 dishes. My wife and I learned to invite them early and put them to work. It is a lot more fun when they help cook, plus they appreciate the effort that goes into it.

— TRICIA WANJALA



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Happy Diwali  
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The soul of good food



## HOMES&GARDENS



A four-poster bed with female figures on the posts

**Tricia Wanjala** gives us a glimpse of the Coast through the fabulous crafts of Tiwi Beach

**T**here is an area in the south of Mombasa, en route to Tanzania, where traditional carvers are known for their intricately detailed work. Here at Tiwi beach, the Funzi Furniture workshop opened some years ago, arising from a need for affordable, locally made furniture.

Under the guidance of Mike Calnan and his partner, Sabine, each piece is carefully created using basic tools and no electricity, fashioned painstakingly by attentive craftsmen with skills passed down for generations.

Mike and Sabine are a couple who have long sought to promote the creative talent of the resident carvers, designing bespoke furniture from indigenous wood.

### Sustainable materials

Mvule, driftwood, bamba koffi, neem, and sustainable mahogany are some of the materials they use. These designs can take more than a year to execute, thanks to the centuries-old traditional methods used.

Some of the pieces have graced royal palaces in the Middle East as well as homes around the world, although their factory no longer produces individual pieces for sale due to widespread counterfeiting.

Today, the couple focuses its efforts on furnishing homes they build at the Coast.

Thanks to their efforts in putting it on the world map, the Funzi tradition of carving has become widespread.

As a result, roadside stalls in the Tiwi Beach area teem with carpenters who make Swahili furniture using a style that borrows from the original Funzi Furniture workshop pieces.



PHOTO: I COURTESY

Intricate detailing on a king-size bed

# Go local with Funzi-style furniture



Elephant table





## MONEY &amp; CAREER

# Don't let your house girl cost you your job

Invest in your career by training your house help to support your work. By **Francis Kahihu**

**C**an high performing career women do without house helps? I think not. The need for help at home has become almost indispensable because it is difficult for many women to manage without it.

Can you imagine a scenario where you leave work in the evening, brave heavy traffic to get to your MBA class, get home after nine o'clock to find a hungry, dirty child and frustrated husband waiting for you? Shudder!

## Your help has power over you

We have become so dependent on house helps that we cannot imagine life without them. And there lies the challenge. It is not unusual to hear that a domestic worker who you thought was happy in your home has suddenly upped and gone.

And they have the knack of doing this on the morning that you have an

important meeting or presentation. What to do in such a situation?

Often, the answer is unpalatable for your employer: You miss work and apologise for your absence.

This is one of the major challenges career women have to face. Despite the resolve to grow at work, domestic problems keep popping up to dim their prospects.

## Manage your helper skilfully

It is not always the house girl's fault. In many instances, house helps complain that they leave their jobs because of ill treatment.

Some employers suffer because they fail to provide sound induction and training to their house helps on how to manage their homes, yet expect magical performance. Effective management of house girls is a skill that many career women need to develop.

It is important for the women who employ house helps to appreciate the cultural backgrounds from which they come. Background has a way of influencing how

individuals

respond to authority and relate to men and children. Talk to your friends who have shared cultural backgrounds with your house helps to better anticipate their behaviour.

As a career woman, it is also important that you appreciate that your domestic worker may not be of the same intellectual capacity as you.

Understand her level of reasoning and look for ways of improving her, either through short courses outside the home (depending on work schedules and situations in the home), or even just mentoring her in certain areas.

## Treat her like a human being

To ensure that your house help remains loyal to you, be loyal and respectful to her. Treat her as a person with feelings. Provide opportunities for her to go out once a week to interact with other people. By so doing, you provide her with time to rest and vent and save yourself from blowups.

The fact that you have to run your home with the support of a house help should make you, as a career woman, realise just how vulnerable you are.

As you grow your career, develop your house girl's capacity and forge a trusting relationship. The alternative is to wait for her to sack you remotely.

*Kahihu is an organisational development practitioner. Find him at [www.kahihu.blogspot.com](http://www.kahihu.blogspot.com)*

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## MONEY

# A four-step plan to help you get rid of your debt

Small changes can make a big difference to your bottom line, you just need to know where to make them, **Waceke Nduati Omanga** explains

**A**re you struggling with debt? Do you feel as if your head is under water and there is no air to breathe? Do you find yourself in a never-ending debt cycle because of your habit of using one loan to pay the next? Debt can be good, but used in the wrong way, it is detrimental.

Many of us have found ourselves with several debts on our hands (usually for things we cannot account for or remember). For some, it is at the point where most of our income is being used to service debt. This is

a very lonely place to be because we are still trying to save face and maintain our lifestyle; we do not want to "look" like we are facing a difficult time.

I would go so far as to describe this kind of debt as an addiction, similar to the one a cocaine addict would have. The initial availability of that lump sum of money gives us a momentary high. In this high, we buy what we like and convince ourselves that something miraculous will happen to enable us to pay the money back.

## An addiction to spending

Then the low hits — the realisation that there is no miracle that has come your way. Excitement over what you bought has worn off and you are left with the ugly consequences of paying back the loan. To forget our troubles, we take another loan, and another, and soon we are in a deep hole.

This kind of lifestyle is not sustainable, no matter how good you feel when you are

spending. Unfortunately, there is no magical solution that will allow you to keep spending, and no, your problem will not go away on its own. The answer is also not another loan.

## Take action right now

List your debts. How much do you have outstanding and what are your monthly repayments? Most people are not aware how much they owe and that is another reason they feel so out of control.

Next, talk to your creditors. If you are having a problem making payments for any of your loans, call your bank/creditors and discuss the situation with them. They may be able to restructure your loan and give you some leeway to make payments. This is not a guarantee, but at least you will know that you did something instead of just ignoring their phone calls.

Third, cut costs. Stop trying to save face and just do it. You may have to make radical changes, like moving to a smaller/cheaper house and it could be uncomfortable, but you need to ignore what others think because they are not paying the debt for you. Use funds from this downsizing to make extra repayments to your loans.

Next, find ways of making extra income. It may not look flashy but an extra Sh3,000 a month can go a long way towards accelerating debt repayment. You may also consider selling some of your acquisitions to get in more money. Your situation, as bad as it may look or feel today, is better than it will be tomorrow if you do not take responsibility get rid of your debt.

*The author teaches personal financial management. Find her at [www.centonomy.com](http://www.centonomy.com) or on twitter @centonomy.*

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## TRAVEL &amp; LEISURE

## A sail to Pate in the Lamu archipelago opens a chapter in its past.

By **Rupi Mangat**

A sign perched on a rocky shaft between the island of Manda and mainland Africa points the directions to Pate, Lamu, and other isles of the Lamu archipelago. "This is where the elephants cross from the mainland to Manda island," points Lamu warden Martin Nyongesa.

Mainland Africa is a rich forested grove where lions, buffaloes, and other big game roam. The channel that we sail is dredged to allow dhows to the islands even during low tide instead of taking the longer route via the deep sea.

Lalli, the Kenya Wildlife Service deep sea diver and coxswain, steers the boat through the narrow mangrove-fringed channel and suddenly a sliver of movement in the vast blue ocean catches the eye.

We are in the midst of a pod of dolphins diving in and out of the water effortlessly.

**Feuding cousins**

The triangular dhow sails billow in the wind and the fishermen catch their quarry of stingrays, crabs, and lobsters. Dhow-men paint their favourite celebrities on the hull — Jennifer Lopez sails alongside Mausam with dhowi-eyes nailed on the brow to protect them from the evils at sea.

It is an hour's trip by speedboat from Shela on Lamu island to Pate on Pate island. The tide is low and the islanders help pull the boat to shore through a rich bed of sea



Banana House in Shela village on Lamu island

## A place in Pate

grasses. African fish eagles, yellow-billed storks, and other water birds feed on the rich shoreline as Bajuni boys race toy dhows fashioned from plastic debris with banana stalks for rudders.

Pate island is much bigger than its more famous cousin, Lamu. For most of the past, the two islands were at loggerheads, trying to conquer each other.

A dhow is being built in the village. A Bajuni woman operates an M-Pesa stall but little has changed over the centuries in this town that once boasted wealth beyond belief. For more than a millennium, Arab, Indian, Chinese, and much later Portuguese fleets sailed in regularly for mangrove, turtle shells, ivory, rhino horn, and slaves.

Aboud Mohamed Aboud, a Bajuni fisherman, leads us through centuries-old coral houses with new upper stories built in brick. A blackboard with chalk-scribbled handwriting announces a Bollywood movie at the local hall. It is quiet, the houses

bordered by their rich farms of bananas and other tropical fruits.

**Crumbling remains**

Near the mosque, Aboud points to centuries-old crumbling graves that remind me of the unkempt Omani sultans' graves by the House of Wonders in Zanzibar. Sacred verses from the Koran show faintly on them.

Abubakar Mohamed Abdallah shows us the upper village, which he says is the Portuguese section. "You will see many people are fair here," he states. It is true — many could pass for Indians, Chinese, or Portuguese. This has given rise to a spate of excavations and research for evidence of Chinese ancestry on the island.

Finally, we are at the crumbling ruins of the sultanate. Once a great place, it is now overgrown with creepers and surrounded by fields of bananas and tobacco. At the grand mansion, the remains of the elaborate *zidaka* (decorative wall niches), etched doorways

**PEARLS OF PATE**

Contact Lamu Homes & Safaris on 0722 370 669. Email: [info@lamuhomes.com](mailto:info@lamuhomes.com); Quickest way to Lamu: fly Safarilink; [res@flaysafarilink.com](mailto:res@flaysafarilink.com)

and columns stand along crumbling walls. In the dense undergrowth of a mosque is the ornate *mihrab* facing Mecca.

We visit Shanga, a simple village of mud huts and a population of 500. "The word is from Shanghai — like the Chinese one," quips *madrassa* teacher Abdalla Ali. Here, the men fish and farm and the women weave mats and do household chores. Many fled here from the Somali border after the war that ended the reign of Mohammed Siad Barre in 1991.

As the sun sinks, we land on the sands that the Nabhwani of Pate trod to invade Lamu from Shela. A short stroll and we are in the cool *baraza* of the beautiful Banana House. It is tranquil. We wander around the green garden and the room where Monika Fauth teaches yoga. On the wall is the OM instead of the dhowi. Relaxing under the stars on the swinging Lamu beds, we are charmed by the beautiful house with its swimming pool that filters in sea water.



A 'mihrab' facing Mecca in old mosque of Pate island

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**MUST DO LIST**

## EVENTS &amp; ENTERTAINMENT HIGHLIGHTS

**10 November****Naivasha Fashion Weekend**

Enashipai Resort and Spa and the East Africa Women's League present this event geared towards raising funds for Naivasha Children's Shelter, Saidia Children's Home, Helping Hands, and Daisy's Eye Cancer Fund. Some of Kenya's best designers are lined up to showcase at the event that coincides with the opening of the Siyara Spa at Enashipai. Live

music by Chris Bittok and June Gachui, art exhibition, jazz bands, bargain sales, and VIP dinner are all included. Cost: Day tickets Sh1,500, dinner Sh3,500. If you stay at Enashipai for the night, dinner and tickets inclusive. Contact: **0726 892 188, 0734 358 038**, Website: <http://www.urbanlive.co.ke/>

**10-11 November****Concert: Nairobi Orchestra**

Time: 7pm (on 10th) and 3pm (on 11th)  
Venue: **Braeburn Theatre, Gitanga Rd**  
Cost: **Tickets Sh700** at the door, students/senior citizens (with ID) **Sh500**

**14 November****Safari Fashion Week 2012**

Let out your creative side at this event that will

bring together some of the best designers and fashion houses in the industry. Dress code: Unzip Your Raw Energy  
Venue: **Carnivore Grounds**  
Time: **7.30pm**  
Cost: **Sh3,000**  
Contacts: **0734 265 392, 0720 494 210**; Email: [info@afadk.co.ke](mailto:info@afadk.co.ke), Website: <http://www.afadk.co.ke/>

Compiled by **WANGUI THUO**



## LOVE IS ONLY A PHONE CALL AWAY

## WOMEN SEEKING MEN:

I am Jacky Lewis, a 36-year-old single and stable white woman working with people facing challenges in life in remote areas in East Africa. Looking for a mature, caring man who is ready for marriage. Must be medically fit. If interested call **0726 455 073**

Debra Lynch, 35, working with an NGO currently based at Namanga border. Looking for an African king who is loving and ready for a serious relationship leading to marriage. If interested call/SMS **0701 107 311**

Sarah, 40, is an HIV-positive, saved professional from Central and the mother of one boy. Seeking a professional marriage-focused gentleman aged 37-55. If you are an HIV-negative gentleman, meet Lina, 32, a saved Presbyterian, MBA, and manager in revenue sector. Link up safely through Patrick, a graduate Protestant pastor in Kiambu. Family Life Ministry is a serious singles socialisation forum. Call **0725 290 624**

Damaris, a 35-year-old financially stable businesswoman, is in need of a serious relationship that may lead to marriage. Call **0705 845 849**. No jokers.

Love is not being with someone who has the right qualifications; love is being with someone who is imperfect but you love them anyway. I am Sonic looking for a man ready to share love. Call 0738 128 862 or 0753 544 312

Britnery, 32, is single and works and lives in the north-eastern region of Kenya. Looking for a serious, loving, honest and God-fearing African man for a long-term relationship that may lead to marriage. Call /SMS **0725 327 463**

I am a chocolate-skinned, tall, 36-year-old woman with a decent figure, from central Kenya. Living and working in the medical field in Nairobi. Interested in a trustworthy, mature, calm, tall, God-fearing man, aged between 36 and 50 years. He should desire to make a beautiful home. Expect to be screened thoroughly. SMS **0701 632 159** or call between 7 and 9pm. Divorcees should keep off.

## MEN SEEKING WOMEN:

Looking for a beautiful, slim/medium-sized, lonely homemaker who is ready to be discovered, appreciated, and loved to settle down with. She should be aged between 20 and 30 years and from anywhere in the world. I am a 43-year-old, single, tall, dark, handsome and romantic man living in Nairobi. Please email your profile to [kipenzi4life@yahoo.com](mailto:kipenzi4life@yahoo.com) or SMS/call **0736 785 051**

Ken, 39, would like to meet a God-fearing woman for a relationship that will lead to marriage. SMS only **0737 476 520**

Cribbs, 25, is understanding, caring, loving, focused, down-to-earth, outgoing, entertaining, and romantic but is single and lonely. He seeks a single, caring, loving, outgoing, and romantic woman who has a college education, aged above 23 years, and has nurturing qualities. She should be ready for a relationship leading to marriage. Any tribe, race, or religion is welcome. Call **0717 263 962**. No jokers please.

Sam, 35, is a successful, and financially stable accountant and businessman with his own company in Nairobi. HIV-positive and looking for a woman of the same status aged between 28 and 40 years, without a

child and willing to get married. She could be a Kenyan or a foreigner, employed or in business, but must be financially stable. No jokers please. Contact me **0739 993 940**

Hussein, 36, wants to meet a devout Muslim professional woman aged between 21 and 33 years and with no child. He is a pilot at a regional airline. Connect safely through Patrick, a graduate Protestant pastor of Family Life Singles Ministry Kiambu. Email [familylifehussein36@yahoo.com](mailto:familylifehussein36@yahoo.com).

Waithaka, 70-year-old widower living in a gated upper class suburb of Nairobi, seeks Christian companion. Call **0725 290 624**

A 51-year-old widowed father of two children (aged 25 and 19 years), and in a professional career is looking for a serious relationship leading to marriage. Call/SMS **0787 847 390** or **0722 470 462**

Steven, 48-year-old financially stable, God-fearing, widower with one child is looking for a lovely, God-fearing woman, with or without children, but ready for love and a relationship leading to marriage. Age is not a barrier. Call/SMS **0720 550 107** or **0738 157 558**

## AGENCIES:

AUNTY TABBY, known for professionalism and moral values is seeking a single Christian man, aged between 41 and 50 years, not divorced, with/without children, employed or in business for Wangui, a 41-year-old Christian graduate without children and working at managerial level. Visit Commerce House 2nd Floor, Room 201 or call 0721 991 322, 0737 991 322, 0722 881 141 or 020 222 0532 Email: [wanguikamau2296@yahoo.com](mailto:wanguikamau2296@yahoo.com)

[www.drlovemagazine.com](http://www.drlovemagazine.com)

Majesty is an international dating club to connect you to your dream partner. If you are single, lonely, widowed, divorced, or bored with your current relationship, leave the search to the experts. We vet our members. For details on our mingling picnic at Mt Longonot, visit NCM House 4th Floor Room 3 Tom Mboya Street, Nairobi. Call/SMS **0720 473 396** or **0734 580 502** Email [majestysdatex@yahoo.com](mailto:majestysdatex@yahoo.com)

Meet hundreds of beautiful, handsome, and youthful singles who are seriously looking for friendship, marriage, love, and company. Pick from a variety of ages starting from 20 years, faiths, tribes, races, and professions within Kenya and the rest of the world. For quick contacts call/SMS **0720 800 344** BRAQUE PRECIOUS COMMUNICATION [bracom2002us@yahoo.com](mailto:bracom2002us@yahoo.com)

STAR CLUB is a Christian club connecting people to real partners. Get your partner today. SMS your profile to **0704 416 559** ARE you tired of being single? Are all your friends paired or married with children? If your search for love has been fruitless, take charge! KALLENDA SERVICES offers you professionals, business, and high-society mates ready to meet with you. Visit our offices on Tom Mboya Street, Nairobi, or call 0708 104 040

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